

Katharine L.

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify ✓ Ativan ✓ Clozaril ✓ Depakote ✓ Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus ✓ Atrovent ✓ Flonase ✓ Flovent ✓ Loratadine ✓ Proventil ✓	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 _____

DMA Code #2 _____

DMA Code #3 _____

DRUG NAME	Advair Diskus
GENERIC NAME	Mylan's Nixela Inhub
DOSAGE RANGE	4-11 year old - 1 puff inhaled q 12 hours. 12 year old 1 puff inhaled q 12 hours
HOW TO TAKE	Diskus has to be level, flat, lever clicks in place. hold for 10 seconds. water
USES	wheezing, tightness, COPD, Chronic Lung Illness
SIDE EFFECTS	Nausea, Vomiting, bronchitis, taste change, dermatitis, sinusitis, Cough.
WARNINGS	none. No black box warnings

DRUG NAME	AtroVent. NASAL.
GENERIC NAME	Pratropium NASAL
DOSAGE RANGE	Spray 21 mcg per actuation
HOW TO TAKE	blow nose to clear nostrils, remove cap, close nostril, tilt head, inhale, repeat
USES	treat runny nose / allergies
SIDE EFFECTS	Nasal irritation, dry throat, URI, headache, dry mouth, Nausea
WARNINGS	no black box warnings

DRUG NAME	Flonase
GENERIC NAME	fluticasone propionate Nasal Spray
DOSAGE RANGE	Dose: 1-2 actuations each nostril bid
HOW TO TAKE	blow nose, Pinch nostril, opposite. 1-2 inhalations. Repeat other side.
USES	runny nose / allergies
SIDE EFFECTS	Nasal Ulcer, dizziness, vomiting, nasal burning, abdominal pain
WARNINGS	caution if glaucoma, Caution if T.B infection.

DRUG NAME	Flovent.
GENERIC NAME	N/A.
DOSAGE RANGE	44 mcg per actuation
HOW TO TAKE	Shake prior to each inhalation. rinse mouth, repeat.
USES	Asthma
SIDE EFFECTS	hyperglycemia, headache, hoarseness, Cough, nausea, vomiting
WARNINGS	no black box warning

DRUG NAME	Loratadine
GENERIC NAME	Claritin
DOSAGE RANGE	10mg ODT - 10mg SOL (mg per ml)
HOW TO TAKE	by mouth usually once a day
USES	Symptoms of allergies
SIDE EFFECTS	drowsiness, fatigue, abdominal pain, dry mucos, membranes
WARNINGS	no black box warnings

DRUG NAME	Proventil HFA
GENERIC NAME	albuterol Sulfate
DOSAGE RANGE	2 puffs inhaled qd-6Hprn
HOW TO TAKE	inhalations every 4-6 hours to prevent exercise to prevent Spasms
USES	to treat bronch bronchospasms, wheezing, shortness of breath.
SIDE EFFECTS	vomiting, pain, headache, tremor
WARNINGS	no black box warnings

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	Swallow, the regular tablet do not crush, chew or break.
USES	Schizophrenia, bipolar disorder, major depressive disorder.
SIDE EFFECTS	blurred vision, tremor, cough, compulsive behaviors
WARNINGS	not approved for dementia, Increased suicidality risk.

DRUG NAME	Ativan.
GENERIC NAME	Lorazepam
DOSAGE RANGE	0.5mg, 1mg, 2mg, 1mg 2mg per ml 4 mg per ml.
HOW TO TAKE	take with food
USES	Anxiety, insomnia,
SIDE EFFECTS	ataxia, confusion, fatigue, dizziness, sedation, hypotension.
WARNINGS	profound sedation, risk of abuse, physical dependence.

DRUG NAME	Clozaril
GENERIC NAME	Clozapine
DOSAGE RANGE	Tab 25mg, 100mg
HOW TO TAKE	take by mouth once or twice a day.
USES	treat anti psychotic to treat schizophrenia / suicidal tendencies
SIDE EFFECTS	dizziness, tremor, vomiting, headache, drowsiness, weight gain.
WARNINGS	restricted, infection/death, Severe neutropenia, Seizures, Dementia

DRUG NAME	Depakote
GENERIC NAME	Divalproex sodium
DOSAGE RANGE	125mg, 250mg, 500mg
HOW TO TAKE	swallow whole with water not crushed or chewed.
USES	complex partial seizures / complex absent seizures
SIDE EFFECTS	headache, nausea, dizziness, tremor, abdominal pain, rash.
WARNINGS	hepatotoxicity, Fetal Risk. Pancreatitis.

