



CULTURE OF GENTLENESS - TEST

- 1. The purpose of our presence in the lives of others is to nurture, teach and sustain the experience of companionship connectedness and community
 True False

- 2. Which of the following are examples of lessening a demand on another?
a. Ask permission.
b. Respect the Person's sense of space.
c. Speak softly.
d. Make your presence welcoming and non-threatening.
 e. All of the above.

- 3. One way to help ease a transition period for an individual, is to be very strict with your demands, and stay to your plan of action, regardless of what the consumer wants.
 True False

- 4. Examples of positive interactions with another person would be;
a. Spending time with another person without creating demands on them.
b. Listening without judgement.
c. Being supportive to another in their difficult time.
 d. All of the above.

- 5. One of the pillars of the culture of gentleness is to help a person feel loved and valued.
 True False

- 6. The use of structure and schedule boards can reduce the demands on an individual, that contribute to them feeling unsafe.
 True False

Employee Name	<u>Dana Carlson</u>
Job Title/Job Site	<u>DSP</u>
Presenting Supervisor/Instructor	<u>Luellen Bailey</u>
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