

**DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING**

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

| Mental Illness Anxiety Disorders | Inhalers Allergy / Asthma | Hyperlipidemia Statins | Diabetes Endocrine & Metabolic |
|--|--|--|---|
| Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa | Advair Discus Atrovent Flonase Flovent Loratadine Proventil | Crestor Lipitor Zocor | Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid |
| | | | |
| Seizures | Gastrointestinal Disorder Constipation | Blood Pressure Meds | Pain & Inflammation |
| Dilantin Keppra Neurontin Topamax | Colace Miralax Prilosec Protonix Zantac | HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin | Flexeril Motrin Norco Tylenol with Codeine Ultram |

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 9574

DMA Code #2 5238

DMA Code #3 1703

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|--------------|--|
| DRUG NAME | Lantus |
| GENERIC NAME | insulin glargine |
| DOSAGE RANGE | INJ (Solostar U-100 pen): 100 units per mL; INJ (U-100 vial): 100 units per mL |
| HOW TO TAKE | injected under the skin, Never inject into vein or muscle |
| USES | improve blood sugar control in people with diabetes mellitus |
| SIDE EFFECTS | low blood sugar, Hching, mild skin rash |
| WARNINGS | N/A |

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|--------------|---|
| DRUG NAME | Neurontin |
| GENERIC NAME | gabapentin |
| DOSAGE RANGE | CAP: 100mg, 300mg, 400mg; TAB: 600mg, 800mg; SOL: 50mg per mL |
| HOW TO TAKE | Swallow tablet or cap whole can be taken with or without food. |
| USES | treat nerve pain and seizures. |
| SIDE EFFECTS | fever, chills, sore throat, body aches, headache, legs + feet swollen |
| WARNINGS | N/A |

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|--------------|--|
| DRUG NAME | Protonix |
| GENERIC NAME | pantoprazole |
| DOSAGE RANGE | DR TAB: 20mg, 40mg; DR GRANULE: 40mg per pkt; INJ: Various |
| HOW TO TAKE | by mouth or given as an infusion into a vein |
| USES | treat erosive esophagitis in adults and children over 5 |
| SIDE EFFECTS | joint pain, fever, rash, stomach pain, nausea, headache |
| WARNINGS | N/A |

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|--------------|---|
| DRUG NAME | Norco |
| GENERIC NAME | hydrocodone/acetaminophen |
| DOSAGE RANGE | TAB: 5mg/325mg, 7.5mg/325mg, 10mg/325mg |
| HOW TO TAKE | Measure carefully, Never take large amounts or without prescribed |
| USES | relieve moderate to severe pain, contains opioid may be habit-forming |
| SIDE EFFECTS | feeling tired, constipation, nausea, headache, dizziness |
| WARNINGS | Medication Error Risk, Addiction, Abuse, Misuse |

| | |
|--------------|--|
| DRUG NAME | Tenormin |
| GENERIC NAME | atenolol |
| DOSAGE RANGE | TAB: 25mg, 50mg, 100mg |
| HOW TO TAKE | follow all directions on prescription label, Check B/P often |
| USES | Beta-Blocker used to treat angina and hypertension. |
| SIDE EFFECTS | dizziness, feeling tired, or depressed mood |
| WARNINGS | Avoid Abrupt Cessation |

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|--------------|---|
| DRUG NAME | Abilify |
| GENERIC NAME | aripiprazole |
| DOSAGE RANGE | TAB: 2mg, 5mg, 10mg, 20mg, 30mg |
| HOW TO TAKE | Swallow tablet whole, do not chew, crush or break. |
| USES | to treat schizophrenia in adults and children |
| SIDE EFFECTS | headache, anxiety, nausea, weight gain, blurred vision. |
| WARNINGS | Dementia-Related Psychosis, Suicidality |

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|--------------|--|
| DRUG NAME | Ativan |
| GENERIC NAME | lorazepam |
| DOSAGE RANGE | TAB: 0.5mg, 1mg, 2mg; INJ: 2mg per mL, 4mg per mL |
| HOW TO TAKE | Measure liquid medicine carefully; use the syringe provided. |
| USES | Treat anxiety disorders. |
| SIDE EFFECTS | dizziness, drowsiness, weakness, feeling unsteady. |
| WARNINGS | Risks from concomitant opioid use, Addiction, Abuse and Misuse |

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|--------------|---|
| DRUG NAME | Klonopin |
| GENERIC NAME | clonazepam |
| DOSAGE RANGE | TAB: 0.5mg, 1mg, 2mg |
| HOW TO TAKE | Swallow the regular tablet whole w/ a full glass of water. |
| USES | treat certain seizure disorders + panic disorder. |
| SIDE EFFECTS | feeling tired or depressed, problems with walking or coordination |
| WARNINGS | Addiction, Abuse and Misuse, Dependence and Withdrawal Reactions. |

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|--------------|--|
| DRUG NAME | Advair Diskus |
| GENERIC NAME | fluticasone propionate / salmeterol inhaled. |
| DOSAGE RANGE | PPI: 100mcg / 50mcg per blister, 250mcg / 50mcg per blister |
| HOW TO TAKE | shake inhaler for 5 seconds before use, rinse mouth with water w/o swallow |
| USES | prevent asthma attacks, prevent COPD flare-ups. |
| SIDE EFFECTS | muscle pain, bone pain, back pain, thrush, throat irritation. |
| WARNINGS | N/A |

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|--------------|---|
| DRUG NAME | Zocor |
| GENERIC NAME | simvastatin |
| DOSAGE RANGE | TAB: 5mg, 10mg, 20mg, 40mg, 80mg |
| HOW TO TAKE | Taken in evening or bedtime, shake liquid for 20 sec before taking. |
| USES | lower the risk of stroke, heart attack, and other heart complications |
| SIDE EFFECTS | constipation, stomach pain, nausea, headache |
| WARNINGS | N/A |