

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 1994

DMA Code #2 3708

DMA Code #3 2801

DRUG NAME	Lithium
GENERIC NAME	<del>Risperdal</del> Lithium
DOSAGE RANGE	<del>seroquel</del> 600-1800 mg/day
HOW TO TAKE	By mouth divided bid-tid
USES	Bipolar disorder, schizoaffective disorder
SIDE EFFECTS	tremor, weight gain, diarrhea, polyuria
WARNINGS	Lithium Toxicity (high doses are dangerous)

DRUG NAME	Risperdal
GENERIC NAME	Risperdal
DOSAGE RANGE	2 mg to 16 mg
HOW TO TAKE	By mouth
USES	Schizophrenia, bipolar disorder
SIDE EFFECTS	fatigue, vomiting, cough, nausea, tics
WARNINGS	Dementia, constipation, abdominal pain

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	<del>400-800 mg/day</del> 150-750 mg
HOW TO TAKE	By mouth w/ or w/o
USES	Schizophrenia, bipolar disorder
SIDE EFFECTS	dizziness, weight gain, tremor, generalized
WARNINGS	Dementia-related psychosis, anxiety disorder, suicidality

DRUG NAME	Colace
GENERIC NAME	Docosate sodium
DOSAGE RANGE	50-300 mg/day
HOW TO TAKE	By mouth divided as needed
USES	Emollient laxative for soothing stool
SIDE EFFECTS	Diarrhea, abdominal cramps, throat irritation
WARNINGS	N/A / irritations

google

DRUG NAME	Zantac
GENERIC NAME	Famotidine
DOSAGE RANGE	1 tablet
HOW TO TAKE	By mouth as needed
USES	H2-antagonist preventing & relieving heartburn
SIDE EFFECTS	headache, dizziness, constipation
WARNINGS	Anaphylaxis, angioedema, toxic epidermal

DRUG NAME	Linsinopril
GENERIC NAME	Linsinopril
DOSAGE RANGE	10 - 40 mg
HOW TO TAKE	by mouth once a day
USES	heart failure w/ reduced ejection fraction
SIDE EFFECTS	Dizziness, hypotension, headache
WARNINGS	fetal toxicity.

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin
DOSAGE RANGE	15-20 mg/kg/dose
HOW TO TAKE	chewable tablet
USES	controls seizures
SIDE EFFECTS	Headache, drowsy, unsteady, shaky, feel nervous
WARNINGS	cardiovascular risk w/ rapid infusion.

DRUG NAME	Crestor
GENERIC NAME	Rosuvastatin
DOSAGE RANGE	5-40 mg.
HOW TO TAKE	by mouth once a day
USES	Lower bad cholesterol
SIDE EFFECTS	Headache, Myalgia, Abdominal pain.
WARNINGS	No information at the time / kidney & liver damage. <sup>Google</sup>

DRUG NAME	Lantus
GENERIC NAME	<del>100 units per mL</del> insulin glargine
DOSAGE RANGE	100 units per mL
HOW TO TAKE	Subcutaneous
USES	Helps blood sugar levels.
SIDE EFFECTS	Redness, swelling, trouble breathing, itchy skin
WARNINGS	out of reach of children, never share, use only for intended purpose.

DRUG NAME	<del>Tylenol with codeine</del> Motrin 13
GENERIC NAME	Ibuprofen
DOSAGE RANGE	1-2 tabs/caps
HOW TO TAKE	By mouth every 4-6 hrs. 6 tabs/day.
USES	reducing pain/inflammation, fever.
SIDE EFFECTS	constipation, dyspepsia, nausea, headache
WARNINGS	NO info at the time. / vision changes, shortness of