

Richard Beegen

**DMA TRAINING**  
**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ] See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 2022

DMA Code #2 0515

DMA Code #3 9221

- Drug Name : Klonopin
- Generic Name : Clonazepam
- Dosage Range : TAB: 0.5 mg, 1 mg, 2 mg
- How to take : By mouth
- Uses : Seizure disorder  
panic disorder  
anxiety  
restless leg syndrome  
confusional arousals  
sleep terrors  
sleepwalking  
rapid eye movement sleep behavior disorder  
burning mouth syndrome  
Tourette syndrome

- Side Effects:

+ Serious Reactions

- respiratory depression
- dependency
- abuse
- seizures
- suicidality
- hypotension, orthostatic
- tachycardia
- syncope
- blood dyscrasias
- hepatomegaly
- CNS stimulation, paradoxical
- withdrawal sx if abrupt D/c
- protracted withdrawal syndrome

## Common Reactions

drowsiness  
impaired coordination  
dizziness  
depression  
fatigue  
dysarthria  
amnesia  
asthenia  
confusion  
impaired concentration  
disinhibition  
libido changes  
irritability  
dystonia  
diplopia  
appetite changes  
constipation  
incontinence  
urinary retention  
hypotension  
rash  
LFTs elevated

## Warnings: Black Box Warnings

Risks from Concomitant Opioid Use

Addiction, Abuse, and Misuse

Dependence and Withdrawal Reactions

Drug Name : Atrovent Nasal

Generic Name: ipratropium bromide nasal

Dosage Range : SPRAY (0.03%): 21 mcg per actuation

SPRAY (0.06%): 42 mcg per actuation

How to take : 2 actuations in each nostril

Uses : Rhinorrhea

- perennial allergic or nonallergic rhinitis
- seasonal allergic rhinitis
- common cold

Side effects :

### Serious Reactions

hypersensitivity rxn  
anaphylaxis

### Common Reactions

URI

headache

epistaxis

pharyngitis

nasal dryness

dry mouth

dry throat

taste changes

nasal SX

nausea

nasal irritation

Warnings: N/A

Drug Name: Crestor

Generic Name: rosuvastatin

Dosage Range: TAB: 5mg, 10mg, 20mg, 40mg

How to take: By mouth

Uses: Hypercholesterolemia

Mixed Dyslipidemia

Hypertriglyceridemia, type IV

Dysbetalipoproteinemia

Homozygous Familial Hypercholesterolemia

Cardiovascular Event Prevention

Atherosclerotic Cardiovascular dz

Side Effects:

Serious Reactions

myopathy

immune-mediated necrotizing myopathy

tendon rupture

rhabdomyolysis

acute renal failure

hepatotoxicity

pancreatitis

hypersensitivity rxn

angioedema

thrombocytopenia

diabetes mellitus

interstitial lung dz

## Common Reactions

headache

myalgia

abdominal pain

asthenia

nausea

arthralgia

dizziness

constipation

diabetes mellitus

CK elevated

ALT or AST elevated

proteinuria

hematuria

Cognitive impairment

insomnia

gynecomastia

Warnings:

Drug Name: Levothyroxine

Generic Name: levothyroxine

Dosage Range: CAP: 13 mcg, 25 mcg, 50 mcg, 75 mcg, 88 mcg, 100 mcg, 112 mcg, 125 mcg, 137 mcg, 150 mcg, 175 mcg, 200 mcg. TAB: 25 mcg, 50 mcg, 75 mcg, 88 mcg, 100 mcg, 112 mcg, 125 mcg, 137 mcg, 150 mcg, 175 mcg, 200 mcg, 300 mcg, INJ: various.

How to take: By mouth or injection

Uses: Hypothyroidism  
TSH Suppression  
Myxedema Coma

Side Effects:

Serious Reactions

hypersensitivity rxn

arrhythmia

CHF

HTN

angina

pseudotumor cerebri (peds pts)

craniosynostosis (infants)

premature epiphyseal closure

Seizures

Common

## Common Reactions

palpitations  
appetite increase  
tachycardia  
nervousness  
tremor  
weight loss  
diaphoresis  
diarrhea  
abdominal cramps  
insomnia  
fever  
headache  
alopecia  
heat intolerance  
menstrual irregularities  
nausea  
anxiety  
dyspnea  
rash  
muscle spasm

## Warnings:

Not for Obesity / Weight Loss

Drug Name: Keppra

Generic Name: levetiracetam

Dosage Range: TAB: 250mg, 500mg, 750mg, 1000mg,

SOL: 100mg per mL

INJ: various

How to take: By mouth or injection

Uses: Partial Seizures

Juvenile myoclonic epilepsy, adjunct tx

Primary generalized tonic clonic seizures, adjunct tx

Side Effects:

### Serious Reactions

depression

hostility

aggressive behavior

psychosis

suicidality

leukopenia

neutropenia

pancytopenia

agranulocytosis

thrombocytopenia

anaphylaxis

angioedema

drug rxn w/ eosinophilia and systemic sx

Stevens - Johnson syndrome

toxic epidermal necrolysis

erythema multiforme

hyponatremia

acute renal failure

rhabdomyolysis

withdrawal seizures if abrupt D/C

## Common Reactions

headache

BP increase (pts < 4 yo)

Somnolence

asthenia

URI sx

vomiting

infection

fatigue

aggressive behavior

dizziness

anorexia

irritability

pain

diarrhea

emotional lability

depression

nausea

vertigo

agitation

anxiety

ataxia

leukopenia

neutropenia

confusion

hostility

amnesia

alopecia

others: See Package Insert.

