

Tahjah Dixon

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
 See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 xmas

DMA Code #2 wnter

DMA Code #3 Cnft

DRUG NAME	Ativan
GENERIC NAME	lorazepam
DOSAGE RANGE	2-10 mg
HOW TO TAKE	tablet or injection
USES	anxiety, insomnia, pre-op sedation, nausea/vomiting
SIDE EFFECTS	irritability, dizziness, seizures, apnea chemo related
WARNINGS	avoid abrupt withdrawal, avoid alcohol use

DRUG NAME	Advair Discus
GENERIC NAME	fluticasone propionate / salmeterol inhaled
DOSAGE RANGE	1 puff
HOW TO TAKE	inhale
USES	asthma
SIDE EFFECTS	headache, nausea, tremor
WARNINGS	caution if diabetic, hyperthyroidism or seizure disorder

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	5-40 mg
HOW TO TAKE	tablet by mouth
USES	muscle relaxant, fibromyalgia
SIDE EFFECTS	fatigue, blurred vision
WARNINGS	arrhythmias, caution in elderly pts,

DRUG NAME	Seroquel
GENERIC NAME	quetiapine
DOSAGE RANGE	25mg 50mg 100mg 200mg 300mg 400mg
HOW TO TAKE	✓ tablet by mouth
USES	Schizophrenia, bipolar disorder, generalized anxiety
SIDE EFFECTS	dizziness, nausea weight gain
WARNINGS	

DRUG NAME	Crestor
GENERIC NAME	rosuvastatin
DOSAGE RANGE	5-40 mg
HOW TO TAKE	by mouth
USES	hypercholesterolemia, mixed dyslipidemia
SIDE EFFECTS	headache, myalgia, nausea, tendon rupture
WARNINGS	caution if pt is 65 or older

DRUG NAME	Flonase
GENERIC NAME	Fluticasone propionate nasal
DOSAGE RANGE	1-2 st activations in each nostril 50 mcg
HOW TO TAKE	Spray in nostril
USES	relieving allergic rhinitis
SIDE EFFECTS	cough, dizziness, adrenal suppression
WARNINGS	caution if cataracts

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin
DOSAGE RANGE	30mg 100mg 50mg 125mg per 5ml
HOW TO TAKE	capsule, chewable, IV
USES	seizure disorder
SIDE EFFECTS	anaphylaxis, rash, tremor
WARNINGS	caution if pregnant, caution elderly pts

DRUG NAME	Toprol
GENERIC NAME	metoprolol succinate
DOSAGE RANGE	25mg 50mg 100mg 200mg
HOW TO TAKE	by mouth
USES	Angina, migraine
SIDE EFFECTS	fatigue, rash, depression, heart block, hepatitis
WARNINGS	caution in elderly pts

DRUG NAME	Byetta
GENERIC NAME	exenatide
DOSAGE RANGE	5-10 mcg
HOW TO TAKE	injection
USES	diabetes
SIDE EFFECTS	hypoglycemia, acute kidney injury
WARNINGS	caution if renal transplant, caution if pancreatitis risk

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	reduce pain and inflammation, fever
HOW TO TAKE	by mouth
USES	200mg
SIDE EFFECTS	fluid retention, tinnitus, stroke
WARNINGS	caution if trying to conceive, caution if dehydrated