

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DRUG NAME	Depakote
GENERIC NAME	Divalproex sodium
DOSAGE RANGE	15 mg / A day
HOW TO TAKE	taken two or three times a day - taken with your food.
USES	partial seizures, simple and complex absence seizures.
SIDE EFFECTS	Drowsiness, nausea, diarrhea, vomiting, tiredness, hair loss.
WARNINGS	Dizziness, blurred vision, ringing in ears, shakiness, double-vision

DRUG NAME	Haldol
GENERIC NAME	Haloperidol
DOSAGE RANGE	0.5-5 mg / 2 or 3 times a day.
HOW TO TAKE	taken by mouth 2 or 3 times a day.
USES	Dementia, schizophrenia, bipolar disorder, Tourette's syndrome.
SIDE EFFECTS	Dizziness, drowsiness, headaches, anxiety, lightheadedness
WARNINGS	mood changes, hallucinations, twitching, stiffness, trouble-breathing

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	0.25 twice daily
HOW TO TAKE	let the tablet dissolve in mouth.
USES	to prevent and control seizures.
SIDE EFFECTS	depression, headaches, dizziness, weakness, drowsiness, thinking problem
WARNINGS	confusion, aggression, hallucinations, suicide thoughts, seizures.

DRUG NAME	Lithium
GENERIC NAME	lithium carbonate.
DOSAGE RANGE	400 mg / 3 times A day
HOW TO TAKE	swallow tablets whole w/ a drink of water or juice.
USES	treat and prevent episodes of mania
SIDE EFFECTS	being sick, diarrhea, dry mouth, metallic taste.
WARNINGS	hand tremor, weight gain, vomiting, increased urinating.

DRUG NAME	Tripleptal
GENERIC NAME	oxcarbazepine
DOSAGE RANGE	400 mg / given twice a day
HOW TO TAKE	take on an empty stomach. 1 hr before or 2 hrs after a meal
USES	treat seizures
SIDE EFFECTS	Dizziness, drowsiness, tiredness, nausea, vomiting, headaches, constipation
WARNINGS	stomach pain, trouble sleeping, constipation, tiredness.

DRUG NAME	lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10 or 20 mg
HOW TO TAKE	Swallow the tablet whole
USES	help lower bad cholesterol and fats
SIDE EFFECTS	joint-pain, diarrhea, nausea, urinary tract infection, muscle pain.
WARNINGS	diarrhea, upset stomach, muscle and joint pain.

DRUG NAME	lanthus
GENERIC NAME	insuline glargine injection
DOSAGE RANGE	2 mg
HOW TO TAKE	inject dose into thighs, upper arms or abdomen
USES	treat adults with type 2 diabetes
SIDE EFFECTS	headaches, hunger, weakness, sweating, tremors, irritability.
WARNINGS	Anxiety, irritability, lightheaded, nightmares, blurred vision, fast heartbeat

DRUG NAME	Nordig
GENERIC NAME	insulin aspart
DOSAGE RANGE	200 mg, only at 1 meal each day
HOW TO TAKE	inject in the abdominal region, buttocks, thigh
USES	lower mealtime blood sugar / Diabetes.
SIDE EFFECTS	low potassium in blood, injection site reactions, itching, rashes,
WARNINGS	death, hypoglycemia, dizziness, light-headed

DRUG NAME	prilosec
GENERIC NAME	Omeprazole
DOSAGE RANGE	20 mg once daily
HOW TO TAKE	taken once a day for 14 days before eating.
USES	treat certain stomach and es esophagus problems, acid reflux.
SIDE EFFECTS	headaches, stomach pain.
WARNINGS	Kidney injury, bone fracture, lupus Erythematosus, ^{low} magnesium levels

DRUG NAME	Nuro
GENERIC NAME	Acetaminophen And hydrocodone
DOSAGE RANGE	1-2 tablets every 4-6 hours as needed.
HOW TO TAKE	1 tablet every 4-6 hrs
USES	relieve moderate to severe pain.
SIDE EFFECTS	nausea, vomiting, constipation, dizziness, drowsiness
WARNINGS	nausea, vomiting, constipation.