Warnings:

Drug Name : Colace

Generic Name : docusate sodium

Dosage Range : 2-11 year old (oral capsule)  
50-150 mg/day PO divided qd-bid prn  
12 years and older (oral capsule)  
50-300 mg/day PO divided qd-bid prn

How to take : By mouth

Uses : Emollient laxative for softening stool

Side Effects :

#### Serious Reactions

May occur but none reported

#### Common Reactions

diarrhea

abdominal cramps

throat irritation

rash

electrolyte disorders

bitter taste (PO liquid forms)

Warnings :

Drug Name : Lisinopril

Generic Name : lisinopril

Dosage Range : TAB : 2.5 mg, 5 mg, 10 mg, 20 mg, 30 mg, 40 mg

How to take : By mouth

Uses : HTN

heart failure w/ reduced ejection fraction

MI, acute

migraine headache prophylaxis

Side Effects :

Serious Reactions

anaphylactoid rxn

angioedema, head or neck

angioedema, intestinal

Stevens - Johnson syndrome

toxic epidermal necrolysis

hypotension, severe

hyperkalemia

renal impairment

renal failure

hepatotoxicity

neutropenia

agranulocytosis

pancreatitis

SIADH

## Common Reactions

dizziness  
hypotension  
BUN or Cr elevated  
headache  
hyperkalemia  
URI  
cough  
fatigue  
abdominal pain  
photosensitivity  
hyperuricemia

## Warnings!

Fetal Toxicity

Drug Name: Motrin IB

Generic Name: ibuprofen

Dosage Range: 12 years old and older

1-2 tabs/caps PO q 4-6h prn. Max 6 Tabs/caps / 24h

Use lowest effective dose, shortest effective duration

give w/ food if GI upset occurs.

How to take: By mouth

Uses: NSAID for reducing pain/inflammation, fever

Side Effects:

### Serious Reactions

GI Bleeding

GI Perforation

GI ulcer

MI

stroke

thromboembolism

HTN

CHF

renal papillary necrosis

nephrotoxicity

hepatotoxicity

anaphylaxis

anaphylactoid rxn

bronchospasm

exfoliative dermatitis

Stevens - Johnson syndrome

toxic epidermal necrolysis

drug rxn w/ eosinophilia and systemic sx

thrombocytopenia

agranulocytosis

aplastic anemia

hemolytic anemia

neutropenia  
pancytopenia  
headache exacerbation (use > 10 days/mo)  
hyperkalemia

### Common Reactions

dyspepsia  
nausea  
abdominal pain  
constipation  
headache  
dizziness  
drowsiness  
rash  
ALT or AST elevated  
fluid retention  
tinnitus  
ecchymosis  
photosensitivity  
delayed ovulation

Warnings!

Drug Name: Prilosec

Generic Name: omeprazole

Dosage Range: DR CAP: 10mg, 20mg, 40mg,

DR GRANULE: 10mg per packet

How to take: By mouth

Uses: GORD

gastric ulcer

duodenal ulcer

hypersecretory conditions

H. pylori infection

gastric ulcer prophylaxis, NSAID - assoc.

Side Effects:

#### Serious Reactions

hypersensitivity rxn

anaphylaxis

Stevens-Johnson Syndrome

toxic epidermal necrolysis

erythema multiforme

tubulointerstitial nephritis

renal impairment

pancreatitis

fractures

hypomagnesemia (long-term use)

lupus erythematosus

C. difficile - assoc. diarrhea

blood dyscrasias

hepatic impairment

## Common Reactions

headache

abdominal pain

nausea

diarrhea

vomiting

flatulence

fever (peds pts)

URI sx (peds pts)

vitamin B12 deficiency (long-term use)

fundic gland polyps (long-term use)

## Warnings:

Drug Name: Norco

Generic Name: hydrocodone / acetaminophen

Dosage Range: TAB: 5mg / 325mg, 7.5mg / 325mg,  
10mg / 325mg

How to take: By mouth

Uses: Pain, moderate - moderate / severe

Side Effects:

### Serious Reactions

respiratory depression

central sleep apnea

CNS depression

hypotension, severe

hepatotoxicity

agranulocytosis

thrombocytopenia

hypersensitivity rxn

anaphylaxis

skin rxn, severe

adrenal insufficiency

ICP increase

seizures

dependency

abuse

opioid induced androgen deficiency (long-term use)

withdrawal sx if abrupt D/C (long-term use)

nephropathy, analgesic - assoc. (chronic use)

## Common Reactions

lightheadedness  
dizziness  
sedation  
nausea  
vomiting  
constipation  
drowsiness  
psychomotor impairment  
rash  
pruritus

Warnings: Medication Error - Risk  
Addiction, Abuse, and Misuse  
Opioid Analgesic REMS  
Respiratory Depression  
Accidental Ingestion  
Neonatal Opioid Withdrawal Syndrome  
CYP450 3A4 Interaction  
Hepatotoxicity  
Risks From Concomitant Use w/  
Benzodiazepines, CNS Depressants