

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 9574

DMA Code #2 5238

DMA Code #3 1763

DRUG NAME	Clozari
GENERIC NAME	clozapine
DOSAGE RANGE	25 mg, 100 mg
HOW TO TAKE	Tab
USES	Schizophrenia
SIDE EFFECTS	Seizures, Stroke
WARNINGS	Avoid abrupt withdrawal

DRUG NAME	Lithium
GENERIC NAME	Lithobid
DOSAGE RANGE	150 mg, 300 mg, 600 mg
HOW TO TAKE	Capsules, TAB
USES	Bipolar Disorder
SIDE EFFECTS	Tremor, Weight gain
WARNINGS	Seizures

DRUG NAME	Flonase
GENERIC NAME	Fluticasone propionate nasal
DOSAGE RANGE	2, 4 actuations in each nostril
HOW TO TAKE	renal dosing
USES	relieving allergic rhinitis symptoms
SIDE EFFECTS	nasal burning
WARNINGS	Anaphylaxis

DRUG NAME	ZOCOR
GENERIC NAME	Simvastatin
DOSAGE RANGE	5 mg 10 mg 20 mg 40 mg 80 mg
HOW TO TAKE	Tab
USES	Cholesterol
SIDE EFFECTS	Headache, Nausea
WARNINGS	myopathy, pancreatitis

DRUG NAME	Lantus
GENERIC NAME	Glargine
DOSAGE RANGE	100 units per ml
HOW TO TAKE	Injection
USES	Diabetes
SIDE EFFECTS	rash, headaches, weight gain
WARNINGS	Anaphylaxis

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin
DOSAGE RANGE	30mg, 100mg; 50mg; 125mg per 5ml
HOW TO TAKE	cap, chewable
USES	Seizure Disorders
SIDE EFFECTS	nausea, Vomiting, rash
WARNINGS	cardiac arrest

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	50-300 mg/day
HOW TO TAKE	oral capsule
USES	Constipation
SIDE EFFECTS	Diarrhea, abdominal cramps, rash
WARNINGS	may occur but not reported

DRUG NAME	Toprol
GENERIC NAME	Metoprolol Succinate
DOSAGE RANGE	25mg, 50mg, 100mg, 200mg
HOW TO TAKE	TAB
USES	Blood Pressure
SIDE EFFECTS	Fatigue, dizziness, diarrhea
WARNINGS	Hepatitis, gangrene, Cardiogenic shock

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	1-2 Tabs PO 4-6 hours
HOW TO TAKE	oral tablet
USES	Reducing pain/inflammation, Fever
SIDE EFFECTS	Nausea, abdominal pain, constipation
WARNINGS	Stroke, anaphylaxis

DRUG NAME	Norco
GENERIC NAME	Hydrocodone/acetaminophen
DOSAGE RANGE	5mg/325mg, 7.5mg/325mg, 10mg/325mg
HOW TO TAKE	TAB
USES	Pain
SIDE EFFECTS	lightheadness, dizziness, Sedation, Nausea
WARNINGS	Respiratory Depression, central Sleep apnea