

Makiah McDonald 11/26/22

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 _____

DMA Code #2 _____

DMA Code #3 _____

DRUG NAME	Omeprazole
GENERIC NAME	Omeprazole
DOSAGE RANGE	20-40 mg
HOW TO TAKE	Taken once a day for 14 Days Before eating
USES	To treat certain Stomach esophagus problems Acid reflux
SIDE EFFECTS	Headache, Nausea, vomiting, gas
WARNINGS	People should NOT take over the counter pills for more than 14 days

DRUG NAME	Lisinopril
GENERIC NAME	Prinivil, Zestril
DOSAGE RANGE	20/12.5 mg
HOW TO TAKE	take it at the same time Every day with or without food
USES	to treat high Blood pressure
SIDE EFFECTS	Cough, Dizziness, Headache, Excessive tiredness, Etc
WARNINGS	may rarely cause serious (possibly fatal) liver problems

DRUG NAME	Lantus
GENERIC NAME	insulin glargine injection
DOSAGE RANGE	100 units/ml
HOW TO TAKE	Taken once a day at the same time Every day
USES	Type 2 Diabetes
SIDE EFFECTS	Headache, Hunger, weakness, Sweating, tremors
WARNINGS	Anxiety, tingling in your hands, feet, lips Nightmares, trouble sleeping

DRUG NAME	Novolog
GENERIC NAME	insulin aspart
DOSAGE RANGE	10 ml
HOW TO TAKE	5 to 10 mins Before eating
USES	for Diabetes
SIDE EFFECTS	low potassium in your Blood injection site reaction
WARNINGS	Dizziness or light-headedness

DRUG NAME	Norco
GENERIC NAME	Acetaminophen and Hydrocodone
DOSAGE RANGE	10mg/325 mg
HOW TO TAKE	1 Tablet Every 4 to 6 hours Needed
USES	relieve moderate to severe Pain
SIDE EFFECTS	Nausea, vomiting, constipation, light head
WARNINGS	acetaminophen has a risk for Abuse and Addiction

DRUG NAME	Lyrikate
GENERIC NAME	Divalproex
DOSAGE RANGE	250 mg
HOW TO TAKE	with food or after you eat a meal
USES	Partial Seizures, Absence Seizures, manic, Bipolar
SIDE EFFECTS	Drowsiness, Nausea, abdominal pain, Diarrhea, Vomiting Etc
WARNINGS	Hair loss, Blurred, Double vision, Ringing ears

DRUG NAME	Haldol
GENERIC NAME	Haloperidol
DOSAGE RANGE	100 mg
HOW TO TAKE	take by mouth
USES	to treat schizophrenia
SIDE EFFECTS	Dizziness, lightheaded, Drowsiness, Headache, Anxiety
WARNINGS	

DRUG NAME	Klonopin
GENERIC NAME	Clozapepam
DOSAGE RANGE	0.25 mg
HOW TO TAKE	One to three times a day with or without food
USES	to prevent and control seizures
SIDE EFFECTS	Dizziness, weakness, Unsteadiness, Depression
WARNINGS	confusion, aggression, Hallucinations

DRUG NAME	Lithium
GENERIC NAME	Lithium carbonate
DOSAGE RANGE	600 mg
HOW TO TAKE	Swallow tablets whole with a Drink
USES	to treat manic part of Bipolar Disorder
SIDE EFFECTS	feeling sick, diarrhea, Dry mouth, metallic taste
WARNINGS	

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	200 to 800 mg
HOW TO TAKE	without food or with a Light meal
USES	to treat certain mental/mood conditions
SIDE EFFECTS	Constipation, Drowsiness, upset stomach, Tiredness
WARNINGS	Blurred vision ^