BEACON Specialized Living

Medical Hands-On Training Checklist

Learner's Name: Abosede Umoje

- [x] Hand Washing 20 sec
- [x] Blood Pressure 120/80

Normal Blood Pressure Range: 120/80

- [x] Pulse 60 – 100

Normal Pulse Range: 60 – 100

- [x] Respirations

Normal Respiration Range: 12 – 20

- [x] Temperature

Do not document 94 Temp

Normal Temperature Range: 96 – 99, Normal 98.6

- [x] Weight If a resident weight drop, we will weight him every two week.
- [x] Measurement of Girth Belly button to belly button. Do this every month.
- [x] Oxygen Saturation (Only to be completed per physician or nurse order) Take temp and O2 twice a day if expose to covid.
- [x] Wong Baker Chart & FLACC Scale Watch the patient reaction to see if they are in pain.
- [x] Insulin Administration Keep the insulin pen ~~[illegible]~~ in room temp once open the pen it ~~[illegible]~~ only good for 28 days. make sure you date the pen once it is open.
- [x] SubQ Injections Unopen ones stays in the refrigerator. once open the pen you only have to give one dose only 911 or emt can give permission to give second dose.
- [x] Accu-Chek (Glucometer Testing) Low 70 or lower hypoglycemia greater than 200 hyperglycemia
- [x] Glucometer Use and Cleaning check it's functioning every months 1st – 5th every month
- [x] Transfers (on an as-needed basis): – pop medication from highest to lowest. – shred the top once its finished.
  - Hoyer Lift N/A
  - Gait Belt N/A
  - Wheelchair Transfers N/A
- [ ] Feeding Tube N/A
- [ ] Foley Catheter Care N/A
- [ ] Colostomy N/A

manual blood pressure
The first beep you heard is the top number and the last heart beat you heard is the lowest number

Nurse [signature] Date 01-20-22

Learner Wendy Bantmen Date 1/20/22

This document is required to be uploaded into the Learner's LMS transcript as a component of DMA Certification.