

Diane Bodiford

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
 See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 _____

DMA Code #2 _____

DMA Code #3 _____

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	Tablet = 5mg - 7.5mg - 10mg, capsule = 15mg, 30mg
HOW TO TAKE	By mouth mouth
USES	muscle relaxant
SIDE EFFECTS	drowsiness, dry mouth, dizziness
WARNINGS	Heart block, heart failure, Heart Attack

DRUG NAME	motrin
GENERIC NAME	1 Ibuprofen
DOSAGE RANGE	Tablet 100mg - 200mg - 400mg - 600mg
HOW TO TAKE	By mouth
USES	Pain reliever - Severe headache
SIDE EFFECTS	upset stomach - Nausea Vomiting
WARNINGS	Vision change = shortness of breath

DRUG NAME	Norco
GENERIC NAME	Hydrocodone lacc taminoher
DOSAGE RANGE	Norco 5/325, Norco 7.5/325, Norco 10/325
HOW TO TAKE	By mouth
USES	relieve moderate to severe pain
SIDE EFFECTS	Nausea, vomiting - constipation
WARNINGS	slow or stop breathing

DRUG NAME	Tylenol with codeine
GENERIC NAME	Hydrocodone lacc
DOSAGE RANGE	norco 5/325, 7.5/325, 10/325
HOW TO TAKE	By mouth
USES	relieve moderate to severe pain
SIDE EFFECTS	Nausea - vomiting - constipation
WARNINGS	slow or stop breathing

DRUG NAME	Ultram
GENERIC NAME	Tramadol
DOSAGE RANGE	50mg - 100mg
HOW TO TAKE	By mouth
USES	moderate to severe pain
SIDE EFFECTS	Nausea - Vomiting Constipation
WARNINGS	abnormal or decreased touch = sensation

blurred vision blood in urine

DRUG NAME	H C O T Z
GENERIC NAME	Hydrochlorothiazide
DOSAGE RANGE	25mg to 100mg
HOW TO TAKE	By mouth
USES	to treat fluid retention, Edema
SIDE EFFECTS	weakness, severe pain, fever
WARNINGS	Dry mouth, thirst, confusion

DRUG NAME	Lisinopril
GENERIC NAME	Prinivil
DOSAGE RANGE	tablet 2.5mg - 5mg - 10mg - 20mg
HOW TO TAKE	By mouth
USES	treat high blood pressure, heart failure
SIDE EFFECTS	cough - dizziness, headache
WARNINGS	liver damage

DRUG NAME	Toprol
GENERIC NAME	metoprolol
DOSAGE RANGE	100mg - no more than 400mg A Day
HOW TO TAKE	By mouth
USES	treat angina, chest pain
SIDE EFFECTS	slow heart beat, shortness of breath, swelling
WARNINGS	dilated neck veins - chest pain

DRUG NAME	Topormin
GENERIC NAME	Atenolol
DOSAGE RANGE	tablet 25mg - 50mg - 100mg
HOW TO TAKE	By mouth
USES	Angina and hypertension
SIDE EFFECTS	dizziness, light headedness, nausea, ^{blood} pressure
WARNINGS	if chronic heart disease may be exacerbated after abrupt withdrawal

DRUG NAME	Abilify
GENERIC NAME	aripiprazole
DOSAGE RANGE	10-15 mg Each Day
HOW TO TAKE	By mouth
USES	certain mental mood disorder
SIDE EFFECTS	movement disorder, constipation, Nausea
WARNINGS	Dementia