

Carissa Brown

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
 See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify <u>Ativan</u> Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal <u>Seroquel</u> Tripleptal Zyprexa	Advair Discus Atrovent Flonase <u>Flovent</u> Loratadine Proventil	<u>Crestor</u> <u>Lipitor</u> Zocor	Apidra Byetta Glucophage Glyburide <u>Lantus</u> Levemir Levothyroxine Novolog <u>Synthroid</u>
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin <u>Keppra</u> <u>Neurontin</u> Topamax	Colace <u>Miralax</u> <u>Prilosec</u> Protonix Zantac	HCTZ (hydorchlorothiazide) <u>Lisinopril</u> <u>Toprol</u> Tenormin	Flexeril <u>Motrin</u> <u>Norco</u> Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1521

DMA Code #2 8991

DMA Code #3 6215

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	0.5mg, 1mg, 2mg, TAB / INJ: 2mg per ml, 4mg per ml
HOW TO TAKE	Start 2-3 mg/day PO/IM/IV divided bid-tid
USES	anxiety
SIDE EFFECTS	dizziness
WARNINGS	renal failure, sleep apnea

DRUG NAME	Flovent
GENERIC NAME	Fluticasone propionate inhaled
DOSAGE RANGE	DPI: 100mcg per blister, 250mcg per blister
HOW TO TAKE	1-2 puffs (100mcg or 250mcg per blister) inhaled bid
USES	asthma
SIDE EFFECTS	headache
WARNINGS	glaucoma (long-term use)

DRUG NAME	Synthroid
GENERIC NAME	levothyroxine
DOSAGE RANGE	TAB: 25mcg, 50mcg, 75mcg, 88mcg, 100mcg, 112mcg, 125mcg, 137mcg
HOW TO TAKE	Start: 1.6mcg/Kg/dose PO qd, then adjust dose by 12.5-25mcg/day q 4-6 wk
USES	hypothyroidism
SIDE EFFECTS	fever
WARNINGS	seizures

DRUG NAME	Neurontin
GENERIC NAME	gabapentin
DOSAGE RANGE	300-1200 mg
HOW TO TAKE	300 mg PO tid
USES	partial seizures
SIDE EFFECTS	fatigue
WARNINGS	depression

DRUG NAME	Toprol-XL
GENERIC NAME	metoprolol succinate
DOSAGE RANGE	100-400 mg
HOW TO TAKE	start: 100mg PO qd
USES	angina
SIDE EFFECTS	diarrhea, rash, dizziness
WARNINGS	CHF, heart block, hepatitis

DRUG NAME	Seroquel
GENERIC NAME	quetiapine
DOSAGE RANGE	150-150 mg
HOW TO TAKE	25mg PO bid, then incr. by 50-150 mg/day up to 300-400 mg/day
USES	Schizophrenia
SIDE EFFECTS	weight gain, dizziness, rash
WARNINGS	depression exacerbation

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	10-80 mg
HOW TO TAKE	PO qd
USES	Cardiovascular event prevention
SIDE EFFECTS	URI
WARNINGS	should not take while pregnant or breastfeeding

DRUG NAME	Prilosec
GENERIC NAME	Omeprazole
DOSAGE RANGE	10mg - 40 mg
HOW TO TAKE	20mg PO/NG qd x 4-8wks give before meals
USES	GERD
SIDE EFFECTS	abdominal pain
WARNINGS	renal impairment

DRUG NAME	Norco
GENERIC NAME	Hydrocodone/acetaminophen
DOSAGE RANGE	5mg/325mg, 7.5mg/325mg, 10mg/325mg
HOW TO TAKE	PO q4-6h prn
USES	pain, moderate. severe
SIDE EFFECTS	lightheadedness
WARNINGS	anaphylaxis

DRUG NAME	Lantus
GENERIC NAME	insulin glargine
DOSAGE RANGE	NU (SoloStar U-100 pen)
HOW TO TAKE	usual total daily insulin requirement 0.5-1 units/kg/day (basal + prandial)
USES	Diabetes mellitus type 1
SIDE EFFECTS	edema, peripheral
WARNINGS	hypoglycemia