

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify • Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal • Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase • Flovent Loratadine Proventil	Crestor Lipitor • Zocor	Apidra Byetta Glucophage Glyburide Lantus • Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra • Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac •	HCTZ (hydorchlorothiazide) Lisinopril Toprol • Tenormin	Flexeril Motrin Norco • Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1

8812

DMA Code #2

5505

DMA Code #3

6690

DRUG NAME	Norco
GENERIC NAME	hydrocodone / acetaminophen
DOSAGE RANGE	5mg/325mg, 7.5mg/325mg, 10mg/325mg
HOW TO TAKE	Oral
USES	treat pain
SIDE EFFECTS	addiction
WARNINGS	Can Cause respiratory distress and death

DRUG NAME	Abilify
GENERIC NAME	Aripiprazole
DOSAGE RANGE	2mg, 5mg, 10mg, 15mg, 20mg, 30mg
HOW TO TAKE	Oral
USES	Schizophrenia bipolar disorder depression
SIDE EFFECTS	headache diarrhea heartburn
WARNINGS	Dizziness lightheadedness drowsiness

DRUG NAME	Zantac
GENERIC NAME	famotidine
DOSAGE RANGE	10-20mg
HOW TO TAKE	Oral
USES	preventing and relieving heartburn
SIDE EFFECTS	dark urine stomach pain diarrhea
WARNINGS	fast or slow heart, problems with your skin or hair

DRUG NAME	Lantus
GENERIC NAME	insulin glargine
DOSAGE RANGE	0.5 units - 100 units
HOW TO TAKE	injection
USES	treat diabetes
SIDE EFFECTS	shakiness, hunger, fast heart rate
WARNINGS	tingling in your hands, feet lips, or tongue

DRUG NAME	Keppra
GENERIC NAME	levetiracetam
DOSAGE RANGE	250mg, 500mg, 750mg 1000mg
HOW TO TAKE	Oral
USES	treat seizures
SIDE EFFECTS	headaches, feeling sleepy and a blocked nose, itchy throat
WARNINGS	trouble breathing, rash

DRUG NAME	Flonase
GENERIC NAME	fluticasone propionate nasal
DOSAGE RANGE	2 actuations in each nostril max 4
HOW TO TAKE	Nasal
USES	relieve seasonal and year-round allergic nasal symptoms
SIDE EFFECTS	Nausea diarrhea vomiting
WARNINGS	eye pain facial pain persistent soar throat

DRUG NAME	Toprol
GENERIC NAME	Metoprolol Succinate
DOSAGE RANGE	25mg 50 mg 100 mg 200mg
HOW TO TAKE	oral
USES	high blood pressure, Chest pain, heart failure
SIDE EFFECTS	tiredness, depression, stomach pain
WARNINGS	dilated neck veins, extreme fatigue

DRUG NAME	Lipitor
GENERIC NAME	atorvastatin
DOSAGE RANGE	10 mg 20 mg 40 mg 80 mg
HOW TO TAKE	oral
USES	high cholesterol and triglyceride levels
SIDE EFFECTS	headaches feeling sick diarrhea, cold-like symptoms
WARNINGS	gas joint pain confusion

DRUG NAME	Risperdal
GENERIC NAME	risperidone
DOSAGE RANGE	.25mg 0.5mg 1mg 2mg 3mg 4mg
HOW TO TAKE	oral
USES	Schizophrenia, bipolar, Tourette
SIDE EFFECTS	vomiting, heartburn, dry mouth
WARNINGS	restlessness, limpness, stiffness

DRUG NAME	Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	200mg
HOW TO TAKE	oral
USES	reducing pain/inflammation fever
SIDE EFFECTS	ringing in ears, stomach pain
WARNINGS	swelling in face fingers feet and/or lower legs