

Carla Dorcely

**DMA TRAINING**

**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ] See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 0611

DMA Code #2 0925

DMA Code #3 0515

DRUG NAME	Zyprexa
GENERIC NAME	olanzapine
DOSAGE RANGE	10 mg/day
HOW TO TAKE	taken w/ or w/o food → taken by mouth
USES	treat psychotic conditions schizophrenia
SIDE EFFECTS	drowsiness, dizziness, light headedness, upset stomach
WARNINGS	constipation, increased appetite, weight gain

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	Adults - 25 to 50 mg
HOW TO TAKE	By mouth - w/ or w/o food
USES	Bipolar disorder, seizures
SIDE EFFECTS	<del>and</del> tiredness, drowsiness, dizziness, loss of coordination
WARNINGS	Excessive amount of acid in the bloodstream, death

DRUG NAME	Colace
GENERIC NAME	Docusate
DOSAGE RANGE	Adults - 50 to 300 mg daily
HOW TO TAKE	By mouth - w/ or w/o food
USES	treat occasional constipation
SIDE EFFECTS	stomach pain, diarrhea or cramping
WARNINGS	should not use if you have blockage in your intestines

DRUG NAME	Lisinopril
GENERIC NAME	Prinivil, Zestril
DOSAGE RANGE	10 mg once a day
HOW TO TAKE	By mouth - w/ or w/o food
USES	treat blood pressure and heart failure
SIDE EFFECTS	dizziness, lightheadedness, tiredness, headaches
WARNINGS	The heart and arteries may not function properly

DRUG NAME	Toprol
GENERIC NAME	Metoprolol
DOSAGE RANGE	100 mg/day
HOW TO TAKE	orally → with a meal or just after a meal
USES	high blood pressure, chest pain, and heart failure
SIDE EFFECTS	Depression, confusion, diarrhea, nightmares, dizziness
WARNINGS	Worsen symptoms of heart failure

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	2 to 6 mg/day
HOW TO TAKE	taken w/ or w/o food. By mouth.
USES	treatment of anxiety, insomnia or sleep difficulty
SIDE EFFECTS	drowsiness, dizziness, loss of coordination, headache, nausea
WARNINGS	drowsiness, dry mouth, weakness, heartburn

DRUG NAME	Depakote
GENERIC NAME	Divalproex Sodium
DOSAGE RANGE	15 mg/day
HOW TO TAKE	Taken by mouth, swallowed whole - taken w/ food
USES	Complex partial seizures, simple and complex absence <sup>see</sup>
SIDE EFFECTS	drowsiness, nausea, abdominal pain, diarrhea, vomiting
WARNINGS	Diarrhea, dizziness, drowsiness, hair loss, tremors

DRUG NAME	Lithium
GENERIC NAME	Lithium Carbonate
DOSAGE RANGE	Adults - 1,200 - 1,800 mg/day
HOW TO TAKE	swallow tablets whole w/ a drink. Taken w/ or w/o food
USES	treat and prevent episodes of mania
SIDE EFFECTS	headaches, vomiting, diarrhea, dry mouth
WARNINGS	muscle weakness, fatigue, change in heart rhythm

DRUG NAME	Risperdal
GENERIC NAME	Risperidone
DOSAGE RANGE	0.5 mg daily
HOW TO TAKE	once or twice a day w/ or w/o food
USES	treat certain mental/mood disorder
SIDE EFFECTS	drowsiness, dizziness, light-headedness, drooping
WARNINGS	can cause death

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	400 - 800 mg/day
HOW TO TAKE	1, 2, or 3 time per day with or w/o food
USES	To treat certain mental/mood conditions
SIDE EFFECTS	stroke, heart failure, fast heartbeat, pneumonia
WARNINGS	constipation, upset stomach, tiredness, blurred vision