Xmas
Wntr
gift

MarShay Steele

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	**Inhalers Allergy / Asthma**	**Hyperlipidemia Statins**	**Diabetes Endocrine & Metabolic**
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	**Gastrointestinal Disorder Constipation**	**Blood Pressure Meds**	**Pain & Inflammation**
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 Xmas DMA Code #2 WNTR DMA Code #3 gift

DRUG NAME	Clozaril
GENERIC NAME	Clozapine
DOSAGE RANGE	Tab: 25-100 mg
HOW TO TAKE	Oral (by mouth)
USES	Treat schizophrenia, reduce risk of suicidal behavior
SIDE EFFECTS	Drowsiness, weight gain, headache, constipation
WARNINGS	Can increase risk of seizures, may occur/lead to infection or death

DRUG NAME	Lithium
GENERIC NAME	lithium
DOSAGE RANGE	Cap: 150-600 mg Tab: 300mg Sol: 8mEq per 5mL
HOW TO TAKE	Oral (by mouth)
USES	To treat bipolar disorder
SIDE EFFECTS	Vomiting, blurred vision, rash, fatigue
WARNINGS	Lithium toxicity can occur at doses close to therapeutic levels

DRUG NAME	Seroquel
GENERIC NAME	quetiapine
DOSAGE RANGE	TAB: 25-400 mg
HOW TO TAKE	Oral (by mouth)
USES	Schizophrenia, bipolar disorder
SIDE EFFECTS	Constipation, dizziness, weight gain, blurred vision
WARNINGS	not approved for dementia psychosis

DRUG NAME	Atrovent
GENERIC NAME	ipratropium bromide nasal
DOSAGE RANGE	Spray: (0.03%) 21 mcg per actuation
HOW TO TAKE	Spray in nostrils
USES	Allergy, Asthma
SIDE EFFECTS	headaches, nasal dryness, dry mouth/throat, nausea
WARNINGS	

DRUG NAME	Crestor
GENERIC NAME	rosuvastatin
DOSAGE RANGE	Tab: 5-40 mg
HOW TO TAKE	Oral (by mouth)
USES	to lower cholesterol
SIDE EFFECTS	abdominal pain, diabetes mellitus, insomnia
WARNINGS	caution if renal impairment

DRUG NAME	Synthroid
GENERIC NAME	levothyroxine
DOSAGE RANGE	Tab: 25 - 300 mcg
HOW TO TAKE	Oral (by mouth)
USES	Thyroid Disorders
SIDE EFFECTS	Appetite increase, nervousness, weight loss
WARNINGS	not for obesity, larger doses may cause serious life threatening toxicity

DRUG NAME	Topamax
GENERIC NAME	topiramate
DOSAGE RANGE	Cap: 15 - 200 mg
HOW TO TAKE	Oral (by mouth)
USES	treat seizures, headache/migraine
SIDE EFFECTS	Taste changes, visual disturbance, depression
WARNINGS	Caution if bleeding risk

DRUG NAME	Colace
GENERIC NAME	docusate sodium
DOSAGE RANGE	Dose: 50-150 mg/day PO (2-11 yo) 50-300 mg/day PO (12 yo+)
HOW TO TAKE	Oral (by mouth)
USES	emollient laxative for softening stool
SIDE EFFECTS	Diarrhea, abdominal cramps, rash, electrolyte disorders
WARNINGS	caution if nausea/vomiting

DRUG NAME	Tenormin
GENERIC NAME	atenolol
DOSAGE RANGE	Tab: 25 - 100 mg
HOW TO TAKE	Oral (by mouth)
USES	treat high blood pressure
SIDE EFFECTS	Hypotension, fatigue, cold extremities, leg pain
WARNINGS	caution if major surgery

DRUG NAME	~~Flexeril~~ Norco
GENERIC NAME	~~cyclobenzaprine~~ ~~opioid combos~~ hydrocodone
DOSAGE RANGE	Tab: 5 - 325 mg
HOW TO TAKE	Oral (by mouth)
USES	to relieve pain
SIDE EFFECTS	Lightheadedness, sedation, vomiting, constipation
WARNINGS	ensure accuracy dispensing/administering