

Deb Paris

DMA TRAINING

LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan ✗ Clozaril Depakote Haldol Invega ✗ Klonopin ✗ Lamictal Lithium ✗ Risperdal ✗ Seroquel ✗ Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor ✗ Lipitor ✗ Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace ✗ Miralax Prilosec Protonix Zantac	HCTZ (hydrochlorothiazide) Lisinopril ✗ Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 8812

DMA Code #2 5505

DMA Code #3 6690

DRUG NAME	Ativan
GENERIC NAME	Lorazepam
DOSAGE RANGE	Tablet 0.5mg, 1mg, or 2mg IV 2mg per mL or 4mg per mL
HOW TO TAKE	oral or IV
USES	Anxiety, insomnia, sleep difficulty
SIDE EFFECTS	drowsiness, dizziness, tiredness, weakness, dry mouth, nausea
WARNINGS	blurred vision, loss of coordination, headache

DRUG NAME	Invega
GENERIC NAME	Paliperidone
DOSAGE RANGE	3mg - 12mg per day
HOW TO TAKE	oral
USES	to treat Schizophrenia
SIDE EFFECTS	dry mouth, weight gain, agitation, restlessness, dizziness
WARNINGS	may cause heart failure, sudden death or pneumonia in older adults with dementia

DRUG NAME	Klonopin
GENERIC NAME	Clonazepam
DOSAGE RANGE	0.5mg, 1mg, and 2mg
HOW TO TAKE	oral
USES	to treat seizures, panic disorders, and anxiety
SIDE EFFECTS	drowsiness, dizziness, unsteadiness, difficulty thinking or remembering
WARNINGS	change in mood or behavior, aggression, hallucinations, weak or shallow breathing

DRUG NAME	Lithium
GENERIC NAME	Lithium carbonate
DOSAGE RANGE	
HOW TO TAKE	oral
USES	used to treat mood disorders such as mania and bipolar
SIDE EFFECTS	feeling or being sick, diarrhoea, dry mouth and metallic taste
WARNINGS	severe hand tremors, confusion, vision changes, unsteadiness while standing or walking

DRUG NAME	Risperdal
GENERIC NAME	Risperidone
DOSAGE RANGE	4mg - 16mg
HOW TO TAKE	Oral
USES	to treat schizophrenia, bipolar disorder, irritability w/ autism
SIDE EFFECTS	increased appetite, increased saliva, heartburn, constipation
WARNINGS	Black box warning, not approved in elderly patients

DRUG NAME	Serequel
GENERIC NAME	Quetiapine
DOSAGE RANGE	150 mg - 800 mg
HOW TO TAKE	Oral
USES	mental / mood conditions bipolar, schizophrenia
SIDE EFFECTS	constipation, drowsiness, upset stomach, blurred vision
WARNINGS	stroke, heart failure, fast / irregular heartbeat

DRUG NAME	Crestor
GENERIC NAME	Rosuvastatin
DOSAGE RANGE	5 mg - 40 mg
HOW TO TAKE	Oral
USES	to lower "bad" cholesterol and fats
SIDE EFFECTS	headache, depression, muscle aches or pains
WARNINGS	risk of kidney and liver damage

DRUG NAME	Lipitor
GENERIC NAME	Atorvastatin
DOSAGE RANGE	10 mg - 80 mg daily
HOW TO TAKE	Orally
USES	Helps to lower bad cholesterol and fats
SIDE EFFECTS	
WARNINGS	muscle damage (myopathy) severe muscle damage

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	50 mg - 300 mg Daily
HOW TO TAKE	Orally with water
USES	to treat occasional constipation
SIDE EFFECTS	stomach pain, diarrhea or cramping
WARNINGS	rectal bleeding rash itching trouble breathing

DRUG NAME	Lisinopril
GENERIC NAME	Zestril, Qbrelis, Prinivil
DOSAGE RANGE	tablet oral 2.5 mg / 40 mg oral solution 1 mg/ml
HOW TO TAKE	orally
USES	to treat high blood pressure and heart failure
SIDE EFFECTS	Dizziness, light headedness headache
WARNINGS	liver problems nausea vomiting yellowing eyes

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DOSAGE RANGE	
HOW TO TAKE	
USES	
SIDE EFFECTS	
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