

Tom

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify ✓ Ativan Clozaril Depakote Haldol ✓ Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent ✓ Flonase Flovent Loratadine Proventil	Crestor ✓ Lipitor Zocor	Apidra ✓ Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin ✓ Keppra Neurontin Topamax	Colace ✓ Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril ✓ Toprol Tenormin	Flexeril ✓ Motrin Norco ✓ Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 2022

DMA Code #2 0516

DMA Code #3 9221

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	5 to 300mg
HOW TO TAKE	By Mouth at Bed time
USES	Stool Softener
SIDE EFFECTS	Nausea, vomiting
WARNINGS	do not use if you have blockages

DRUG NAME	Lisinopril
GENERIC NAME	Qbrelis
DOSAGE RANGE	5mg / 40mg
HOW TO TAKE	By mouth once a day
USES	treat high blood pressure
SIDE EFFECTS	Cough, dizziness, headache
WARNINGS	Can cause serious liver problems

DRUG NAME	flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	10 - 60mg
HOW TO TAKE	By mouth
USES	Pain, stiffness
SIDE EFFECTS	dry mouth, dizziness
WARNINGS	agitation, hallucinations

DRUG NAME	halal
GENERIC NAME	haloperidol
DOSAGE RANGE	0.5mg to no more than 30mg/day
HOW TO TAKE	By mouth 2 or 3 times a day
USES	treat symptoms of tics, etc.
SIDE EFFECTS	dry mouth, increased saliva
WARNINGS	death in the elderly

DRUG NAME	Norco
GENERIC NAME	hydrocodone acetaminophen
DOSAGE RANGE	5mg / 325mg 1, 2 tab every 4-6 hours
HOW TO TAKE	by mouth 1 tab every 4-6 hours
USES	treat pain
SIDE EFFECTS	Nausea, vomiting, constipation
WARNINGS	high risk of addiction

DRUG NAME	abilify
GENERIC NAME	aripiprazole
DOSAGE RANGE	2-5 mg/day
HOW TO TAKE	With or without food
USES	treat schizophrenia bipolar disorder
SIDE EFFECTS	Dizziness, drowsiness, nausea
WARNINGS	heart burn constipation

DRUG NAME	Atrovent
GENERIC NAME	Ipratropium Bromide
DOSAGE RANGE	17 mcg/
HOW TO TAKE	inhale 1 puff hold breath for 10 Sec.
USES	control and prevent symptoms
SIDE EFFECTS	headache, dry mouth, cough
WARNINGS	eye pain chest tightness

DRUG NAME	crestor
GENERIC NAME	Rosuvastatin
DOSAGE RANGE	5mg, 10mg, 20mg, 40mg
HOW TO TAKE	Once a day at the same time
USES	high to treat high cholesterol
SIDE EFFECTS	Muscle pain weakness
WARNINGS	Severe muscle problems

DRUG NAME	apidra
GENERIC NAME	apidra Solo Star
DOSAGE RANGE	0.05 to 0.15 units/kg
HOW TO TAKE	15, 20 min before a meal
USES	treat diabetes
SIDE EFFECTS	Weight gain, Swelling
WARNINGS	rash, itching, trouble breathing

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin
DOSAGE RANGE	10-20 mg/ml
HOW TO TAKE	2 or 3 times a day, By mouth
USES	treat/prevent seizures
SIDE EFFECTS	Headache, drowsy, constipation
WARNINGS	Swelling or bleeding of the gums