

*Jessica Crisman*

**DMA TRAINING**  
**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
 See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1737

DMA Code #2 1978

DMA Code #3 9532

Jessica Crossman

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	0.5 to 4mg daily
HOW TO TAKE	by mouth
USES	for anxiety
SIDE EFFECTS	risk for abuse + addiction
WARNINGS	risk for abuse + addiction

DRUG NAME	Lithium Carbonate
GENERIC NAME	Lithium Carbonate
DOSAGE RANGE	300mg to 1500
HOW TO TAKE	orally
USES	treat episodes of mania, bipolar
SIDE EFFECTS	Shaking, Dry mouth, dizziness
WARNINGS	Lithium toxicity

DRUG NAME	Clozari
GENERIC NAME	Clozapine
DOSAGE RANGE	100 to 200
HOW TO TAKE	orally
USES	treats schizophrenia
SIDE EFFECTS	dry mouth, dizzy
WARNINGS	needs labs weekly, as needed

DRUG NAME	Omeprazole
GENERIC NAME	Prilosec
DOSAGE RANGE	10 - 20
HOW TO TAKE	orally
USES	to treat heart burn
SIDE EFFECTS	headache, diarrhea
WARNINGS	risk of bone fractures

DRUG NAME	Zyprexa
GENERIC NAME	Olanzapine
DOSAGE RANGE	5 to 40
HOW TO TAKE	orally
USES	to treat anxiety (bipolar)
SIDE EFFECTS	drowsiness, dizziness, dry mouth
WARNINGS	increased death & heart related issues

DRUG NAME	Lisinopril
GENERIC NAME	Lisinopril
DOSAGE RANGE	10 to 40
HOW TO TAKE	to treat high blood pressure (oral)
USES	to treat high blood pressure
SIDE EFFECTS	dizziness, headache
WARNINGS	kidney function

DRUG NAME	<del>ea</del> Tegretol
GENERIC NAME	Carbamazepine
DOSAGE RANGE	100 to 400
HOW TO TAKE	Orally
USES	to treat seizures / mood disorder
SIDE EFFECTS	nausea vomiting, dry mouth
WARNINGS	hard on kidneys

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	100 to 800
HOW TO TAKE	Orally
USES	to treat pain, inflammation
SIDE EFFECTS	dizziness
WARNINGS	hard on liver

DRUG NAME	Colace
GENERIC NAME	Colace docusate
DOSAGE RANGE	25 to 50
HOW TO TAKE	powder / oral
USES	stool softener
SIDE EFFECTS	abdominal pain, cramps
WARNINGS	stomach pain, diarrhea, cramps

DRUG NAME	Depakote
GENERIC NAME	Depakene
DOSAGE RANGE	100 to 600
HOW TO TAKE	Orally
USES	treat mania, bipolar disorder
SIDE EFFECTS	hair loss, pain, drowsiness
WARNINGS	tremors, hair loss, double vision