

Veronica W.

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 _____

DMA Code #2 _____

DMA Code #3 _____

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DRUG NAME	Flonase
GENERIC NAME	fluticasone propionate nasal spray
DOSAGE RANGE	200 mcg in Adults (2 sprays in each nose three daily)
HOW TO TAKE	Spray in nostril
USES	relieve symptoms of rhinitis (sneezing, itchy, runny nose)
SIDE EFFECTS	Headaches, back pain, sore throat, cough, nausea
WARNINGS	Weight loss

DRUG NAME	Flovent
GENERIC NAME	Fluticasone propionate
DOSAGE RANGE	8-220 mcg twice daily (based on medical condition)
HOW TO TAKE	Inhaled Corticoster (Inhaled it)
USES	Asthma
SIDE EFFECTS	fever, upper respiratory tract infection, headache,
WARNINGS	reduced adrenal function, fungal infections in mouth/throat

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin Calcium
DOSAGE RANGE	10 or 20 mg once daily
HOW TO TAKE	once a day w/ or w/out food (oral)
USES	help lower "bad" cholesterol and fats
SIDE EFFECTS	Constipation, diarrhea, nausea, fatigue, gas
WARNINGS	liver problems, muscle problems that can lead to kidney failure

DRUG NAME	Novolog
GENERIC NAME	insulin aspart
DOSAGE RANGE	100U/mL Adults
HOW TO TAKE	injection
USES	type 1 and 2 diabetes
SIDE EFFECTS	low potassium in your blood, injection site reactions
WARNINGS	Death, Low blood sugar

DRUG NAME	HCTZ (hydrochlorothiazide)
GENERIC NAME	Hydrochlorothiazide, Microzide, Hydro Diuril
DOSAGE RANGE	25 to 100 milligrams daily
HOW TO TAKE	oral
USES	high blood pressure, edema
SIDE EFFECTS	dizziness, headache, weakness
WARNINGS	dry mouth, thirst, seizures, confusion

thiazide diuretic (water pill)

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DRUG NAME	Lisinopril
GENERIC NAME	Prinivil
DOSAGE RANGE	5 milligrams once a day not more than 40mg per
HOW TO TAKE	oral
USES	high blood pressure / heart failure, diabetic kidney disease
SIDE EFFECTS	cough, dizziness, nausea, diarrhea, weakness
WARNINGS	liver damage

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine, (Amrix, Flexmid) (brand names)
DOSAGE RANGE	5mg 3 times a day, can increase to 7.5-10mg
HOW TO TAKE	oral
USES	muscle relaxant, treat muscle spasms
SIDE EFFECTS	headache, dry mouth or throat, fatigue, stomach pain
WARNINGS	don't use if you have a thyroid disorder, heart block, C.H.F.

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	
HOW TO TAKE	oral
USES	pain, fever/inflammation
SIDE EFFECTS	upset stomach, nausea, vomiting, headache, diarrhea
WARNINGS	increase fatal heart attack or stroke, intestinal bleed

DRUG NAME	Norco
GENERIC NAME	hydrocodone acetaminophen and bitartrate
DOSAGE RANGE	1 or 2 tablets every 4 to 6 hrs as needed
HOW TO TAKE	oral
USES	pain
SIDE EFFECTS	Nausea, vomiting, constipation, dizziness
WARNINGS	trouble breathing, threatening allergic reaction

DRUG NAME	Ultram
GENERIC NAME	Tramadol
DOSAGE RANGE	may be increase by 50 mg every 3 days to reach 200 mg/day
HOW TO TAKE	oral
USES	pain moderate to severe pain in adults
SIDE EFFECTS	Nausea, vomiting, constipation, headache
WARNINGS	Death, stop your breathing

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