

Rebecca Shay

**DMA TRAINING**  
**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
 See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1521

DMA Code #2 8991

DMA Code #3 6215

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10mg - 80mg
HOW TO TAKE	by mouth
USES	hypercholesterolemia, mixed dyslipidemia, hypertriglyceridemia
SIDE EFFECTS	hemorrhagic stroke, arthralgia, diarrhea, nasopharyngitis
WARNINGS	May cause Myopathy and Rhabdomyolysis + liver dysfunction

DRUG NAME	Lithium
GENERIC NAME	Lithobid, Eskalith, Lithonote, Lithotabs, Eskalith-CR
DOSAGE RANGE	150mg - 600mg
HOW TO TAKE	oral capsule or oral syrup
USES	Mood Stabilizer treatment of acute manic + mixed episodes <sup>Bipolar</sup> 1 disorder
SIDE EFFECTS	Confusion, weight gain, dry mouth, sore throat.
WARNINGS	Can cause Lithium toxicity, Lithium-Induced Polyuria, Hyponatremia

DRUG NAME	Lantus SoloStar Pen
GENERIC NAME	Insulin glargine
DOSAGE RANGE	100 units of Insulin glargine per 10 milliliters of solution
HOW TO TAKE	Injection
USES	For lowering levels of glucose in the blood
SIDE EFFECTS	low blood sugar, swelling, weight gain, itching, rash
WARNINGS	Do not use in an episode of hypoglycemia, never share Lantus SoloStar pen

DRUG NAME	Levothyroxine
GENERIC NAME	Synthroid, Tirosint, Levoxyl
DOSAGE RANGE	by mouth 25mcg - 300mcg
HOW TO TAKE	by mouth 30-60min before breakfast
USES	Treats Hypothyroidism, also to treat/prevent goiter
SIDE EFFECTS	Headache, leg cramps, muscle pain, increased appetite
WARNINGS	Should not be used to treat weight/obesity problems

DRUG NAME	Lamictal
GENERIC NAME	Lamotrigine
DOSAGE RANGE	25mg - 400mg
HOW TO TAKE	By mouth
USES	Anticonvulsant, Bipolar Disorder, Trigeminal neuralgia <sup>Rett</sup> Syndrome
SIDE EFFECTS	Ataxia, skin rash, headache, insomnia + nausea
WARNINGS	May cause serious skin rashes, hemophagocytic Hemophagocytic

DRUG NAME	Abilify
GENERIC NAME	aripiprazole
DOSAGE RANGE	2mg - 30mg
HOW TO TAKE	by mouth
USES	schizophrenia, bipolar disorder, major depressive disorder
SIDE EFFECTS	headache, weight gain, anxiety, insomnia, nausea
WARNINGS	Not approved for Dementia-related psychosis, may cause suicidal ideations

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	25mg - 400mg
HOW TO TAKE	by mouth
USES	schizophrenia, bipolar I disorder manic, acute depressive bipolar disorder, ↑ general anxiety disorder
SIDE EFFECTS	sedation, xerostomia, dizziness, hypotension, tremor, rash, headache
WARNINGS	Increased mortality in elderly patients w/ dementia related psychosis Monitor for suicidal thoughts & behaviors

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	15mg - 200mg
HOW TO TAKE	by mouth
USES	Seizure/Anticonvulsant, migraine prevention
SIDE EFFECTS	Anxiety, ataxia, confusion, diarrhea, dizziness, drowsiness
WARNINGS	Acute Myopia and secondary angle closure glaucoma syndrome, Visual field defects, oligohydrosis, hyperthermia, metabolic Acidosis

DRUG NAME	<del>Hydrochlorothiazide</del> Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	100mg - 800mg
HOW TO TAKE	by mouth
USES	Partial Seizures, post-herpetic neuralgia, neuropathic pain, fibromyalgia
SIDE EFFECTS	Ataxia, dizziness, drowsiness, fatigue, fever
WARNINGS	Drug reaction w/ Eosinophilia & systemic symptoms, Anaphylaxis Effects on driving & operating heavy machinery      Angioedema

DRUG NAME	Norco
GENERIC NAME	Hydrocodone/Acetaminophen
DOSAGE RANGE	5mg/325mg - 10mg/325mg
HOW TO TAKE	by mouth
USES	Moderate - severe pain
SIDE EFFECTS	Dizziness, Agitation, black, tarry stools, bleeding gums, cough
WARNINGS	Potential for addiction, abuse, misuse which can lead to overdose and death.