



# Medical Hands-On Training Checklist

Learner's Name: Kiana Karmol

Hand Washing

Blood Pressure

Normal Blood Pressure Range: 90-160 / 50-90

Pulse

Normal Pulse Range: 50-100 bpm

Respirations

Normal Respiration Range: 12-20

Temperature

Normal Temperature Range: 96-99°

Weight

Measurement of Girth

Oxygen Saturation (Only to be completed per physician or nurse order)

Accu-Chek

Insulin Administration

Glucometer Use and Cleaning

Transfers (on an as-needed basis):

- Hoyer Lift
- Gait Belt
- Wheelchair Transfers

Feeding Tube

Foley Catheter Care

Colostomy

Merilee Sanfey RN

Nurse

Kiana Karmol

Learner

Date

10-20-21

Date

This document is required to be uploaded into the Learner's LMS transcript as a component of DMA Certification.