

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norec Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1

1227

DMA Code #2

1014

DMA Code #3

0327

DRUG NAME	ZyPrexa
GENERIC NAME	Olanzapine
DOSAGE RANGE	5 to 10 mg initially / with a target dose of 10mg / day
HOW TO TAKE	Can be taken with or without food.
USES	used to treat certain mental / mood conditions.
SIDE EFFECTS	drowsiness, dizziness, lightheadedness, stomach upset
WARNINGS	Stroke, heart failure. <del>pen</del> Pneumonia

DRUG NAME	Flonase
GENERIC NAME	Fluticasone Propionate Nasal Spray
DOSAGE RANGE	2 Sprays 50mcg in each nostril
HOW TO TAKE	2 Sprays in each nostril once a day for the week
USES	used to relieve symptoms of Rhinitis such as Runny, stuffy
SIDE EFFECTS	headache, throat irritation, nosebleed
WARNINGS	eye pain, facial pain, nasal damage.

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10 to 80 mg
HOW TO TAKE	take with or without food. No alcohol.
USES	help lower bad cholesterol and fats.
SIDE EFFECTS	diarrhea, upset stomach, muscle and joint pain.
WARNINGS	liver problems and muscle problems lead to kidney failure.

DRUG NAME	Synthroid
GENERIC NAME	levothyroxine
DOSAGE RANGE	1.7 mcg / kg 100-125 mcg PO Not exceed 300 mcg day.
HOW TO TAKE	mouth directed by doctor usually 1 times daily on empty stomach
USES	treat an underactive thyroid.
SIDE EFFECTS	Weight loss, hair loss, rash, headache
WARNINGS	Sensitivity to heat, mental / mood changes.

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	300 mg to 600
HOW TO TAKE	With or without food
USES	helps manage certain epileptic seizures
SIDE EFFECTS	Drowsiness, dizziness, loss of coordination
WARNINGS	Suicide, behavior changes. Avoid driving until you know how this medicine will affect you

DRUG NAME	Norco
GENERIC NAME	hydrocodone
DOSAGE RANGE	2.5 - 10mg
HOW TO TAKE	1 tablet every 4 to 6 hours.
USES	Relieve moderate to Severe Pain.
SIDE EFFECTS	Nausea, vomiting, Constipation, lightheadedness
WARNINGS	has a Risk for abuse and addiction.

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	(Tablet 100, 200, 400mg (Rx) 600mg (Rx) 800mg (Rx) Oral 100mg/5ml 40mg/ml
HOW TO TAKE	take 1 Caplet every 4-6 hours while symptoms persist.
USES	headache, minor pain of arthritis, the Common Cold
SIDE EFFECTS	upset stomach, nausea, vomiting, headache, diarrhea
WARNINGS	vision changes, Shortness of Breath or feeling light headed

DRUG NAME	Proventil
GENERIC NAME	Albuterol Sulfate.
DOSAGE RANGE	90mcg (Inhaler) Tablet 2 & 4mg, tablet extended 4mg & 8mg
HOW TO TAKE	<del>use</del> <del>associated with Reversible Obstructive Airway disease</del>
USES	<del>How to use</del> <sup>uses</sup> to Prevent and treat wheezing and Shortness of Breath
SIDE EFFECTS	Nervousness, Shaking, headache, mouth throat dryness.
WARNINGS	

How to take. 2 Inhalations every 4 to 6 hours.

DRUG NAME	Zantac
GENERIC NAME	Ranitidine
DOSAGE RANGE	<del>450mg/kg</del> 150 maximum strength 75mg, 300mg
HOW TO TAKE	1 tablet by mouth with glass of water 15-30 minutes before eating.
USES	For Relieve heartburn acid indigestion.
SIDE EFFECTS	Stomach pain, Constipation, Diarrhea, headache
WARNINGS	easy bruising or bleeding

DRUG NAME	Toprol
GENERIC NAME	metoprolol Succinate
DOSAGE RANGE	20, 25, 50, 100 200mg
HOW TO TAKE	Taken with a meal or after a meal
USES	For Chest Pain heart failure and high blood Pressure
SIDE EFFECTS	Drowsiness, dizziness, Tiredness, diarrhea
WARNINGS	Call doctor if any of these happen. heart beat slows down. Severe dizziness, fainting,