

Janie Kniss

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

| Mental Illness Anxiety Disorders | Inhalers Allergy / Asthma | Hyperlipidemia Statins | Diabetes Endocrine & Metabolic |
|--|--|--|---|
| Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa | Advair Discus Atrovent Flonase Flovent Loratadine Proventil | Crestor Lipitor Zocor | Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid |
| | | | |
| Seizures | Gastrointestinal Disorder Constipation | Blood Pressure Meds | Pain & Inflammation |
| Dilantin Keppra Neurontin Topamax | Colace Miralax Prilosec Protonix Zantac | HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin | Flexeril Motrin Norco Tylenol with Codeine Ultram |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 9574

DMA Code #2 5238

DMA Code #3 1763

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|--------------|--|
| DRUG NAME | Concerta / Ritalin |
| GENERIC NAME | Methylphenidate |
| DOSAGE RANGE | for ER 10-20mg BID OR 18-72mg / day |
| HOW TO TAKE | by mouth |
| USES | ADHD, narcolepsy |
| SIDE EFFECTS | nervousness, insomnia, anorexia, abdominal pain, |
| WARNINGS | Black box - abuse + dependence. nausea |

| | |
|--------------|--|
| DRUG NAME | Ativan |
| GENERIC NAME | lorazepam |
| DOSAGE RANGE | 2-6mg BID, MAX 10mg / day |
| HOW TO TAKE | by mouth, IM injection, IV |
| USES | anxiety, insomnia |
| SIDE EFFECTS | Sedation, dizziness, drowsiness, confusion |
| WARNINGS | Black box - addiction, abuse, misuse |

| | |
|--------------|---|
| DRUG NAME | Risperdal |
| GENERIC NAME | risperidone |
| DOSAGE RANGE | 1-4mg max 16mg / day |
| HOW TO TAKE | by mouth |
| USES | irritability - autistic disorder related, Schizophrenia |
| SIDE EFFECTS | appetite increase, fatigue, rhinitis, nausea, cough, gynec mastia |
| WARNINGS | Black box - not approved for dementia related psychosis. |

| | |
|--------------|---|
| DRUG NAME | Trileptal |
| GENERIC NAME | oxcarbazepine |
| DOSAGE RANGE | 300-600mg / day |
| HOW TO TAKE | by mouth |
| USES | partial seizures |
| SIDE EFFECTS | hyponatremia, dizziness, headache, nausea, fatigue. |
| WARNINGS | avoid abrupt withdrawal |

| | |
|--------------|--|
| DRUG NAME | Zyprexa |
| GENERIC NAME | olanzapine |
| DOSAGE RANGE | 5-20mg / day, MAX 20mg / day |
| HOW TO TAKE | by mouth |
| USES | depression, bipolar disorder, agitation. |
| SIDE EFFECTS | weight gain, drowsiness, appetite increase, headache, |
| WARNINGS | Black box - not approved for dementia related psychosis. |

| | |
|--------------|--|
| DRUG NAME | Claritin |
| GENERIC NAME | loratadine |
| DOSAGE RANGE | 10mg 1 day as needed |
| HOW TO TAKE | by mouth. |
| USES | allergy, Symptoms, Chronic idiopathic Urticaria. |
| SIDE EFFECTS | drowsiness, headache, dry mucous membranes, diarrhea |
| WARNINGS | Caution if hepatic impairment. |

| | |
|--------------|---|
| DRUG NAME | Synthroid |
| GENERIC NAME | levothyroxine |
| DOSAGE RANGE | 50-200mg 1 day, MAX 300mg/day |
| HOW TO TAKE | by mouth |
| USES | hypothyroidism |
| SIDE EFFECTS | palpitations, appetite increase, tachycardia, nervousness |
| WARNINGS | black box - not for obesity/weight loss. |

| | |
|--------------|---|
| DRUG NAME | Prozac |
| GENERIC NAME | fluoxetine |
| DOSAGE RANGE | 20-80mg 1 day max 80mg 1 day |
| HOW TO TAKE | by mouth |
| USES | depression, OCD, bipolar disorder, Panic disorder |
| SIDE EFFECTS | depression exacerbation, insomnia, nausea, headache |
| WARNINGS | black box - may increase suicide risks in teens & young adults. |

| | |
|--------------|---|
| DRUG NAME | Catapres |
| GENERIC NAME | clonidine |
| DOSAGE RANGE | 0.1 - 0.4 mg BID, MAX 2.4mg/day |
| HOW TO TAKE | by mouth |
| USES | hypertension, ADHD |
| SIDE EFFECTS | headache, hypotension, drowsiness, abdominal pain |
| WARNINGS | monitor blood pressure. |

| | |
|--------------|---|
| DRUG NAME | Klonopin |
| GENERIC NAME | clonazepam |
| DOSAGE RANGE | 0.25 - 0.5 mg TID, MAX 4mg/day |
| HOW TO TAKE | by mouth |
| USES | Seizure disorder, Panic disorder, anxiety. |
| SIDE EFFECTS | drowsiness, dizziness, fatigue, confusion, depression |
| WARNINGS | black box - addiction, abuse, + misuse. |