

DRUG NAME	Motrin IB	Kati M
GENERIC NAME	ibuprofen	
DOSAGE RANGE	1 tab - 6 tabs / 24 hrs.	
HOW TO TAKE	PO	
USES	NSAID for Reducing pain/inflammation/fever	
SIDE EFFECTS	STROKE, HTN, GI bleed, nausea, Abdominal pain, Rash	
WARNINGS	Caution: pregnant, stroke hx, elderly, Aspirin triad.	

DRUG NAME	Ultram (M. in US) Tramadol
GENERIC NAME	Tramadol
DOSAGE RANGE	50mg - 300mg
HOW TO TAKE	PO
USES	Pain - moderate, severe, chronic,
SIDE EFFECTS	constipation, vomiting, flushing, headache, SIADH
WARNINGS	Caution: pts under 12, addiction hx, coma

DRUG NAME	NORCO
GENERIC NAME	Hydrocodone / Acetaminophen
DOSAGE RANGE	5mg - 10mg
HOW TO TAKE	PO
USES	Pain - moderate/severe
SIDE EFFECTS	Respiratory depression, seizures, abuse, dependency
WARNINGS	Caution: Asthma, circulatory shock, Sleep Apnea

DRUG NAME	Apidra
GENERIC NAME	insulin glulisine
DOSAGE RANGE	100 units per mL
HOW TO TAKE	inj.
USES	Diabetes mellitus
SIDE EFFECTS	Hypoglycemia, rash, influenza, anaphylaxis, edema
WARNINGS	Caution: hypoglycemia, hepatic impairment

DRUG NAME	Novolog
GENERIC NAME	insulin aspart
DOSAGE RANGE	100 units / mL
HOW TO TAKE	inj.
USES	Diabetes Mellitus
SIDE EFFECTS	Hypoglycemia, URI, rash, weight gain, edema, influenza
WARNINGS	Caution: hypoglycemia, visual impairment, renal impairment

DRUG NAME	Abilify
GENERIC NAME	ARIPIPRAZOLE
DOSAGE RANGE	2mg - 30mg
HOW TO TAKE	PO
USES	Schizophrenia, Bipolar I disorder (manic/mixed), ^{Major Dep. Disorder}
SIDE EFFECTS	headache, weight gain, anxiety, nausea, vomiting, constipation, tremor
WARNINGS	hypersensitivity to drugs, Caution of seizure, Caution - heart failure.

DRUG NAME	Ativan
GENERIC NAME	LORAZEPAM
DOSAGE RANGE	0.5mg - 4mg
HOW TO TAKE	PO
USES	Anxiety, insomnia, status epilepticus, chemo nausea/vomiting,
SIDE EFFECTS	apnea, hypotension, dizziness, sedation, constipation, irritability
WARNINGS	Caution if psychosis, Caution if depression, avoid Alcohol, Avoid abrupt withdrawal.

DRUG NAME	Loratadine
GENERIC NAME	Alavert
DOSAGE RANGE	1 tab per 24 hrs.
HOW TO TAKE	PO
USES	Antihistamine for allergies, chronic idiopathic urticaria
SIDE EFFECTS	Bronchospasm, fatigue, seizures, headache, diarrhea, ^{abdominal} pain
WARNINGS	hypersensitive to drugs, Caution if hepatic impairment

DRUG NAME	CRESTOR
GENERIC NAME	5 Rosuvastatin
DOSAGE RANGE	5mg - 40mg
HOW TO TAKE	PO
USES	Hypercholesterolemia, mixed dyslipidemia, Cardiovascular event ^{prevention}
SIDE EFFECTS	myopathy, headache, myalgia, nausea, dizziness, asthenia
WARNINGS	

DRUG NAME	Lisinopril
GENERIC NAME	PRINIVIL (DC in US) Lisinopril
DOSAGE RANGE	2.5mg - 40mg
HOW TO TAKE	PO
USES	HTN, MI acute, migraine headache prophylaxis, ^{Heart failure} by reduced ^{rejection fraction}
SIDE EFFECTS	Dizziness, hypotension
WARNINGS	Caution: pregnancy, Renal impairment, CAD, elderly

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 _____

DMA Code #2 _____

DMA Code #3 _____

BRYAN CHINGMAN

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	1 Tab - 6 Tabs / 24 hrs. PRN
HOW TO TAKE	PO
USES	NSAID for pain, inflammation, fever
SIDE EFFECTS	Stroke, HTN, GI Bleed, Nausea, abdominal pain, rash
WARNINGS	Caution: Pregnancy, Stroke hx, Elderly, Aspirin Triad.

