

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote ✓ Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus ✓ Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus ✓ Levemir Levothyroxine ✓ Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec ✓ Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril ✓ Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1980

DMA Code #2 2001

DMA Code #3 1949

DRUG NAME	Depakote
GENERIC NAME	Divalproex Sodium
DOSAGE RANGE	125mg, 250mg, 500mg
HOW TO TAKE	Swallow whole or sprinkle onto food. Do not chew the sprinkle content
USES	Bipolar Disorder, acute Manic, partial seizures, migraine prophylaxis
SIDE EFFECTS	Diarrhea, dizziness, drowsiness, hair loss, blurred/double vision, shakiness
WARNINGS	Hepatotoxicity, Fetal Risk, Pancreatitis

DRUG NAME	Aduair Diskus
GENERIC NAME	Fluticasone /salmeterol
DOSAGE RANGE	100mcg/50mcg per blister, 250mcg/50mcg, 500mcg/50mcg per blister
HOW TO TAKE	A level, flat position, Lever firmly clicks into place, hold for 10 secs then let out.
USES	COPD, asthma.
SIDE EFFECTS	Fungal infection in mouth or throat, weakened immune system.
WARNINGS	Chest pain, fast or irregular heartbeats, Fever, Chills, Shortness of breath

DRUG NAME	Levothyroxine
GENERIC NAME	Synthroid
DOSAGE RANGE	13mcg - 300mcg - INJ: various
HOW TO TAKE	Oral - Swallow tab whole - Measure liquid medicine carefully
USES	used to treat hypothyroidism (low thyroid hormone)
SIDE EFFECTS	fever, hot flashes, sweating, fast or irregular heartbeats, tremors
WARNINGS	larger doses may cause serious or life-threatening toxicity.

DRUG NAME	Prilosec
GENERIC NAME	Omeprazole
DOSAGE RANGE	10mg, 20mg, 40mg
HOW TO TAKE	exactly as directed on the label or as prescribed by your doctor
USES	treat symptoms of gastroesophageal disease or stomach acid
SIDE EFFECTS	Diarrhea that is watery or bloody. seizure, pain in wrist, thigh, hip or back
WARNINGS	long-term use could cause serious kidney problems.

DRUG NAME	Lisinopril
GENERIC NAME	Prinivil, Zestril
DOSAGE RANGE	2.5mg, 5mg, 10mg, 20mg, 30mg and 40mg
HOW TO TAKE	with or without food, Drink plenty of water, measure liquid carefully.
USES	Treat high blood pressure and heart failure. After heart attack, in ^{diabetic} kidney disease
SIDE EFFECTS	fever or sore throat. high Potassium, kidney problems, headache, chest Pain
WARNINGS	fetal/neonatal morbidity/mortality may occur.

DRUG NAME	Ultram Lantus
GENERIC NAME	Basaglar
DOSAGE RANGE	INS (solostar U-100pen): 100 units per ML; INS (U-100vial
HOW TO TAKE	Insulin glargine is injected under the skin
USES	used to improve blood sugar control in people with diabetes mellitus
SIDE EFFECTS	rapid weight gain, itching, mild skin rash, shortness of breath, low Potassium
WARNINGS	Food interaction, Allergy, Thiazolidinediones

DRUG NAME	Synthroid Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	Swallow +
USES	treat the symptoms of psychotic conditions, schizophrenia + bipolar I
SIDE EFFECTS	severe agitation, distress, or restless feeling twitching, seizure, low blood cell counts
WARNINGS	incr. suicidality risk in children, adolescents, + young adults.

DRUG NAME	Loratadine
GENERIC NAME	Claritin
DOSAGE RANGE	10mg; ODT: 10mg; SOL: 1mg per ml
HOW TO TAKE	Do not crush, chew or break, measure liquid with dosing syringe.
USES	to treat sneezing, runny nose, watery eyes, hives, skin rash, itching.
SIDE EFFECTS	fast or uneven heart rate, feeling tired or drowsy, dry mouth, stomach pain.
WARNINGS	may cause confusion, nervousness,

DRUG NAME	Zyprexa
GENERIC NAME	Olanzapine
DOSAGE RANGE	2.5mg, 5mg, 7.5mg, 10mg, 15mg, 20mg. INS: 5mg per ML
HOW TO TAKE	Injected into a muscle. Given in a clinic or hospital
USES	treat symptoms of Schizophrenia in adults
SIDE EFFECTS	confusion, anxiety, feeling angry or hostile, severe dizziness, drowsiness, weakness
WARNINGS	Not approved for dementia-related psychosis.

DRUG NAME	Toprol - XL
GENERIC NAME	metoprolol succinate.
DOSAGE RANGE	ER Tab: 25mg, 50mg, 100mg, 200mg 200mg.
HOW TO TAKE	taken with a meal or after. Do not crush, chew, break or open it.
USES	treat angina (chest pain) and hypertension (high blood pressure)
SIDE EFFECTS	slow heartbeats, nightmares, trouble sleeping, deep depression, memory problems
WARNINGS	may cause fainting, blue fingers/toes, trouble breathing