

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify ✗ Ativan ✗ Clozaril Depakote Haldol Invega ✗ Klonopin Lamictal Lithium ✗ Risperdal ✗ Seroquel Tripleptal Zyprexa ✗	Advair Discus Atrovent Flonase ✗ Flovent Loratadine ✗ Proventil ✗	Crestor ✗ Lipitor Zocor ✗	Apidra Byetta Glucophage ✗ Glyburide Lantus Levemir Levothyroxine ✗ Novolog Synthroid ✗
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin ✗ Keppra Neurontin ✗ Topamax ✗	Colace ✗ Miralax Prilosec Protonix ✗ Zantac ✗	HCTZ (hydrochlorothiazide) ✗ Lisinopril Toprol Tenormin ✗	Flexeril Motrin ✗ Norco ✗ Tylenol with Codeine ✗ Ultram ✗

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 0821

DMA Code #2 4423

DMA Code #3 5260

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	By Mouth, once a day
USES	For Schizophrenia, bipolar disorders, & Major depressive disorder
SIDE EFFECTS	Weight gain, Sleepiness, hyperglycemia
WARNINGS	Dizziness, lightheadedness, nausea, vomiting

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	0.5mg, 1mg, 2mg, 3 / NJ: 2mg per mL, 4mg per mL
HOW TO TAKE	2-6mg/day PO/IM/IV divided bid/tid
USES	Anxiety, Nausea, Vomiting (chemo-related)
SIDE EFFECTS	Dizziness, Drowsiness, headaches,
WARNINGS	Blurred Vision, heartburn, Constipation

DRUG NAME	Invega
GENERIC NAME	Paliperidone
DOSAGE RANGE	1.5mg, 3mg, 6mg, 9mg
HOW TO TAKE	Exp: 3mg/day no more frequently than q5 days
USES	Schizophrenia, and schizoaffective disorder
SIDE EFFECTS	NAUSEA, dizziness, Weight gain, Coughing, fatigue
WARNINGS	Seizures, hyperthermia,

DRUG NAME	Lithium
GENERIC NAME	Generic
DOSAGE RANGE	Cap: 150mg - 600mg / ER Tab: 300mg, 450mg
HOW TO TAKE	600mg - 1800mg/day PO divided bid-tid
USES	Bipolar, and schizoaffective disorder
SIDE EFFECTS	Weight gain, diarrhea, Vomiting, Rash, Acne, fatigue
WARNINGS	Couma, Seizures, Syncope, diabetes insipidus

DRUG NAME	Risperdal
GENERIC NAME	Risperidone
DOSAGE RANGE	TAB: 0.25mg to 4mg / SOL: 1mg per mL
HOW TO TAKE	1-3mg/day PO divided qd-bid
USES	Schizophrenia, Bipolar, Tourette Syndrome
SIDE EFFECTS	Appetite incr., Vomiting, fever, Rash, Coughing
WARNINGS	Stroke, Seizures,

DRUG NAME	ZyPrexa
GENERIC NAME	Olanzapine
DOSAGE RANGE	TAB: 2.5mg to 20mg / INJ: 5mg per mL
HOW TO TAKE	Start 5mg to 10mg qd, May incr. 5mg/day qwk Max 20mg
USES	Schizophrenia, Bipolar, Major Depression Disorder
SIDE EFFECTS	Seizures, hyperlipidemia, and hyperglycemia ↓
WARNINGS	Weight gain, Fever, Back pain, dizziness

DRUG NAME	Flonase
GENERIC NAME	Fluticasone Propionate nasal
DOSAGE RANGE	2 to 4 actuations
HOW TO TAKE	2 actuations in each nostril bid, Do the same w/4.
USES	Nasal Polyp tx
SIDE EFFECTS	Headaches, Nasal Burning, Abdominal Pain, & Coughing
WARNINGS	Glaucoma, Cataracts, Immunosuppression

DRUG NAME	Loratadine
GENERIC NAME	Generic
DOSAGE RANGE	TAB: 10mg / ODT: 1mg / SOL: 1mg per mL
HOW TO TAKE	10mg PO qd prn
USES	Chronic idiopathic urticaria
SIDE EFFECTS	Drowsiness, fatigue, Headaches, abdominal pain
WARNINGS	Seizures, Bronchospasm, Syncope.

DRUG NAME	Proventil
GENERIC NAME	Albuterol inhaled
DOSAGE RANGE	2 actuations = 108 mcg albuterol sulfate equivalent to 90 mcg albuterol base
HOW TO TAKE	2 puffs inhaled q4-6h prn (Alt: 1 puff inhaled q4h prn)
USES	Bronchospasm (acute, Exercise-induced)
SIDE EFFECTS	Coughing, Bad taste, Pizziness, nausea, Vomiting, & Headaches
WARNINGS	HTN, Cardiac arrest, hypokalemia, & hyperglycemia

DRUG NAME	Crestor
GENERIC NAME	Rosuvastatin
DOSAGE RANGE	TAB: 5 to 40mg
HOW TO TAKE	10-20mg PO qd / Max: 40mg/day / May adjust dose q 2-4wk
USES	Hypercholesterolemia, Mixed dyslipidemia
SIDE EFFECTS	Headaches, Arthralgia, dizziness (high of incr. drug levels)
WARNINGS	Myopathy, acute renal failure, pancreatitis

DRUG NAME	ZOCOR
GENERIC NAME	Simvastatin
DOSAGE RANGE	5mg to 80mg
HOW TO TAKE	by mouth usually once daily in the evening (5mg-4mg PO qpm)
USES	Hypercholesterolemia, mixed dyslipidemia
SIDE EFFECTS	Heart Burn, gas, bloating, Nausea, Stomach Pain
WARNINGS	loss of appetite, itching, dark urine, yellowing to the skin or eyes

