

*Tammy Selis*

**DMA TRAINING**  
**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
 See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 2022

DMA Code #2 0515

DMA Code #3 9221

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg to 30mg
HOW TO TAKE	orally PO
USES	Bipolar, Major depressive disorder, Schizophrenia
SIDE EFFECTS	headache, weight gain, anxiety, insomnia
WARNINGS	suicidal risk in children, not approved for elderly dementia patients.

DRUG NAME	Flonase Allergy Relief
GENERIC NAME	Fluticasone propionate, nasal I
DOSAGE RANGE	1 spr. and/or 1-2 each nostril qd. Do not exceed 2 in each
HOW TO TAKE	actuations, each nostril. External
USES	allergies, Polyps
SIDE EFFECTS	headache, UR I x, nasal burning, nausea
WARNINGS	

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	5mg to 80mg tablets
HOW TO TAKE	orally - tablets PO
USES	hypercholesterolemia, mixed dyslipidemia
SIDE EFFECTS	UR I, headache, abdominal pain, constipation
WARNINGS	Do not take kidney disease, diabetes, Thyroid disorder

DRUG NAME	G. leucophage
GENERIC NAME	Metformin
DOSAGE RANGE	diabetes mellitus, type II, 850-1000mg PO BID, Nausea syndrome PO 500mg TID
HOW TO TAKE	administer with meals
USES	diabetes mellitus - Type II, Polycystic ovary syndrome
SIDE EFFECTS	low blood sugar, nausea, upset stomach, diarrhea
WARNINGS	Lactic Acidosis

DRUG NAME	Lantus
GENERIC NAME	Insulin glargine → Type II. start 0.2 units/kg/dose
DOSAGE RANGE	Type I individualized dose SC qd (usual 0.5-1 units/kg/day) up to 0.1 units/kg/day
HOW TO TAKE	Subcutaneous - applied under the skin
USES	Regulate blood sugar
SIDE EFFECTS	Hypoglycemia, injection site reaction, Myalgia, Rash.
WARNINGS	Hyper-sensitivity reaction, Anaphylaxis

DRUG NAME	Levothyroxine
GENERIC NAME	Synthroid
DOSAGE RANGE	50-200 mcg PO qd
HOW TO TAKE	PO form on empty stomach
USES	Thyroid disorders; Hypothyroidism
SIDE EFFECTS	Palpitations, appetite increase, Tachycardia, Nervousness
WARNINGS	Not for Obesity / weight loss

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	100 mg - 1200 mg PO tid
HOW TO TAKE	PO
USES	Alcohol dependence, fibromyalgia, neuropathy, Seizure Disorder
SIDE EFFECTS	Dizziness, Somnolence, Fatigue, Fever, Nausea
WARNINGS	

DRUG NAME	Colace
GENERIC NAME	docusate sodium
DOSAGE RANGE	50-300 mg/day PO divided qd - bid - prn
HOW TO TAKE	PO
USES	Constipation - stool softeners
SIDE EFFECTS	Diarrhea, abdominal cramps, Throat irritation, Rash
WARNINGS	Fecal impaction, Appendicitis, Caution if nausea/vomiting

DRUG NAME	Zestril
GENERIC NAME	Lisinopril
DOSAGE RANGE	2.5 mg - 40 mg TAB PO
HOW TO TAKE	PO qd
USES	Treat high blood pressure, Prevent future stroke and heart attack
SIDE EFFECTS	dizziness, headache, cough, fatigue
WARNINGS	Fetal toxicity - D/C drug ASAP pregnancy detected

DRUG NAME	Norco
GENERIC NAME	hydrocodone / acetaminophen
DOSAGE RANGE	TAB 5mg/325mg, 7.5mg/325mg, 10mg/325mg
HOW TO TAKE	Moderate to severe pain <del>3-4 h prn</del> PO q 4-6 h prn
USES	moderate to severe pain
SIDE EFFECTS	Light headedness, Dizziness, Sedation, Nausea, Vomiting
WARNINGS	Respiratory Depression, Addiction, Medication Error Risk