

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 3225

DMA Code #2 8044

DMA Code #3 4721

DRUG NAME	Sundroid
GENERIC NAME	Methoxyroxine
DOSAGE RANGE	Tab 25mg - 300mg
HOW TO TAKE	1.6mg po ad, give on empty stomach
USES	To for treat thyroid
SIDE EFFECTS	Fever, Sweating, Headache
WARNINGS	Tiredness diarrhea

DRUG NAME	Sundroid Sundroid Topamax
GENERIC NAME	Levet Topiramate
DOSAGE RANGE	15mg - 200mg
HOW TO TAKE	po
USES	SE po to treat seizures
SIDE EFFECTS	Tiredness, dizziness, loss of
WARNINGS	Rapid breathing appetite

DRUG NAME	Miralax
GENERIC NAME	po polyethylene glycol 3350
DOSAGE RANGE	0.2 + 0.8g
HOW TO TAKE	po ad
USES	relieving constipation
SIDE EFFECTS	gas, upset stomach, bloating
WARNINGS	Do not use if you have allergic reaction to polyethylene glycol

DRUG NAME	Tenormin
GENERIC NAME	Chenolo
DOSAGE RANGE	25mg - 100mg
HOW TO TAKE	po with or without food 1-2x daily
USES	Treat high blood pressure
SIDE EFFECTS	Dizziness, nausea, tiredness
WARNINGS	This drug make you dizzy

DRUG NAME	Norco
GENERIC NAME	Hydrocodone
DOSAGE RANGE	Tab 5-mg - 10mg
HOW TO TAKE	2.5mg po q4-6h PRN
USES	To relieve moderate to severe pain
SIDE EFFECTS	drowsiness, headache, dry mouth
WARNINGS	Do not take if you have severe asthma

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	Tab - 0.5mg - 2mg 1 NS - 2mg - 4mg
HOW TO TAKE	Syringe or by mouth
USES	2-6 mg day
SIDE EFFECTS	Allergic reaction, hives difficulty breathing
WARNINGS	Abnormal changes in mood thoughts of suicides

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	Tab 0.5 mg - 2mg 1mg 2mg
HOW TO TAKE	by mouth by mouth
USES	0.5-2 mg day 0.5-2
SIDE EFFECTS	Sleep walking burning mouth syndrome
WARNINGS	8 abuse and addiction

DRUG NAME	Flonase
GENERIC NAME	Fluticasone propionate nasal
DOSAGE RANGE	50 mcg 2 times each nostril 50 mcg/Spray
HOW TO TAKE	2 actuation each nostril
USES	Shake nasal spray each nostril 1-2 spray
SIDE EFFECTS	bleed nose/ lower blood that help body fight infections
WARNINGS	9 eye pain Face pain

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	5-40 mg/day
HOW TO TAKE	By mouth
USES	Risk of stroke, heart attack SE
SIDE EFFECTS	Risk of stroke heart fail
WARNINGS	muscle pain

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10mg - 80mg
HOW TO TAKE	1 tablet by mouth (PO) qd
USES	Treat high cholesterol
SIDE EFFECTS	Headaches, nausea, diarrhea
WARNINGS	Do not take Lipitor if you are allergic to atorvastatin