

Leilani
McElown

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium— Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil—	Crestor Lipitor Zocor—	Apidra Byetta Glucophage— Glyburide Lantus Levemir Levothyroxine Novolog Synthroid—
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin ≡ Topamax	Colace Miralax Prilosec Protonix Zantac—	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin— Norco— Tylenol with Codeine— Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 4582

DMA Code #2 8435

DMA Code #3 9001

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	300-600 mg 3x a day
HOW TO TAKE	by mouth
USES	manage epileptic seizures and pain relief
SIDE EFFECTS	drowsiness, dizziness, tiredness
WARNINGS	loss of coordination, unusual eye movements

DRUG NAME	Zantac
GENERIC NAME	Ranitidine
DOSAGE RANGE	25mg
HOW TO TAKE	by mouth
USES	treat ulcers of the stomach and intestines
SIDE EFFECTS	stomach pain, fatigue, dizziness
WARNINGS	headache, diarrhea, constipation

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	200-400mg per day every 4-6 hours
HOW TO TAKE	by mouth
USES	headaches, minor pain, cold, menstrual cramps
SIDE EFFECTS	upset stomach, nausea, vomiting
WARNINGS	drowsiness, dizziness

DRUG NAME	Norco
GENERIC NAME	Hydrocodone
DOSAGE RANGE	1-2 capsules every 4-6 hours as needed
HOW TO TAKE	by mouth
USES	relieve moderate to severe pain
SIDE EFFECTS	nausea, vomiting, constipation
WARNINGS	lightheadedness, drowsiness

DRUG NAME	Tylenol with Codeine
GENERIC NAME	Acetaminophen
DOSAGE RANGE	2 pills every 4-6 hours
HOW TO TAKE	by mouth
USES	relieve mild moderate pain from headaches, muscle aches, menstrual cramps
SIDE EFFECTS	nausea tiredness, vomiting
WARNINGS	pale skin, anorexia, excessive sweating

DRUG NAME	Lithium
GENERIC NAME	Lithobid
DOSAGE RANGE	600-1800 mg/day
HOW TO TAKE	by mouth
USES	Bipolar disorder
SIDE EFFECTS	hyperglycemic effects, hypoglycemic effects
WARNINGS	nausea, vomiting, vision changes, unsteadiness

DRUG NAME	proventil
GENERIC NAME	Albuterol
DOSAGE RANGE	2 inhalations every 4 to 6 hours
HOW TO TAKE	by mouth
USES	bronchospasm with reversible obstructive airway disease
SIDE EFFECTS	nervousness, shaking, headache, cough
WARNINGS	irregular heartbeat, change in taste

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	5-40 mg per day
HOW TO TAKE	by mouth
USES	lower bad cholesterol and fats
SIDE EFFECTS	heart burn, gas, bloating, stomach pain
WARNINGS	loss of appetite, tiredness, itching, dark urine

DRUG NAME	Glucophage Glucophage
GENERIC NAME	metformin
DOSAGE RANGE	5ml 2 times a day
HOW TO TAKE	by mouth
USES	type 2 diabetes
SIDE EFFECTS	headache, muscle pain, vomiting
WARNINGS	stomach pain, muscle pain

DRUG NAME	Synthroid
GENERIC NAME	levothyroxine
DOSAGE RANGE	100-125 mcg per day
HOW TO TAKE	by mouth
USES	treats underactive thyroid
SIDE EFFECTS	fever, hot flashes, headache
WARNINGS	sensitivity to heat, nausea, sweating