

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Ecolace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 7821

DMA Code #2 2221

DMA Code #3 3482

DRUG NAME	Colace
GENERIC NAME	Docusate
DOSAGE RANGE	50 - 300 mg
HOW TO TAKE	Oral; as needed or once a day as prescribed
USES	To treat or prevent constipation
SIDE EFFECTS	Stomach pain, diarrhea, cramping
WARNINGS	Warn Pt. of any allergies

DRUG NAME	Lisinopril Zestril, Prinivil, Qbrelis
GENERIC NAME	Lisinopril
DOSAGE RANGE	2.5, 5mg, 10mg, 20mg, 30mg, 40mg
HOW TO TAKE	Oral; Plenty of water, with or without food
USES	used to treat high bp; congestive heart failure; improve survival
SIDE EFFECTS	Allergic reaction; hives, stomach pain, swelling face, lips, throat ^{more after heart attack}
WARNINGS	do not use while pregnant; if diabetic do not use if on a blood pressure medicine Do not take w/in 3 hrs before or after taking medicine that contains sacubitril

DRUG NAME	Flexeril
GENERIC NAME	Cyclobenzaprine
DOSAGE RANGE	Discontinued in the US -
HOW TO TAKE	Swallow whole, do not crush, chew, break or open
USES	a muscle relaxer - blocks nerve impulses sent to brain
SIDE EFFECTS	hives, difficult breathing swelling of face, lips, tongue, throat
WARNINGS	Do not take if you have a thyroid disorder; heart block, CHF, heart rhythm disorder or have recently had a heart attack ^{dry mouth, tired, headache}

DRUG NAME	Levemir
GENERIC NAME	Insulin detemir
DOSAGE RANGE	INJ - U-100 pen; 100 units per mL; INJ U-100 vial; 100 units per mL
HOW TO TAKE	INJ - into skin / 1x daily inj at evening meal or at bedtime - 2x daily 12 hour in between meals in close
USES	to regulate blood sugar
SIDE EFFECTS	low bp; weight gain; swelling in hands & feet; rash, thickening or hollowing
WARNINGS	fluid retention; weight gain; swelling hands & feet, SOB; leg cramps; increased ^{where it is inj} thirst or urination; numbness or tingling; muscle weakness; limp feeling

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen Ibuprofen
DOSAGE RANGE	1-2 tabs or caps
HOW TO TAKE	1-2 tabs or caps oral every 4-6 hrs - Max 6 tabs or caps 24h
USES	NSAID for reducing pain/inflammation, fever
SIDE EFFECTS	dyspepsia, nausea, abdominal pain; constipation; headache
WARNINGS	Stroke, CHF, anaphylaxis; Hemolytic anemia

DRUG NAME	Ativan
GENERIC NAME	lorazepam
DOSAGE RANGE	.5mg - 2mg tab 2mg per mL - 4mg
HOW TO TAKE	oral
USES	Anxiety, insomnia or difficulty sleeping
SIDE EFFECTS	Sedation, dizziness, asthenia, ataxia, fatigue
WARNINGS	Aggression, confusion, hallucinations

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	25mg - 400mg
HOW TO TAKE	oral
USES	Schizophrenia, Bipolar disorder, anxiety
SIDE EFFECTS	Trouble swallowing, speech, light headed
WARNINGS	may experience worse depression

DRUG NAME	Miltrax
GENERIC NAME	polyethylene glycol 3350
DOSAGE RANGE	<17yo, <20kg - .2 - .8g/kg/dose <17yo 720kg 1 cap full
HOW TO TAKE	oral
USES	relieving constipation
SIDE EFFECTS	Nausea, cramping, abdominal pain, diarrhea, urticaria
WARNINGS	electrolyte disorder, laxative dependent

DRUG NAME	Prozac
GENERIC NAME	Fluoxetine
DOSAGE RANGE	10mg - 40mg cap
HOW TO TAKE	oral
USES	major depressive disorder, obsessive compulsive disorder
SIDE EFFECTS	Blurred vision, Fast heartbeat (pounding), low sodium levels
WARNINGS	May Not use w/ Pimozide or Thioridazine

DRUG NAME	Fibhase
GENERIC NAME	Fluticasone propionate nasal
DOSAGE RANGE	4-11 1 actuation each nostril 12yo and up 1-2 each nostril
HOW TO TAKE	Nasal spray
USES	Nasal polyp
SIDE EFFECTS	Headaches, Nasal burning
WARNINGS	hypersensitivity history, anaphylaxis, glaucoma, cataracts