



# Medical Hands-On Training Checklist

Learner's Name:

Kim Howard

Hand Washing

Blood Pressure

Normal Blood Pressure Range:

90-160  
50-90

Pulse

Normal Pulse Range:

50-100

Respirations

Normal Respiration Range:

12-20

Temperature

Normal Temperature Range:

96-99

Weight

Measurement of Girth

Oxygen Saturation (Only to be completed per physician or nurse order)

Accu-Chek

Insulin Administration

Glucometer Use and Cleaning

Transfers (on an as-needed basis):

- Hoyer Lift
- Gait Belt
- Wheelchair Transfers

Feeding Tube

Foley Catheter Care

Colostomy

Jordan Bills, RN

Nurse

Kim Howard

Learner

1/13/22

Date

1-13-22

Date

This document is required to be uploaded into the Learner's LMS transcript as a component of DMA Certification.