DRUG NAME	Ultram (DC IN US) Tramadol
GENERIC NAME	Tramadol
DOSAGE RANGE	50mg - 300mg
HOW TO TAKE	PO
USES	Pain, moderate, severe chronic
SIDE EFFECTS	Constipation, Vomiting, flushing, headache, S.A.D.H
WARNINGS	Caution: A/Ts under 12yrs addiction hx, Conna

DRUG NAME	Norco
GENERIC NAME	Hydrocodone / Acetaminophen
DOSAGE RANGE	5mg - 10mg
HOW TO TAKE	PO
USES	Pain - moderate/severe
SIDE EFFECTS	Respiratory Depression, Seizures, Abuse dependency
WARNINGS	Caution: Asthma, Circulatory Shock, Sleep Apnea

DRUG NAME	Apidra
GENERIC NAME	Insulin glulisine
DOSAGE RANGE	100 per ml
HOW TO TAKE	Injection
USES	Diabetes mellitus
SIDE EFFECTS	Hyperglycemia
WARNINGS	Caution: hypoglycemia, hepatic impairment

DRUG NAME	Novolog
GENERIC NAME	INSULIN Aspart
DOSAGE RANGE	100 units/ml
HOW TO TAKE	Injection
USES	Diabetes mellitus
SIDE EFFECTS	Hypoglycemia URI Rash Weight gain edema influenza
WARNINGS	Caution: hypoglycemia, Visual impairment, Renal impairment

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg - 30mg
HOW TO TAKE	PO
USES	Schizophrenia, Bipolar I Disorder (Manic/Mixed Major Depres Dis-order)
SIDE EFFECTS	Headache, Weight gain, Anxiety, Nausea, Vomiting, Constipation, tremor
WARNINGS	→ hypersensitivity to Drugs, Caution of Seizures, Caution heart failure

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	0.5mg - 4mg
HOW TO TAKE	PO
USES	Anxiety, insomnia, Status epilepticus, Chemo Nausea/Vomiting.
SIDE EFFECTS	Apnea, hypotension, dizziness, sedation, constipation, irritability
WARNINGS	Caution of Psychosis, Caution of depression, Avoid Alcohol/Acid Urine ^{with flow}

DRUG NAME	Loratadine
GENERIC NAME	Alavert
DOSAGE RANGE	1 Tab per 24hrs
HOW TO TAKE	PO
USES	Antihistamine for Allergies, Chronic Idiopathic urticaria
SIDE EFFECTS	Bronchospasm, fatigue, seizures, headache, Diarrhea, Abdominal pain
WARNINGS	hypersensitivity to Drugs, Caution of hepatic impairment.

DRUG NAME	Crestor
GENERIC NAME	Rosuvastatin
DOSAGE RANGE	5mg - 40mg
HOW TO TAKE	PO
USES	Hypercholesterolemia, mixed dyslipidemia, Cardiovascular events
SIDE EFFECTS	Myopathy, headache, Myalgia, Nausea, dizziness, asthma
WARNINGS	

DRUG NAME	Lisinopril
GENERIC NAME	Prinivil CDC-US LISINOPRIL
DOSAGE RANGE	2.5mg - 40mg
HOW TO TAKE	PO
USES	Migraine, headache, prophylaxis heart failure w/ reduced ejection fraction
SIDE EFFECTS	Dizziness Hypertension
WARNINGS	Caution, Pregnancy, Renal Impairment, Cad, Elderly

