

DRUG NAME	Depakote	for main Fundamentals
GENERIC NAME	Divalproex Sodium	
DOSAGE RANGE	125 mg - 500 mg	
HOW TO TAKE	Swallow whole, OR sprinkle into food such as applesauce or pudding	
USES	mood stabilizer	
SIDE EFFECTS	Drowsiness, Nausea, Abdominal pain, diarrhea, Vomiting, tremors, tiredness	
WARNINGS	Increased risk of pancreatitis and liver failure	

DRUG NAME	Klonopin	
GENERIC NAME	Clonazepam	
DOSAGE RANGE	0.125 - 2 mg	
HOW TO TAKE	One to three times a day with or without food.	
USES	To prevent and control seizures and to treat panic attacks	
SIDE EFFECTS	Drowsiness, dizziness, unsteadiness, depression, loss of orientation, headache	
WARNINGS	New or worsening seizures, severe drowsiness, confusion, aggression, thoughts of suicide	

DRUG NAME	Risperdal	
GENERIC NAME	Risperidone	
DOSAGE RANGE	0.5 - 2 mg	
HOW TO TAKE	Once or twice daily with or without food	
USES	used to treat mental / mood disorders / schizophrenia, bi-polar	
SIDE EFFECTS	Drowsiness, lightheaded, drooling, Nausea, weight gain, tiredness	
WARNINGS	Can cause death in elderly patients	

DRUG NAME	Zyprexa	
GENERIC NAME	Olanzapine	
DOSAGE RANGE	2.5 - 20 mg	
HOW TO TAKE	Once a day with or without food	
USES	Used to treat mental / mood conditions,	
SIDE EFFECTS	Drowsiness, dizziness, stomach upset, dry mouth, constipation, increased appetite	
WARNINGS	Drowsiness, stomach upset Dizziness and light headed can increase falling,	

DRUG NAME	Keppra	
GENERIC NAME	Levetiracetam	
DOSAGE RANGE	250 mg - 1000 mg	
HOW TO TAKE	2 times a day once in morning and once in evening,	
USES	To treat seizures (epilepsy)	
SIDE EFFECTS	Drowsiness, dizziness, tiredness, weakness	
WARNINGS	Changes in mood or behavior, problems with coordination	

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	100 mg - 400 mg
HOW TO TAKE	Taken with or without food
USES	Manage Epileptic Seizures and relieve pain for some conditions, like shingles
SIDE EFFECTS	Drowsiness, loss of coordination, double vision, unusual eye movements
WARNINGS	Unusual eye movements, or shaking (tremor) may occur

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	25 mg - 400 mg
HOW TO TAKE	With or without food Swallow whole with a glass of water.
USES	Seizure medication
SIDE EFFECTS	Dizziness, loss of coordination, tingling of the hands/feet
WARNINGS	Suicidal tendencies

DRUG NAME	Colace
GENERIC NAME	Docosate Sodium
DOSAGE RANGE	50 mg - 250 mg
HOW TO TAKE	By mouth at bedtime with a full glass of water or juice
USES	Stool softener for constipation
SIDE EFFECTS	Stomach pain, diarrhea, cramping
WARNINGS	Allergic reaction, hives, difficult breathing, swelling of your face, lips, tongue, throat

DRUG NAME	Protonix
GENERIC NAME	Pantoprazole
DOSAGE RANGE	20 - 40 mg
HOW TO TAKE	With or without food - 30 mins before a meal
USES	Relieves heartburn, difficulty swallowing, persistent cough
SIDE EFFECTS	Joint pain, dizziness, headache, nausea, vomiting
WARNINGS	Severe stomach pain, diarrhea, pain or difficulty moving your hip, blood in urine

DRUG NAME	Crestor
GENERIC NAME	Rosuvastatin
DOSAGE RANGE	5 mg - 40 mg
HOW TO TAKE	By mouth one time each day anytime of day with or without food
USES	Helps lower cholesterol and fats
SIDE EFFECTS	Headache, Nausea, Generalized weakness, Intense Abdominal pain.
WARNINGS	Muscle pain, Risk of kidney and liver damage and a risk of developing diabetes.

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1501

DMA Code #2 1853

DMA Code #3 9532