

Jasmine
Collins

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 0611

DMA Code #2 0925

DMA Code #3 0515

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DRUG NAME	Lisinopril
GENERIC NAME	Prinivil
DOSAGE RANGE	10mg - 20 mg
HOW TO TAKE	oral
USES	High Blood pressure
SIDE EFFECTS	Dizziness, light headed, headache, Tired
WARNINGS	May increase potassium

DRUG NAME	Zantac
GENERIC NAME	Ranitidine
DOSAGE RANGE	Based on medical condition
HOW TO TAKE	oral
USES	To treat ulcers of the stomach
SIDE EFFECTS	dark urine, constipation, stomach pain, nausea
WARNINGS	easy bruising, problem with skin or hair Breathing to fast, loss of appetite

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	5 to 40 mg a Day
HOW TO TAKE	oral
USES	lower cholesterol
SIDE EFFECTS	may cause muscle problems, tenderness
WARNINGS	itching, clay colored stool, yellowing of the eyes

DRUG NAME	Neurontin
GENERIC NAME	Gabapentin
DOSAGE RANGE	300 mg, 400 mg, 600 mg, 800 mg
HOW TO TAKE	oral
USES	To prevent
SIDE EFFECTS	Drowsiness, dizziness, loss of coordination
WARNINGS	Sign of depression, suicidal thoughts, attempts. stop using.

DRUG NAME	Crestor
GENERIC NAME	rosuvastatin calcium
DOSAGE RANGE	Adults 5-40 mg / Children 10 to 17 5-20 mg
HOW TO TAKE	oral
USES	To treat high cholesterol
SIDE EFFECTS	Headache, depression, muscle aches or pain.
WARNINGS	Risk of kidney and liver damage and a possible increased risk of developing diabetes.

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DRUG NAME	Colace
GENERIC NAME	docusate Sodium
DOSAGE RANGE	50 MG OR 150 MG
HOW TO TAKE	Oral
USES	Stool Softener
SIDE EFFECTS	diarrhea, abdominal cramp, throat irritation.
WARNINGS	Should not be used if pregnant. Don't start, stop or change the dosage w/ Doctor's approval.

DRUG NAME	lithium
GENERIC NAME	ESkalith or Lithobid
DOSAGE RANGE	300mg, 600mg, or 1200mg
HOW TO TAKE	Oral
USES	Bipolar Disorder (Manic Depression)
SIDE EFFECTS	fainting, slow heartbeat, irregular heartbeat, weight gain
WARNINGS	Don't use w/ alcohol, white pregnant. Thyroid disorder

DRUG NAME	Zyprexa
GENERIC NAME	Olanzapine
DOSAGE RANGE	TAB 2.5MG, 5MG, 7.5MG, 10MG, 20MG
HOW TO TAKE	Oral
USES	Schizophrenia
SIDE EFFECTS	Stroke, syncope, aspiration, dystonia
WARNINGS	Don't use alcohol, hypotension.

DRUG NAME	Novolog
GENERIC NAME	insulin aspart
DOSAGE RANGE	100 mL
HOW TO TAKE	inject
USES	Diabetes mellitus
SIDE EFFECTS	weight gain, head ache, Rash, edema
WARNINGS	Vision impairment, hypokalemia

DRUG NAME	Depakate
GENERIC NAME	divalproex Sodium
DOSAGE RANGE	TAB 125MG, 250MG, 500MG
HOW TO TAKE	Oral
USES	Bipolar Disorder, epilepsy
SIDE EFFECTS	nausea, low platelet count, tiredness.
WARNINGS	Hair loss, blurred/double vision, shakiness