

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
<ul style="list-style-type: none"> Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa 	<ul style="list-style-type: none"> Advair Discus Atrovent Flonase Flovent Loratadine Proventil 	<ul style="list-style-type: none"> Crestor Lipitor Zocor 	<ul style="list-style-type: none"> Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
<ul style="list-style-type: none"> Dilantin Keppra Neurontin Topamax 	<ul style="list-style-type: none"> Colace Miralax Prilosec Protonix Zantac 	<ul style="list-style-type: none"> HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin 	<ul style="list-style-type: none"> Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DRUG NAME	Depakote
GENERIC NAME	Divalproex Sodium
DOSAGE RANGE	Dr tab 125mg 250mg 500mg
HOW TO TAKE	By Mouth "PO" divided 4 times a day
USES	Seizures
SIDE EFFECTS	hepatotoxicity, Siadh
WARNINGS	risk of Liver failure, pancreatitis

DRUG NAME	Risperdal
GENERIC NAME	risperdone
DOSAGE RANGE	tab .25mg, .5mg, 1mg, 2mg, 3mg, 4mg, SOL 1mg per mL
HOW TO TAKE	by mouth
USES	Schizophrenia, bipolar, tourettes
SIDE EFFECTS	cardiovascular or infectious events
WARNINGS	Black box warning - death

DRUG NAME	Loratadine
GENERIC NAME	Alavert
DOSAGE RANGE	1 tab by mouth as needed, daily
HOW TO TAKE	by mouth
USES	relieving allergic rhinitis
SIDE EFFECTS	drowsiness, fatigue, headache, diarrhea
WARNINGS	mild Stomach upset, loss of appetite

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	10 - 80 mg PO qd
HOW TO TAKE	By mouth
USES	Hmg coenzyma reductase inhibitor
SIDE EFFECTS	muscle weakness, trouble lifting arms, Joint pain
WARNINGS	muscle breakdown, dark urine, drowsiness

DRUG NAME	Novolog
GENERIC NAME	insulin aspart
DOSAGE RANGE	.05-1 unit a day
HOW TO TAKE	injection 5 to 10 minutes before meals
USES	to lower and control blood sugar
SIDE EFFECTS	rash, uri, weight gain, influenza
WARNINGS	Hypoglycemia, Seizures

DRUG NAME	Topamax
GENERIC NAME	topiramate
DOSAGE RANGE	15mg, 25mg, tab- 25mg, 50mg, 100mg, 200mg
HOW TO TAKE	by mouth, twice a day for a week, increase till 100mg
USES	Seizures, migraine headaches, Sleep related eating disorder
SIDE EFFECTS	depression, behavior changes, suicidal
WARNINGS	Serious eye problems, unusual bleeding, loss of consciousness

DRUG NAME	Zantac
GENERIC NAME	ranitidine
DOSAGE RANGE	tab 150mg, 300mg. SOL 15mg per ml, inj 25mg per ml
HOW TO TAKE	by mouth, injection
USES	histamine-2 blocker reduces acid in stomach
SIDE EFFECTS	stomach pain, loss of appetite, fast or slow heart rate.
WARNINGS	Cancer causing contaminants

DRUG NAME	Lisinopril
GENERIC NAME	prnivil
DOSAGE RANGE	tab 10mg, 20mg
HOW TO TAKE	By mouth daily
USES	ACE inhibitor treat high blood pressure
SIDE EFFECTS	light headed feeling, fever, headache, dizziness
WARNINGS	liver problems, nausea vomiting

DRUG NAME	NORCO
GENERIC NAME	hydrocodone/acetaminophen
DOSAGE RANGE	Tab 5mg/325mg, 7.5mg/325mg, 10mg/325mg
HOW TO TAKE	by mouth
USES	meds to relieve moderate to severe pain
SIDE EFFECTS	shallow breathes, low cortisol level, nausea
WARNINGS	Nausea, vomiting, dizziness, constipation

DRUG NAME	Ultram
GENERIC NAME	tramadol
DOSAGE RANGE	tab 50mg, 100mg, ER Tab - 100mg, 200mg, 300mg
HOW TO TAKE	by mouth
USES	Pain moderate to severe
SIDE EFFECTS	slow heart rate, weak pulse, headache, dizziness
WARNINGS	dizziness, drowsiness, headache