

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2-15mg
HOW TO TAKE	oral tablets, oral disintegrating, oral solution
USES	for depression, manic & mixed episodes related to bipolar
SIDE EFFECTS	Mild nausea, memory loss, headache, blurry vision
WARNINGS	Increase risk of death in older people ^{of suicidal thoughts} in younger

DRUG NAME	Zyprexa
GENERIC NAME	Olanzapine
DOSAGE RANGE	2.5-20mg
HOW TO TAKE	Oral Tablet or as prescribed
USES	Treat schizophrenia & bi-polar
SIDE EFFECTS	Hypotension, lack of energy, dry mouth, tremors ^{tremors}
WARNINGS	Trouble Breathing, Itching, Hives, Increased ^{Blood sugar} in diabetes

DRUG NAME	Lantus
GENERIC NAME	Insulin glargine
DOSAGE RANGE	Based on weight ^{of insulin} weight, 100 units per 10ml of liquid
HOW TO TAKE	Injection Subcutaneous
USES	Used to improve blood sugar levels
SIDE EFFECTS	hypoglycemia, weight gain, anaphylaxis, rash, UTI
WARNINGS	Do not use if allergic to insulin, kidney or liver disease

DRUG NAME	Byetta
GENERIC NAME	exenatide
DOSAGE RANGE	5mg - 10mg per injections
HOW TO TAKE	Injection subcutaneous
USES	helps pancreas produce insulin, helps control ^{blood} sugar
SIDE EFFECTS	Nausea, vomiting, diarrhea, nervousness, weight loss
WARNINGS	Don't use if you have severe kidney disease

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin
DOSAGE RANGE	100mg to 300mg per capsule ^{per day}
HOW TO TAKE	Available in capsules, chewable tablet and liquid
USES	Grand mal seizures, temporal lobe seizures
SIDE EFFECTS	Status epilepticus, allergic reaction, suicidal thoughts
WARNINGS	Can cause heart effects, liver damage, high blood sugars

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	As prescribed by doctor
HOW TO TAKE	Orally
USES	To treat seizures and to help prevent migraines
SIDE EFFECTS	Hives, skin reaction, difficult breathing, fever
WARNINGS	Can cause hyperthermia, thoughts of suicide

DRUG NAME	Lisinopril
GENERIC NAME	Abrelis, Prinivil, Zestril
DOSAGE RANGE	5mg to 80mg
HOW TO TAKE	Orally Orally as prescribed by dr.
USES	To treat high blood pressure and congestive ^{Heart} failure
SIDE EFFECTS	Hives, fever, sore throat, difficulty breathing
WARNINGS	Do not use if pregnant, Impaired Renal function, ^{Hepatic} failure

DRUG NAME	Tenormin
GENERIC NAME	Atenolol
DOSAGE RANGE	25mg 100mg
HOW TO TAKE	By mouth with or without food
USES	help treat high blood pressure, help prevent heart attacks
SIDE EFFECTS	Blurred vision, cold hands & feet, dizziness, wheezing
WARNINGS	May cause heart failure,

DRUG NAME	Crestor
GENERIC NAME	Rosuvastatin
DOSAGE RANGE	5mg to 40mg
HOW TO TAKE	By mouth as prescribed by doctor
USES	To help lower bad cholesterol
SIDE EFFECTS	stomach pain, joint pain, headache, constipation
WARNINGS	Do not use if pregnant, liver problems, muscle problems

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	5mg to 80mg 5mg - 40mg and sometimes 80mg
HOW TO TAKE	By mouth By mouth as directed
USES	help lower bad cholesterol and increase good cholesterol
SIDE EFFECTS	loss of appetite, tiredness, itching, dark urine.
WARNINGS	can cause myopathy, liver dysfunction

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify ~ Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa -	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor ~ Lipitor Zocor ~	Apidra Byetta - Glucophage Glyburide Lantus ~ Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin ~ Keppra Neurontin Topamax ~	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril ~ Toprol Tenormin ~	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 7657

DMA Code #2 1853

DMA Code #3 9532