

Med Rm Every 3 residents - Wash hands

Learner's Name: Julie Welp

- Hand Washing 20 sec. Warm
- Blood Pressure 90-160
Normal Blood Pressure Range: _____
- Pulse 50-90
Normal Pulse Range: 50-100 Radial pulse 60 sec.
- Respirations 12-20 min
Normal Respiration Range: _____ Chest rise - fall
- Temperature 96-99 °F
Normal Temperature Range: _____
- Weight 10 lbs change ↑↓ ER report
- Measurement of Girth
- Oxygen Saturation (Only to be completed per physician or nurse order) Pulse ox - have request 92% Dr / Nurse
- Wong Baker Chart & FLACC Scale 0 - 10 pain check
- Insulin Administration side of finger - poking - alcohol finger first
- SubQ Injections sliding scale set dial poke put on test strip in machine
- Accu-Chek (Glucometer Testing) prime 2
- Glucometer Use and Cleaning set again

verifying
6 steps
and staff verification
right dose
right person
insulin vial upside down
lean w/ alcohol
roll back to
x 10 and
lick with
fingers
it in skin
spread skin
or pinch
alcohol
swab first
90° angle
inject

- Transfers (on an as-needed basis):
 - Hoyer Lift always 2nd person
 - Gait Belt order for it
 - Wheelchair Transfers lock wheels
 - Feeding Tube sitting up
 - Foley Catheter Care Band at knee
 - Colostomy clean it empty bag Bed at hip level
- Glucometer one for each person
Always clean Glucometer
Tell nurse or Shavida if used glucometer on resident - Home needs another one.

Kadlynn Taylor RN
Nurse

12-09-2021
Date

Julie Welp
Learner

12-09-2021
Date

This document is required to be uploaded into the Learner's LMS transcript as a component of DMA Certification.