How to Register for an Epocrates Account

Objective: Register for Epocrates.com

User Security Access Requirements: Available to all staff

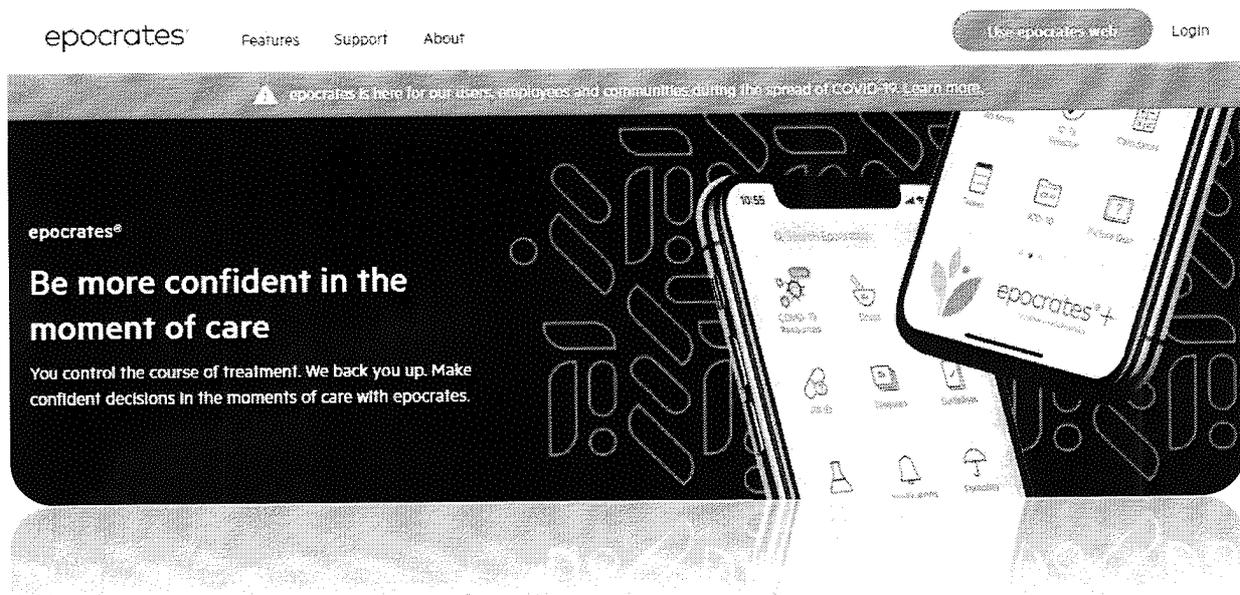
Beacon User Role: Available to all staff

Timeline: Should create an account upon initiating DMA certification training process.

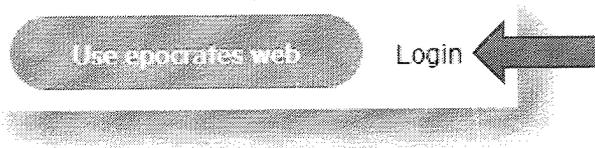
How to Register:

Pull up Google Chrome or any other web browser and go to <https://www.epocrates.com/>

You will now be the Epocrates home page.



Click on "Login" in the upper right-hand corner of the page.



Category: Medical/Field
Ops
System: Epocrates
Date Originated:
08/25/2020



A login box/registration box will pop-up.

A screenshot of the epocrates login and registration interface. At the top, the epocrates logo is displayed with the tagline "an athenahealth service". Below the logo is a text input field containing the email address "khaas@beaconspecialized.org". Underneath is a password field with six dots. A checkbox labeled "Remember Me" is checked. There are two prominent buttons: a dark grey "Login" button and a dark grey "Register Now" button. Between these buttons, there are links for "Forgot your login or password?" and "New User?".

Click on "Register Now" to register for an account. *(Enter credential if you have already registered to access the program.)*

Fill out the form below and click "Join". Use "Other Health Professional" for Occupation and use "49009" for your work zip. Be sure to use your Beacon e-mail.

A screenshot of the epocrates "Create an Account" form. The form includes fields for "First Name", "Last Name", "Email", and "Password". There are two dropdown menus for "Country of Residence" (set to "United States of America") and "Occupation" (set to "Select"). A "Join" button is at the bottom. A small note at the bottom of the form reads: "By clicking on 'Join' you agree to our Terms of Use and our Privacy Policy." Below the form, there is a footer with contact information: "beaconspecialized.org | 1.888.527.0012 | 890 North 10th Street, Suite 110, Kalamazoo, MI 49009".