

**DMA TRAINING**  
**LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
 See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 0327

DMA Code #2 1014

DMA Code #3 2021

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg <del>200mg</del> 5mg 10mg 15mg 20mg 30mg
HOW TO TAKE	Pill or Injection
USES	Bipolar, Schizophrenia
SIDE EFFECTS	Weight Gain, Restlessness, Sleepiness, Stroke
WARNINGS	Suicidal thoughts in Kid Pts w/dementia High Risk of Death

DRUG NAME	Flonase
GENERIC NAME	Fluticasone
DOSAGE RANGE	50mcg
HOW TO TAKE	1 to 2 sprays in each nostrils once a day
USES	Treat Nasal congestion sneezing, Runny nose
SIDE EFFECTS	Hives Rash Light headed Swelling face Lips tongue
WARNINGS	May lower blood cells that help fight infections

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10 to 80mg
HOW TO TAKE	By mouth
USES	To treat "bad" Cholesterol Lower or Raise good Cholesterol
SIDE EFFECTS	diarrhea upset stomach muscle and Joint Pain
WARNINGS	Do not eat Grapefruit or drink Do not use if pregnant

DRUG NAME	Levothyroxine
GENERIC NAME	Levothroid, Levoxyl, Synthroid, Unithroid, Tirosint
DOSAGE RANGE	
HOW TO TAKE	Oral 30 to 60 mins before breakfast and w/ 8 ounces water
USES	to treat an underactive thyroid
SIDE EFFECTS	fast or irregular heart beat, Chest Pain Shortness of breath
WARNINGS	Don't take if taking weight loss meds Dangerous side effects or death if misused

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin Sodium
DOSAGE RANGE	100mg to 300mg
HOW TO TAKE	by mouth 2 or 3 times a day or as directed
USES	to control control Seizures
SIDE EFFECTS	Acute confusion Excitement Cns toxicity headache
WARNINGS	don't take w/antacid take with Plenty of water

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	50mg - 150mg
HOW TO TAKE	By mouth
USES	To treat constipation
SIDE EFFECTS	Rash, Itching, Severe dizziness Trouble breathing
WARNINGS	Do not use if you have a blockages or while sick w/nausea, vomiting or severe stomach pain

DRUG NAME	Lisinopril
GENERIC NAME	Prinivil, Zestril, Qbrelis
DOSAGE RANGE	10mg to 20mg
HOW TO TAKE	by mouth
USES	Hypertension, Acute myocardial Infraction Chronic Heart Failure
SIDE EFFECTS	Dizziness, headache, Cough fainting, high Potassium
WARNINGS	Donot take if Pregnant may make you dizzy Caution while driving may cause liver problems

DRUG NAME	Toprol
GENERIC NAME	Kapspargo Sprinkle
DOSAGE RANGE	Chronic heart failure, Hypertension, Anginal pain in <sup>Coronary artery disease</sup>
HOW TO TAKE	by mouth
USES	Chest pain, heart failure, high blood Pressure
SIDE EFFECTS	Abnormal sexual function, Depression Bradycardia Drowsy
WARNINGS	may cause dizziness and drowsiness Alcohol and Pot may intensify this effect

DRUG NAME	Ultram
GENERIC NAME	tramadol
DOSAGE RANGE	up to 400mg daily
HOW TO TAKE	by mouth
USES	help relieve moderate to moderately severe pain
SIDE EFFECTS	Dizziness, Insomnia, Constipation
WARNINGS	Do not breathal drowsiness dizziness Donot Chew or Crush

DRUG NAME	Norco
GENERIC NAME	Lortab, Vicodin
DOSAGE RANGE	<del>50mg</del> 300/50mg
HOW TO TAKE	by mouth
USES	Pain
SIDE EFFECTS	Hypotension, Drowsy, Syncope, Dizziness
WARNINGS	can cause Addiction, overdose or death