

Andrea Jackson. The Oaks.

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48] See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify ✓ Ativan Clozaril Depakote Haldol Invega Klonopin ✓ Lamictal Lithium Risperdal ✓ Seroquel Tripleptal Zyprexa	Advair Discus Atrovent ✓ Flonase ✓ Flovent Loratadine Proventil	Crestor Lipitor ✓ Zocor	Apidra Byetta Glucophage Glyburide Lantus ✓ Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax ✓	Colace ✓ Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol ✓ Tenormin	Flexeril ✓ Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

Per Penny. Original copies were lost do not need codes.

DMA Code #1 _____

DMA Code #2 _____

DMA Code #3 _____

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	by mouth
USES	Bipolar I disorder, manic/mixed, Schizophrenia
SIDE EFFECTS	Severe dizziness, Restlessness blurred vision Weight gain
WARNINGS	Sudden change in behavior or mood Suicidal thoughts

DRUG NAME	flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	5mg, 7.5mg 10mg
HOW TO TAKE	by mouth
USES	muscle Relaxer
SIDE EFFECTS	dry mouth dizziness heartburn + rash
WARNINGS	Thyroid disorder, heart block

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	10mg, 20mg, 40mg, 80mg,
HOW TO TAKE	by mouth
USES	TO Lower Cholesterol & trig Lower the risk of Heart Attack
SIDE EFFECTS	Muscle weakness diarrhea Joint pain Liver problems,
WARNINGS	difficulty breathing Swelling mouth, tongue or throat.

DRUG NAME	Lantus
GENERIC NAME	insulin glargine
DOSAGE RANGE	100 upens ^{units} / units Sliding scale per patient.
HOW TO TAKE	Injectable
USES	Lower blood sugar Type I + II Adults,
SIDE EFFECTS	rapid weight gain, Swelling in your feet Shortness in breath
WARNINGS	Redness Swelling @ injection site trouble breathing

DRUG NAME	TOPemax
GENERIC NAME	topiramate
DOSAGE RANGE	15 mg ^{spring water cap} 25mg / T&B 25mg 50mg 100mg 200mg
HOW TO TAKE	by mouth
USES	Seizures, migraine Headaches Sleep-related eating disorder
SIDE EFFECTS	Vision problems confusion, dehydration, nausea.
WARNINGS	Hives difficulty breathing, red purple skin Rash.

DRUG NAME	Toprol
GENERIC NAME	Toprol metoprolol succinate
DOSAGE RANGE	ER tab, 2mg, 5mg, Tab 2.5mg, 50mg, 100mg, 200mg
HOW TO TAKE	by mouth
USES	High blood pressure, angina, heart failure, migraine
SIDE EFFECTS	Very slow heart beat, dizziness, Tachycardia, Sleepiness
WARNINGS	Hives, Swelling face, mouth, tongue, lips, throat

DRUG NAME	Flonase
GENERIC NAME	fluticasone furoate nasal
DOSAGE RANGE	1-2 sprays each nostril
HOW TO TAKE	Nasal spray
USES	corticosteroid for relieving allergic rhinitis symptoms
SIDE EFFECTS	headache, nasal burning, nausea, vomiting, cough, nasal ulcer
WARNINGS	anaphylaxis, cataracts, adrenal suppression, glaucoma

DRUG NAME	Risperdal
GENERIC NAME	Risperidone
DOSAGE RANGE	Tab 0.25, 0.5mg, 1mg, 2mg, 3mg, 4mg, Sol 1mg per mL
HOW TO TAKE	by mouth
USES	bipolar I, schizophrenia, Tourette Syndrome
SIDE EFFECTS	fatigue, insomnia, nausea, URI, appetite increase
WARNINGS	Stroke, TIA, Seizures, diabetes, Syncope

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	2-11yr 50-150mg qd-bid prn 12-UP 50-300mg qd-bid prn
HOW TO TAKE	By mouth
USES	Stool softener
SIDE EFFECTS	diarrhea, rash, abdominal cramps, bitter taste
WARNINGS	None

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	0.5-5mg max 20mg/day
HOW TO TAKE	By mouth
USES	Anxiety, restless leg, confusion, arousal, Tourette's
SIDE EFFECTS	drowsiness, dizziness, fatigue, confusion, appetite change
WARNINGS	Respiratory distress, dependency, Seizures, Syncope