

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Noreo Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DRUG NAME	Abilify	Natasha
GENERIC NAME	Aripiprazole	
DOSAGE RANGE	2mg, 5mg, 10mg, 15mg, 20mg, 30mg	
HOW TO TAKE	with or without food. Swallow tablet whole, use correct dosage.	
USES	Schizophrenia, bipolar I, manic, major depressive disorder	
SIDE EFFECTS	headache, anxiety, nausea, vomiting, sedation, tremor, fever	
WARNINGS	Dementia related psychosis, suicidality,	

DRUG NAME	Atrovent HFA
GENERIC NAME	ipratropium bromide inhaled.
DOSAGE RANGE	17 mcg Per actuation
HOW TO TAKE	follow all directions on Prescription Label.
USES	to prevent bronchospasms in people with COPD.
SIDE EFFECTS	bronchitis, dyspnea, nausea, dizziness, sinusitis.
WARNINGS	N/A

DRUG NAME	Lithium
GENERIC NAME	Lithium
DOSAGE RANGE	150mg - 600mg
HOW TO TAKE	follow directions on label, take whole, do not crush
USES	Bipolar disorder, Bipolar/manic, schizoaffective disorder,
SIDE EFFECTS	Tremors, Polyuria, weight gain, vomiting, drowsiness, Rash.
WARNINGS	Start tx only if facility available for prompt accurate serum lithium determinations.

DRUG NAME	Risperdal
GENERIC NAME	Risperidone
DOSAGE RANGE	0.25mg - 4 mg
HOW TO TAKE	follow directions on label, can be taken with or without food.
USES	Schizophrenia, Bipolar disorder, Tourette Syndrome,
SIDE EFFECTS	fatigue, insomnia, fever, constipation, dystonia, Rash.
WARNINGS	Dementia Related Psychosis.

DRUG NAME	Seroquel
GENERIC NAME	quetiapine
DOSAGE RANGE	25mg - 1100 mg
HOW TO TAKE	follow directions on prescription label, take with or without food.
USES	Schizophrenia, Bipolar/manic, Bipolar, acute depressive anxiety
SIDE EFFECTS	Somnolence, tremor, anemia, back pain, Rash, abdominal pain
WARNINGS	Dementia Related Psychosis, Suicidality.

DRUG NAME	Colace	Natasha
GENERIC NAME	Docusate Sodium	
DOSAGE RANGE	50-150mg/day PO divided Qd-bid pm	
HOW TO TAKE	follow directions on label	
USES	Stool Softener	
SIDE EFFECTS	diarrhea, abdominal cramps, rash, bitter taste,	
WARNINGS	NIA	

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	5mg, 10mg, 20mg, 40mg, 80mg
HOW TO TAKE	follow instructions on label, take on an empty stomach
USES	hypercholesterolemia, mixed dyslipidemia, dysbetalipoproteinemia
SIDE EFFECTS	muscle weakness, nausea, cold symptoms, liver problems
WARNINGS	NIA

DRUG NAME	Toprol Lisinopril
GENERIC NAME	Lisinopril
DOSAGE RANGE	2.5mg, 5mg, 10mg, 20mg, 30mg, 40mg
HOW TO TAKE	follow directions on label, take with lots of water
USES	HTN, migraine headache prophylaxis, MI acute
SIDE EFFECTS	light headed, fever, headache, dizziness, cough or chest pain
WARNINGS	renal toxicity

DRUG NAME	Fentanyl Norco
GENERIC NAME	5mg/
DOSAGE RANGE	5mg/325mg, 7.5mg/325mg, 10mg/325mg
HOW TO TAKE	follow instructions on label
USES	Pain
SIDE EFFECTS	light headedness, dizziness, sedation, nausea, vomiting
WARNINGS	med. error risk, Addiction, Respiratory depression, Withdrawal

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	0.5mg, 1mg, 2mg; IM 2mg per ml, 4mg per ml
HOW TO TAKE	follow instructions on label
USES	Anxiety, insomnia, status epilepticus, alcohol withdrawal
SIDE EFFECTS	Severe drowsiness, unusual mood/behavior, confusion
WARNINGS	Addiction, Withdrawals