

Sheila

### DMA TRAINING LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 3225

DMA Code #2 8044

DMA Code #3 4721

DRUG NAME	Synthroid
GENERIC NAME	Letrothyroxine
DOSAGE RANGE	Tab 25mcg - 300mcg
HOW TO TAKE	1.6mg PO AD, give on empty stomach
USES	To treat thyroid
SIDE EFFECTS	sweating, Headache
WARNINGS	May cause Tiredness, diarrhea

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	15mg - 200mg
HOW TO TAKE	Can be taken with or without food, By mouth
USES	To treat seizures
SIDE EFFECTS	Tiredness, dizziness, loss of appetite
WARNINGS	Blurred vision, feeling nervous, nausea

DRUG NAME	Miralax
GENERIC NAME	Polyethylene glycol 3350
DOSAGE RANGE	0.2 - 0.8g
HOW TO TAKE	mix in water and drink
USES	Relieving constipation
SIDE EFFECTS	cramping, Diarrhea
WARNINGS	Electrolyte disorders (prolonged or excessive use)

DRUG NAME	Tenormin
GENERIC NAME	Atenolol
DOSAGE RANGE	25mg - 100mg
HOW TO TAKE	check Blood Pressure
USES	Treats High Blood Pressure
SIDE EFFECTS	fatigue, Lethargy, drowsiness
WARNINGS	Avoid abrupt cessation

DRUG NAME	Norco
GENERIC NAME	Hydrocodone
DOSAGE RANGE	5mg - 10mg tabs
HOW TO TAKE	measure liquid medicine using dosing syringe
USES	To relieve moderate to severe pain
SIDE EFFECTS	vomiting, drowsiness, rash, constipation
WARNINGS	Addiction, Respiratory Depression

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	Tab 0.5mg-2mg    IV 2mg-4mg
HOW TO TAKE	swallow the extended-release capsule do not crush, Measure the oral
USES	Treats Anxiety Disorders
SIDE EFFECTS	Confusion, urinary retention, hypotension
WARNINGS	Risks from concomitant, Addiction

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	Tab 0.5mg - 1mg - 2mg
HOW TO TAKE	Place tablet in mouth and allow it to dissolve, without chewing
USES	Treat panic disorder, certain seizure disorders.
SIDE EFFECTS	impaired coordination, drowsiness, confusion
WARNINGS	Exposure to Addiction, dependence & withdrawal Reactions

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	5mg, 10mg, 20mg, 40mg 80mg
HOW TO TAKE	Take oral suspension on an empty stomach.
USES	used together with diet to lower blood levels, lower risk of stroke.
SIDE EFFECTS	vertigo, nausea, Headache, VTI, insomnia
WARNINGS	N/A

DRUG NAME	Flonase
GENERIC NAME	Fluticasone propionate nasal
DOSAGE RANGE	2 actuations - 4 actuations
HOW TO TAKE	Spray in each nostril
USES	corticosteroid for relieving allergic rhinitis symptoms
SIDE EFFECTS	Headache, vomiting, nasal burning, dizziness
WARNINGS	N/A

DRUG NAME	<del>Lipitor</del> Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10mg, 20mg, 40mg, 80mg
HOW TO TAKE	Take at same time each day with or without food
USES	treats high cholesterol,
SIDE EFFECTS	muscle spasms, insomnia, VTI, diarrhea
WARNINGS	Acute renal failure