

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 0978

DMA Code #2 0439

DMA Code #3 0501

DRUG NAME	Abilify
GENERIC NAME	Ar
DOSAGE RANGE	Tab 2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	Oral
USES	Schizophrenia, Bipolar disorder, major depressive disorder.
SIDE EFFECTS	Severe Severe agitation, distress, or Restless feeling, twitching.
WARNINGS	Dementia - Related psychosis, Suicidality

DRUG NAME	Flonase
GENERIC NAME	Fluticasone propionate nasal
DOSAGE RANGE	4-11 yo 1 Spray in each nostril, 12 or older 2 Spray in each nostril
HOW TO TAKE	Nasal Spray
USES	Allergy sx, nasal polyps, renal dosing
SIDE EFFECTS	unhealed nasal septal ulcer.
WARNINGS	Caution in pediatric patients (long term use). Do not use on any one nose

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	Tab 10mg, 20mg, 40mg, 80mg
HOW TO TAKE	Oral
USES	Hypertriglyceridemia, dysbetalipoproteinemia.
SIDE EFFECTS	Muscle weakness, trouble lifting your arms, Liver problems
WARNINGS	Do not take if pregnant.

DRUG NAME	Synthroid
GENERIC NAME	levothyroxine
DOSAGE RANGE	Tab 25mg, 50mg, 75mg, 88mg, 100mg, 112mg, 125mg, 137mg
HOW TO TAKE	Oral
USES	Hypothyroidism, TSH suppression, renal dosing, hepatic dosing
SIDE EFFECTS	Fast or irregular heart beat, chest pain, shortness of breath
WARNINGS	Do not use for obesity/weight loss

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	Sprinkle cap 15mg, 25mg, Tab 25mg, 50mg, 100mg, 200mg
HOW TO TAKE	Oral
USES	partial seizures, seizures - tonic, seizures Lennox
SIDE EFFECTS	Skin rash, vision problems, confusion
WARNINGS	

DRUG NAME	Zantac
GENERIC NAME	famotidine
DOSAGE RANGE	12yo and older 1 Tab po qd-bid prn : max 2 tab/24h
HOW TO TAKE	Oral
USES	renal dosing, hepatic dosing
SIDE EFFECTS	anaphylaxis, angioedema, Toxic epidermal necrolysis
WARNINGS	Not for children under 12

DRUG NAME	Lisinopril
GENERIC NAME	Lisinopril
DOSAGE RANGE	Tab 2.5mg, 5mg, 10mg, 20mg, 30mg, 40mg
HOW TO TAKE	Oral
USES	heart failure w/reduced ejection fraction
SIDE EFFECTS	Light headed feeling, fever, sore throat, high potassium
WARNINGS	Fetal Toxicity

DRUG NAME	Plexeryl
GENERIC NAME	Cyclo benzaprine
DOSAGE RANGE	Tab 5mg, 7.5-10mg, 15mg
HOW TO TAKE	Oral
USES	Thyroid disorder, heart blocks
SIDE EFFECTS	hives; difficult breathing
WARNINGS	heart block, heart failure

DRUG NAME	Janet Motrin
GENERIC NAME	Duprofen
DOSAGE RANGE	1-2 tabs/cap ever 4-6 hours no more than six pills
HOW TO TAKE	Oral
USES	Pain management
SIDE EFFECTS	upset stomach, nausea, vomiting, headache
WARNINGS	Caution if stroke, cardiac dz risk, caution if pregnancy

DRUG NAME	Flonax
GENERIC NAME	fluticasone propionate nasal
DOSAGE RANGE	4-11 yo 1 spray in each nostril, 12 or older 2 spray in each nostril
HOW TO TAKE	nasal
USES	Allergy sk, nasal poly
SIDE EFFECTS	anaphylaxis, glaucoma, cataracts
WARNINGS	

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