

*Kydhiana Champaw*

**DMA TRAINING  
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

<b>Mental Illness Anxiety Disorders</b>	<b>Inhalers Allergy / Asthma</b>	<b>Hyperlipidemia Statins</b>	<b>Diabetes Endocrine &amp; Metabolic</b>
Abilify Ativan Clozaril Depakote Haldol Invega • Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	• Advair Discus Atrovent • Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir • Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra • Neurontin Topamax	Colace • Miralax Prilosec Protonix • Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril • Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 0211

DMA Code #2 0925

DMA Code #3 0515

DRUG NAME	Lorazepam
GENERIC NAME	Ativan
DOSAGE RANGE	Tab: 0.5mg, 1mg, 2mg; INJ; 2mg per mL, 4mg per mL
HOW TO TAKE	PO (by mouth)
USES	relieve anxiety
SIDE EFFECTS	drowsiness, confusion, sleep problems, weakness
WARNINGS	risks from concomitant opioid use, addiction, abuse & misuse.

DRUG NAME	Aripiprazole
GENERIC NAME	Abilify
DOSAGE RANGE	Tab: 2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	PO (by mouth) (with or without food)
USES	Schizophrenia
SIDE EFFECTS	headache, weight gain, anxiety, nausea, vomiting
WARNINGS	caution if dementia-related psychosis.

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	CAP: 100mg, 300mg, 400mg; TAB: 600mg, 800mg; SOL: 50mg per mL
HOW TO TAKE	PO (by mouth) TID (3x a day)
USES	Epileptic seizures and relieve pain
SIDE EFFECTS	drowsiness, dizziness, tiredness, blurred/double vision
WARNINGS	Avoid alcohol use, avoid abrupt withdrawal

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	Tab: 0.5mg, 1mg, 2mg
HOW TO TAKE	PO (by mouth) dissolve tablet TID (3x a day)
USES	panic disorder
SIDE EFFECTS	depression, sleep disturbances, unsteadiness
WARNINGS	Dependence and withdrawal reactions

DRUG NAME	Advair Discus
GENERIC NAME	Fluticasone propionate/salmeterol inhaled
DOSAGE RANGE	DPI: 100mcg/50mcg per blister, 250mcg/50mcg, 500mcg/50mcg
HOW TO TAKE	1 inhalation twice daily by the oral inhaled route.
USES	COPD (Chronic obstructive pulmonary disease)
SIDE EFFECTS	diarrhea, stomach upset, upper RTI, headaches
WARNINGS	caution if osteoporosis, caution if seizure disorder

DRUG NAME	Flonase Allergy Relief
GENERIC NAME	Fluticasone Propionate nasal
DOSAGE RANGE	1-2 actuations in each nostril qd
HOW TO TAKE	nozzle goes into nose (exhale through mouth)
USES	Corticosteroid for relieving allergic rhinitis symptoms
SIDE EFFECTS	headache, back pain, sore throat, sneezing, cough
WARNINGS	caution if TB infection, caution if glaucoma

DRUG NAME	Levothyroxine
GENERIC NAME	Levothyroxine sodium
DOSAGE RANGE	TAB: 25mcg, 50mcg, 75mcg, 88mcg, 100mcg, 112mcg, 125mcg, etc.
HOW TO TAKE	PO (by mouth) 1x a day on empty stomach.
USES	underactive thyroid gland
SIDE EFFECTS	weight gain/loss,
WARNINGS	Not for obesity/weight loss

DRUG NAME	Miralax
GENERIC NAME	polyethylene glycol 3350
DOSAGE RANGE	1 capful or pkt PO qd prn
HOW TO TAKE	drink / use once a day - no more than 7 days.
USES	Osmotic laxative for relieving constipation
SIDE EFFECTS	nausea, abdominal cramping, or gas.
WARNINGS	caution if renal impairment, elderly pts

DRUG NAME	Zantac 360 Original Strength
GENERIC NAME	Famotidine
DOSAGE RANGE	1 tab PO qd-bid prn; MAX: 2 tabs/24h
HOW TO TAKE	1 tab by mouth (PO) with glass of water 30-60 mins before eating
USES	H <sub>2</sub> antagonist for preventing & relieving heartburn
SIDE EFFECTS	nausea, <del>abdominal cramping</del> , <sup>dizziness, fatigue,</sup> gas, increased sweating, insomnia
WARNINGS	caution if renal impairment

DRUG NAME	Motrin IB
GENERIC NAME	Ibuprofen
DOSAGE RANGE	1-2 tabs/caps PO q4-6h prn; MAX: 6 tabs or caps/24h
HOW TO TAKE	1 cap every 4 to 6 hrs; MAX: 6 caplets in 24hr
USES	NSAID for reducing pain/inflammation, fever
SIDE EFFECTS	upset stomach, nausea, vomiting, headache
WARNINGS	caution if stroke hx, caution in elderly pts