DRUG NAME	Glucophage
GENERIC NAME	Metformin
DOSAGE RANGE	500mg, 850mg, to 1,000mg
HOW TO TAKE	850mg PO qd or 500mg PO bid, incr. by 500mg/day qwk or 850mg/day q2wk
USES	diabetes mellitus type 2, and polycystic ovary syndrome
SIDE EFFECTS	Nausea, Vomiting, headache, diarrhea, Rash
WARNINGS	lactic acidosis, megaloblastic anemia, hepatotoxicity

DRUG NAME	Levothyroxine
GENERIC NAME	13mcg to 200mcg TABS: 25mcg to 300mcg
DOSAGE RANGE	Generic
HOW TO TAKE	1.6mcg/kg/dose PO qd then adjust dose by 12.5-25mcg/day q4-wk Max: 300mcg/day
USES	hypothyroidism, TSH suppression, Myxedema Coma
SIDE EFFECTS	Weight loss, diarrhea, Fever, headaches
WARNINGS	CHF, HTN, Seizures, and Craniosynostosis

DRUG NAME	Syn thyroid
GENERIC NAME	levothyroxine
DOSAGE RANGE	TABS: 25mcg to 300mcg
HOW TO TAKE	1.6mcg/kg/dose PO qd, then adjust dose by 12.5-25mcg/day q4-wk Max: 300mcg/day
USES	hypothyroidism, TSH suppression
SIDE EFFECTS	tremor, Weight loss, Fever, headache, Rash
WARNINGS	CHF, HTN, Seizures, and angina

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin
DOSAGE RANGE	ER Cap: 30mg to 100mg; Chewables: 50mg; USP: 125mg per 5ml
HOW TO TAKE	15-20mg/kg/dose IV x 1
USES	Status epilepticus, seizure disorder
SIDE EFFECTS	nausea, vomiting, Rash, blurred vision, headaches
WARNINGS	Leukopenia, angioedema, lymphoma

DRUG NAME	Diltiazem Zantac
GENERIC NAME	Famotidine
DOSAGE RANGE	1 tab PO qd-bid prn; Max 2 tabs/24h
HOW TO TAKE	1 tab PO BID
USES	Allergies
SIDE EFFECTS	Chest pain, Constipation, dark urine, headaches
WARNINGS	Easy Bruising, Stomach pain, loss of appetite

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin ^{400mg}
DOSAGE RANGE	CAP: 100mg to ^{400mg} TAB: 600mg to 800mg SOL: 50mg per mL
HOW TO TAKE	300mg PO tid, Max 3600mg/day
USES	post-herpetic neuralgia, Fibromyalgia
SIDE EFFECTS	dizziness, fatigue, Fever, Vomiting, nausea
WARNINGS	Depression, Angioedema, Anaphylaxis

DRUG NAME	Topamax
GENERIC NAME	Topiramate
DOSAGE RANGE	Sprinkle cap: 15mg + 25mg TAB 25mg to 200mg
HOW TO TAKE	200mg PO bid
USES	Seizures, Migraine headaches, Alcohol dependence
SIDE EFFECTS	dizziness, fever, diarrhea, bleeding
WARNINGS	hyperthermia, leukopenia, hemorrhage

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	50-150 mg/day PO divided qd-bid prn
HOW TO TAKE	50-300 mg/day PO divided qd-bid prn
USES	Emollient laxative for softening stool
SIDE EFFECTS	diarrhea, abdominal pain, throat irritation
WARNINGS	(May occur but none reported) it says

DRUG NAME	Protonix
GENERIC NAME	Pantoprazole
DOSAGE RANGE	PR Tab: 20mg to 40mgs / DR Granule: 40mg per PKT
HOW TO TAKE	20mg PO/NB qd x 4-8wk
USES	Hypersecretory Conditions, Upper GI Bleeding
SIDE EFFECTS	
WARNINGS	Fractures, hyponatremia, pan creatitis

DRUG NAME	Zantac Flexer Miralax
GENERIC NAME	Polyethylene glycol 3350
DOSAGE RANGE	4 to 8 ounces
HOW TO TAKE	1 capful or pkt PO qd prn
USES	Osmotic laxative for relieving constipation
SIDE EFFECTS	nausea, Cramping, diarrhea, flatulence
WARNINGS	laxative dependence, electrolyte.

DRUG NAME	Tylenol
GENERIC NAME	Acetaminophen
DOSAGE RANGE	Between 325 - 3000 mg
HOW TO TAKE	1-2 tabs/caps PO q4-6h prn Max: 10 tabs/caps/24h
USES	Pain relief and reducing fever
SIDE EFFECTS	Nausea, Rash, headache
WARNINGS	Anemia, thrombocytopenia.

DRUG NAME	Tenormin
GENERIC NAME	Atenolol
DOSAGE RANGE	TAB: 25mg - 100mg
HOW TO TAKE	25-50mg PO qd
USES	treat high Blood pressure
SIDE EFFECTS	fatigue, dizziness, depression
WARNINGS	Heart block, CHF, Bradycardia

DRUG NAME	Norco
GENERIC NAME	Hydrocodone
DOSAGE RANGE	5mg / 25mg, 7.5mg / 325mg, 10mg / 325mg
HOW TO TAKE	2.5-10mg Hydrocodone PO q4-6h prn
USES	Pain, moderate-mod.
SIDE EFFECTS	dizziness, drowsiness, rash, and nausea
WARNINGS	Seizures, abuse, skin rxn

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	200mg to 500mg
HOW TO TAKE	1-2 tabs/caps PO q4-6h prn
USES	Reducing pain/inflammation,
SIDE EFFECTS	nausea, abdominal pain, Rash
WARNINGS	Stroke, HTN, CHF, neutropenia