

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

| Mental Illness<br>Anxiety Disorders  | Inhalers<br>Allergy / Asthma   | Hyperlipidemia<br>Statins  | Diabetes<br>Endocrine & Metabolic   |
|--|--|--|---|
| Abilify ✓<br>Ativan ✓<br>Clozaril<br>Depakote<br>Haldol<br>Invega<br>Klonopin<br>Lamictal<br>Lithium<br>Risperdal<br>Seroquel<br>Tripleptal<br>Zyprexa | Advair Discus<br>Atrovent<br>Flonase<br>Flovent<br>Loratadine<br>Proventil | Crestor ✓<br>Lipitor ✓<br>Zocor                                  | Apidra<br>Byetta<br>Glucophage<br>Glyburide<br>Lantus ✓<br>Levemir<br>Levothyroxine<br>Novolog<br>Synthroid |
| <b>Seizures</b>  | <b>Gastrointestinal Disorder<br/>Constipation</b>                          | <b>Blood Pressure Meds</b>                                       | <b>Pain &amp; Inflammation</b>  |
| Dilantin<br>Keppra ✓<br>Neurontin<br>Topamax   | Colace<br>Miralax ✓<br>Prilosec<br>Protonix<br>Zantac                      | HCTZ (hydrochlorothiazide)<br>Lisinopril<br>Toprol ✓<br>Tenormin | Flexeril<br>Motrin<br>Norco<br>Tylenol with Codeine<br>Ultram   |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 2202

0513

DMA Code #2 0513

DMA Code #3 0909

|              |   |
|--------------|---|
| DRUG NAME    | Lantus  |
| GENERIC NAME | insulin glargine  |
| DOSAGE RANGE | I/V: 0-100 vial 100 units per mL I/V: (SoloStar V100Pen) 100 units per mL |
| HOW TO TAKE  | Inject  |
| USES         | diabetes  |
| SIDE EFFECTS | hypersensitivity, hypoglycemia, hypokalemia                               |
| WARNINGS     | Caution if infection or illness   |

|              |   |
|--------------|---|
| DRUG NAME    | Ativan  |
| GENERIC NAME | Lorazepam                                     |
| DOSAGE RANGE | TAB: 0.5mg 1mg 2mg I/V: 2mg per mL 4mg per mL |
| HOW TO TAKE  | Oral, Inject                                  |
| USES         | Anxiety, insomnia, nausea chemo related       |
| SIDE EFFECTS | Apnea, respiratory failure, Abuse, Seizures   |
| WARNINGS     | Caution if pregnancy 3rd trimester            |

|              |                                    |
|--------------|------------------------------------|
| DRUG NAME    | Flonase                            |
| GENERIC NAME | Fluticasone furoate nasal          |
| DOSAGE RANGE | 1-2 actuations in each nostril     |
| HOW TO TAKE  | nasal                              |
| USES         | Allergies, rhinitis symptoms       |
| SIDE EFFECTS | hypersensitivity, Anaphylaxis      |
| WARNINGS     | Do not use if unhealed nasal wound |

|              |  |
|--------------|--|
| DRUG NAME    | Flexeril                                 |
| GENERIC NAME | Cyclobenzaprine                          |
| DOSAGE RANGE | TAB: 5mg, 7.5mg, 10mg ER CAP: 15mg, 30mg |
| HOW TO TAKE  | oral                                     |
| USES         | PAIN                                     |
| SIDE EFFECTS | Seizures, MI, Stroke, Anaphylaxis        |
| WARNINGS     | Caution if alcohol use                   |

|              |                                       |
|--------------|---------------------------------------|
| DRUG NAME    | NORCO                                 |
| GENERIC NAME | hydrocodone                           |
| DOSAGE RANGE | TAB: 5mg/325mg, 7.5/325mg, 10mg/325mg |
| HOW TO TAKE  | oral                                  |
| USES         | PAIN                                  |
| SIDE EFFECTS | Sleep Apnea, respiratory depression   |
| WARNINGS     | Caution if seizure disorder           |

|              |   |
|--------------|---|
| DRUG NAME    | Abilify   |
| GENERIC NAME | Aripiprazole  |
| DOSAGE RANGE | TAB: 2mg, 5mg, 10 mg, 15 mg, 20 mg, 30 mg           |
| HOW TO TAKE  | Oral  |
| USES         | Bipolar disorder, Tourette Syndrome, Antipsychotics |
| SIDE EFFECTS | hypersensitivity, stroke, hypotension               |
| WARNINGS     | Suicidalty, Dementia related psychosis              |

|              |  |
|--------------|--|
| DRUG NAME    | Keppra   |
| GENERIC NAME | Levetiracetam  |
| DOSAGE RANGE | TAB: 250mg - 1000 mg SOL: 100 mg per mL INJ: Various |
| HOW TO TAKE  | Oral, through tube, through needle                   |
| USES         | Seizures   |
| SIDE EFFECTS | depression, ho stility, Aggressive behavior          |
| WARNINGS     | Caution with pregnancy                               |

|              |  |
|--------------|--|
| DRUG NAME    | Lipitor  |
| GENERIC NAME | Atorvastatin                                     |
| DOSAGE RANGE | TAB: 10mg 20 mg 40 mg 80mg                       |
| HOW TO TAKE  | Oral   |
| USES         | Lower blood levels                               |
| SIDE EFFECTS | Muscle weakness, liver problems, Kidney problems |
| WARNINGS     | Do not take if pregnant                          |

|              |  |
|--------------|--|
| DRUG NAME    | Miralax                                |
| GENERIC NAME | Polyethylene Glycol 3350               |
| DOSAGE RANGE | 1 Capful/packet                        |
| HOW TO TAKE  | Mixed w/ water                         |
| USES         | Relieves constipation                  |
| SIDE EFFECTS | Nausea, Diarrhea, Abdominal distension |
| WARNINGS     | GI obstruction known or suspected      |

|              |  |
|--------------|--|
| DRUG NAME    | Toprol   |
| GENERIC NAME | Metoprolol Succinate                             |
| DOSAGE RANGE | TAB: 25mg 50mg 100 mg 200mg                      |
| HOW TO TAKE  | Oral   |
| USES         | Blood pressure                                   |
| SIDE EFFECTS | Angina, bradycardia                              |
| WARNINGS     | Caution if thyroid disorder, caution if diabetes |