

Amara Williams

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48] See slide 65 in DMA Packette

| Mental Illness Anxiety Disorders | Inhalers Allergy / Asthma | Hyperlipidemia Statins | Diabetes Endocrine & Metabolic |
|--|--|--|---|
| Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa | Advair Discus Atrovent Flonase Flovent Loratadine Proventil | Crestor Lipitor Zocor | Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid |
| | | | |
| Seizures | Gastrointestinal Disorder Constipation | Blood Pressure Meds | Pain & Inflammation |
| Dilantin Keppra Neurontin Topamax | Colace Miralax Prilosec Protonix Zantac | HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin | Flexeril Motrin Norco Tylenol with Codeine Ultram |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 9574

DMA Code #2 5238

DMA Code #3 1763

| | |
|--------------|--|
| DRUG NAME | Abilify |
| GENERIC NAME | Abilify Aripiprazole |
| DOSAGE RANGE | 2-13 mg |
| HOW TO TAKE | by mouth |
| USES | Can treat bipolar disorder, depression, irritability from autism |
| SIDE EFFECTS | headache, nervousness, restlessness, nervousness |
| WARNINGS | heartburn, diarrhea, dizziness, stomach pain |

| | |
|--------------|---|
| DRUG NAME | Dilantin |
| GENERIC NAME | Phenyton |
| DOSAGE RANGE | 10-100mg |
| HOW TO TAKE | by mouth |
| USES | Anticonvulsant |
| SIDE EFFECTS | headache, nausea, vomiting |
| WARNINGS | nervousness, trouble sleeping, spinning |

| | |
|--------------|--|
| DRUG NAME | Pionase |
| GENERIC NAME | Pionase Fluticasone |
| DOSAGE RANGE | 2 sprays once daily |
| HOW TO TAKE | Nasal Spray |
| USES | Steroid |
| SIDE EFFECTS | headache, back pain, sneezing, sore throat |
| WARNINGS | vomiting, menstrual problems, vomiting |

| | |
|--------------|--|
| DRUG NAME | Zocor |
| GENERIC NAME | Simvastatin |
| DOSAGE RANGE | 5 to 40 mg per day |
| HOW TO TAKE | treat high cholesterol and triglyceride levels ↕ |
| USES | by mouth |
| SIDE EFFECTS | heartburn, gas, bloating, stomach pain |
| WARNINGS | indigestion, nausea, constipation |

| | |
|--------------|---|
| DRUG NAME | Levemir |
| GENERIC NAME | Insulin detemir |
| DOSAGE RANGE | 2-10 units |
| HOW TO TAKE | injection |
| USES | treat diabetes |
| SIDE EFFECTS | weight gain, swelling of hands/feet, flu symptoms |
| WARNINGS | headache, back pain, injection site pain |

| | |
|--------------|--|
| DRUG NAME | Delantia Lithium |
| GENERIC NAME | Albeaxton Lithium compounds |
| DOSAGE RANGE | 30kg - 600mg per day |
| HOW TO TAKE | by mouth |
| USES | mood stabilizer |
| SIDE EFFECTS | headache, nausea, diarrhea, dizziness. |
| WARNINGS | dry mouth, increased thirst. |

| | |
|--------------|--------------------------------------|
| DRUG NAME | Zantac |
| GENERIC NAME | ranitidine |
| DOSAGE RANGE | 5-150 mg per day |
| HOW TO TAKE | by mouth |
| USES | Treat and Prevent heartburn |
| SIDE EFFECTS | stomach pain, constipation, headache |
| WARNINGS | dizziness, |

| | |
|--------------|---------------------------------------|
| DRUG NAME | Toprol |
| GENERIC NAME | metoprolol |
| DOSAGE RANGE | 25 to 100 mg daily |
| HOW TO TAKE | by mouth |
| USES | treat high blood pressure, chest pain |
| SIDE EFFECTS | dizziness, tiredness, slow heart beat |
| WARNINGS | depression, confusion, nightmares |

| | |
|--------------|--|
| DRUG NAME | Ativan |
| GENERIC NAME | lorazepam |
| DOSAGE RANGE | 1 to 10 mg |
| HOW TO TAKE | by mouth |
| USES | Sedative |
| SIDE EFFECTS | drowsiness, dizziness, tiredness, weakness |
| WARNINGS | dry mouth, diarrhea, changes in appetite |

| | |
|--------------|---|
| DRUG NAME | Ibuprofen Motrin |
| GENERIC NAME | Ibuprofen |
| DOSAGE RANGE | 10 to 1200 mg daily |
| HOW TO TAKE | by mouth |
| USES | can treat fever and mild to severe pain |
| SIDE EFFECTS | upset stomach, nausea, vomiting, headache |
| WARNINGS | constipation, dizziness, drowsiness, |