

Kyan Johnson

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 4582

DMA Code #2 8435

DMA Code #3 9001

DRUG NAME	Gabapentin
GENERIC NAME	Neurontin
DOSAGE RANGE	300mg
HOW TO TAKE	orally
USES	seizure prevention/control
SIDE EFFECTS	drowsiness, blurred/double vision
WARNINGS	Do not drive/operate heavy machinery

DRUG NAME	Cyclobenzaprine
GENERIC NAME	Flexeril
DOSAGE RANGE	7.5-10mg
HOW TO TAKE	orally
USES	treats pain/muscle stiffness
SIDE EFFECTS	drowsiness, dizziness, dry mouth
WARNINGS	Avoid alcohol

DRUG NAME	Atenolol
GENERIC NAME	Tenormin
DOSAGE RANGE	50-100mg
HOW TO TAKE	orally
USES	beta blocker - treats high BP / chest pain
SIDE EFFECTS	dizziness, nausea
WARNINGS	Do not drive.

DRUG NAME	Atorvastatin
GENERIC NAME	Lipitor
DOSAGE RANGE	20mg/day
HOW TO TAKE	orally
USES	high cholesterol management
SIDE EFFECTS	memory loss
WARNINGS	

DRUG NAME	Topiramate Topiramate
GENERIC NAME	Topamax
DOSAGE RANGE	25-200mg
HOW TO TAKE	orally
USES	nerve pain / anticonvulsant / migraines
SIDE EFFECTS	eye problems, weight loss
WARNINGS	avoid alcohol.

DRUG NAME	divalproex sodium
GENERIC NAME	depaikote
DOSAGE RANGE	125mg, 250mg, 500mg
HOW TO TAKE	orally
USES	seizures, bipolar disorders, migraines
SIDE EFFECTS	chewiness, hair loss
WARNINGS	caution if head injury

DRUG NAME	loratadine
GENERIC NAME	claritin
DOSAGE RANGE	5mg - 10mg
HOW TO TAKE	orally
USES	itchy, runny nose, watery eyes
SIDE EFFECTS	rash, itching, swelling
WARNINGS	avoid alcohol drinking

DRUG NAME	levothyroxine
GENERIC NAME	synthroid
DOSAGE RANGE	20mg
HOW TO TAKE	oral
USES	thyroid management
SIDE EFFECTS	hair loss
WARNINGS	mood swings, seizures

DRUG NAME	Albuterol
GENERIC NAME	proventil
DOSAGE RANGE	2 puffs
HOW TO TAKE	inhaler
USES	bronchospasm treatment
SIDE EFFECTS	nervousness, headaches, nausea
WARNINGS	dizziness / don't use alcohol or marijuana

DRUG NAME	phenytoin
GENERIC NAME	Dilantin
DOSAGE RANGE	20mg
HOW TO TAKE	tablet, chewable - orally
USES	seizure prevention
SIDE EFFECTS	headaches, nausea, vomiting
WARNINGS	dizzy / unsteady - Do not drive.