

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

*FRANK TALASKA*

Please complete 10 of the above medications prior to attending DMA class. *1-20-22*

DMA Code #1 1657

DMA Code #2 1853

DMA Code #3 9532

DRUG NAME	Atrivent
GENERIC NAME	ipratropium <span style="float: right;">17mcg/ nebul solution</span>
DOSAGE RANGE	2-sprays per nostril every 6 hours - / Single dose unit 0.025%
HOW TO TAKE	Inhaler - breath out through mouth, Inhale deeply one puff, hold <sup>10 seconds</sup>
USES	to Control And Prevent symptoms (wheezing, shortness of breath <sup>From Lung Disease</sup> )
SIDE EFFECTS	Headache, Dry mouth, hoarseness, Cough, stuffy nose, sinus pain,
WARNINGS	wheezing, choking, Little or no urination, blurred or tunnel vision,

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	the dosage range of Lipitor is 10-80 mg once per Day.
HOW TO TAKE	Swallow the tablet whole. Do Not break, crush, or chew. <sup>It's</sup>
USES	TO Help Lower "bad" cholesterol And Fats such as <sup>(LDL)</sup> Triglycerides.
SIDE EFFECTS	Cold-Like symptoms, Joint Pain, Diarrhea, Stomach Pain.
WARNINGS	Changes for some blood tests, liver problems, Kidney Problems.

DRUG NAME	Toprol
GENERIC NAME	metoprolol succinate
DOSAGE RANGE	The usual initial dosage is 25 to 100mg daily in a single dose.
HOW TO TAKE	Swallow the extended release tablet (whole) Don't crush or chew <sup>it's a</sup>
USES	used to treat Chest Pain (Angina), Heart Failure, High Blood <sup>Pressure,</sup>
SIDE EFFECTS	abdominal cramps, Diarrhea, Constipation, Heartburn, Vomiting <sup>Dry mouth,</sup>
WARNINGS	Slow Heart beat, severe dizziness, Fainting, blue fingers / toes.

DRUG NAME	Norco
GENERIC NAME	hydrocodone / Acetaminophen
DOSAGE RANGE	Dosing Adults 1 or 2 capsules every 4 to 6 hours as needed.
HOW TO TAKE	10/325: 1-tablet every 4 to 6 hours as needed.
USES	It's used to treat moderate to severe Pain.
SIDE EFFECTS	Nausea, vomiting, constipation, Lightheadedness, dizziness.
WARNINGS	Drowsiness, Dry mouth, tiredness, Back Pain, Ringing of ears,

DRUG NAME	Lantus
GENERIC NAME	(Insulin glargine injection) - Generic Lantus / No generic alternative
DOSAGE RANGE	Recommended starting Dose is 1/3 of the total daily Insulin Required.
HOW TO TAKE	Take Lantus once per Day by injection shoulders, Abdomin, Legs. <sup>Rotate Injection</sup>
USES	Used to improve blood sugar controls in Adults & children - Diabetes.
SIDE EFFECTS	Headache, Hunger, weakness, sweating, tremors, irritability,
WARNINGS	Fast Heart Rate, Slurred speech, blurred vision, nightmares.

DRUG NAME	Zantac
GENERIC NAME	Ranitidine
DOSAGE RANGE	150 mg / twice daily.
HOW TO TAKE	1 tablet orally $\bar{c}$ a glass of water 30-60 mins. before eating <sup>Food + Drink</sup>
USES	To Prevent And Relieve Heart burn (Acid Reflux) and Upset Stomach
SIDE EFFECTS	Clay Colored stools, Coughing up mucous, Dark urine,
WARNINGS	No Alcohol, Loss Appetite, Stomache Pain, yellow skin <sup>eyes</sup>

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	2 to 6 mg / day Largest dose taken before bed time.
HOW TO TAKE	1-capsule once per day in A.M. Dr. will prescribe Dose.
USES	Is used to treat anxiety, insomnia, or Sleep difficulty.
SIDE EFFECTS	Drowsiness, dizziness, loss of coordination, headache, nausea,
WARNINGS	Abuse And Addiction which can lead to death $\bar{c}$ Alcohol + Drugs <sup>Other</sup>

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2 to 15 mg / day
HOW TO TAKE	1-time per day $\bar{c}$ or $\bar{c}$ our food. It can Range 2mg to 30mg <sup>x1/day</sup>
USES	To treat certain mental / mood disorders, And depression.
SIDE EFFECTS	Dizziness, lightheadedness, drowsiness, nausea, vomiting.
WARNINGS	Tiredness, Blurred vision, drooling, + Avoid Alcohol + Drugs.

DRUG NAME	Flovent
GENERIC NAME	fluticasone propionate
DOSAGE RANGE	Typical doses range from 50 mcg to 500 mcg inhaled orally twice Daily.
HOW TO TAKE	Typically inhaled orally twice per Day. per Drs. Rx,
USES	Is a Steroid used to prevent asthma attacks.
SIDE EFFECTS	fever, sinus Irritation, upset stomach, nausea vomiting
WARNINGS	Weakness, tired feeling, nausea, vomiting feeling like Passing out.

DRUG NAME	Proventil
GENERIC NAME	Albuterol sulfate
DOSAGE RANGE	typical dose range: 0.63 mg to 1.2 mg.
HOW TO TAKE	usual dose is 2 inhalations every 4-6 hrs.
USES	Prevent And treat wheezing And Shortness of breath And to help $\bar{c}$ Asthma <sup>+ COPD</sup>
SIDE EFFECTS	Nervousness, shaking, (tremor) headache, throat mouth dryness,
WARNINGS	Choking, Chest Pain, Fast heart rate, Pounding Heart Rate, <sup>+ Heart</sup> Flutter.