

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	1-10 mg / day
HOW TO TAKE	tablet
USES	65+ over respond differently than younger
SIDE EFFECTS	dizziness, drowsiness, slurred speech
WARNINGS	Abuse, Misuse, Addiction

DRUG NAME	Flonase
GENERIC NAME	Fluticasone propionate nasal spray
DOSAGE RANGE	2 sprays in each nostril
HOW TO TAKE	nostril / spray
USES	Sneezing, itchy or runny nose
SIDE EFFECTS	dryness, irritation, nausea, or vomiting
WARNINGS	extreme tiredness, weight loss, headache.

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	5-40 mg
HOW TO TAKE	by mouth
USES	bad cholesterol & fats
SIDE EFFECTS	yellow eyes / skin, dark urine
WARNINGS	can't be pregnant

DRUG NAME	Crestor
GENERIC NAME	Rosuvastatin
DOSAGE RANGE	5-40 mg
HOW TO TAKE	one time each day
USES	high cholesterol & triglyceride
SIDE EFFECTS	Headache, muscle aches & pains.
WARNINGS	Constipation, dizziness, depression

DRUG NAME	Lantus
GENERIC NAME	Insulin glargine
DOSAGE RANGE	48 units depends on body type
HOW TO TAKE	once a day at the same time everyday
USES	treat diabetes
SIDE EFFECTS	Rapid weight gain, shortness of breath
WARNINGS	blurred vision, fast heart rate, slurred speech

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	25 to 50mg
HOW TO TAKE	Swallow your tablets whole glass of water
USES	Prevent seizures, migraine
SIDE EFFECTS	Drowsiness, eye redness or pain
WARNINGS	Skin rash, vision problems

DRUG NAME	Zantac
GENERIC NAME	Ranitidine
DOSAGE RANGE	150mg - 300mg
HOW TO TAKE	1 tablet by mouth with a glass of water <sup>15-60min</sup>
USES	relieve heartburn, acid indigestion
SIDE EFFECTS	constipation, fatigue, insomnia
WARNINGS	Stomach pain, dark urine, jaundice

DRUG NAME	Toprol
GENERIC NAME	Metoprolol
DOSAGE RANGE	50 - 100mg/day
HOW TO TAKE	once or twice a day with meals
USES	treat high blood pressure, chest pain
SIDE EFFECTS	blurred vision, discomfort
WARNINGS	heart failure

DRUG NAME	Norco
GENERIC NAME	Hydrocodone
DOSAGE RANGE	5mg - 325mg
HOW TO TAKE	tablet every 4 to 6 hours as needed
USES	treat pain
SIDE EFFECTS	feeling tired, dizziness
WARNINGS	nausea, vomiting

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	200 - 600 every 4 to 6 hours.
HOW TO TAKE	by mouth 4-6 hours with a full glass of water
USES	treat fever & mild to severe pain
SIDE EFFECTS	wind, indigestion, feeling sick
WARNINGS	Severe stomach pain, black, tarry stools