

DMA TRAINING
LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [48]
 See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium ✓ Risperdal ✓ Seroquel ✓ Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
Seizures	Gastrointestinal Disorder Constipation	Blood Pressure Meds	Pain & Inflammation
Dilantin Keppra Neurontin Topamax	Colace ✓ Miralax Prilosec Protonix Zantac ✓	HCTZ (hydrochlorothiazide) Lisinopril ✓ Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

DMA Code #1 2008

DMA Code #2 1030

DMA Code #3 1793

DRUG NAME	Lithium * Eskalith, Lithobid
GENERIC NAME	Lithium
DOSAGE RANGE	CAP: 150mg, 300mg, 600mg; TAB: 300mg; 600mg/day
HOW TO TAKE	Take by mouth
USES	Hand tremor, increased thirst, diarrhea, vomiting, 300mg
SIDE EFFECTS	Used to treat and prevent episodes of mania in people with bipolar disorder. 450mg
WARNINGS	People with bipolar disorder. 50%

→ Lithium toxicity closely related to serum lithium levels (can occur at doses close to therapeutic levels) 8Eq per 5ml

DRUG NAME	Risperdal
GENERIC NAME	Risperidone
DOSAGE RANGE	2mg to 16mg (Schizophrenia)
HOW TO TAKE	Take by mouth
USES	Used for Schizophrenia, bipolar disorder, fatigue, vomiting, cough, nausea, Tourette
SIDE EFFECTS	fatigue, vomiting, cough, nausea, Tourette
WARNINGS	* Dementia-Related Psychosis: not approved for dementia-related psychosis; ↑ mortality risk in elderly dementia pts. on conventional or atypical antipsychotics. Constipation Syndrome abdominal pain

DRUG NAME	Seroquel
GENERIC NAME	Quetiapine
DOSAGE RANGE	150-750mg
HOW TO TAKE	Take by mouth
USES	Used to treat Schizophrenia, bipolar disorder, generalized anxiety disorder
SIDE EFFECTS	Dizziness, weight gain, tremor
WARNINGS	Dementia-Related Psychosis, Suicidality

DRUG NAME	Colace
GENERIC NAME	Docusate Sodium
DOSAGE RANGE	50-300mg/day
HOW TO TAKE	By mouth divided as needed
USES	Emollient laxative for soothing stool.
SIDE EFFECTS	Diarrhea abdominal cramps, flatulence
WARNINGS	N/A / irritations (google)

DRUG NAME	Zantac
GENERIC NAME	Famotidine
DOSAGE RANGE	1 tablet
HOW TO TAKE	By mouth as needed
USES	H2-antagonist preventing & relieving heartburn
SIDE EFFECTS	headache, dizziness, constipation
WARNINGS	Anaphylaxis, angioedema, toxic epidermal necrolysis, leukopenia

DRUG NAME	Lisinopril
GENERIC NAME	Lisinopril
DOSAGE RANGE	10-40 mg
HOW TO TAKE	by mouth once a day
USES	heart failure w/ reduced ejection fraction
SIDE EFFECTS	Dizziness, hypotension, headache
WARNINGS	fetal toxicity

DRUG NAME	Dilantin
GENERIC NAME	Phenytoin
DOSAGE RANGE	15-20 mg/kg/dose
HOW TO TAKE	chewable tablet
USES	controls seizures
SIDE EFFECTS	headache, drowsy, unsteady, shaky, feel nervous
WARNINGS	cardiovascular NSR w/ rapid intusion

DRUG NAME	Crestor
GENERIC NAME	Rosuvastatin
DOSAGE RANGE	5-40 mg
HOW TO TAKE	by mouth once a day
USES	Lower bad cholesterol
SIDE EFFECTS	Headache, myalgia, Abdominal pain
WARNINGS	No information at the time / kidney & liver damage - google

DRUG NAME	Lantus
GENERIC NAME	Insulin glargine
DOSAGE RANGE	100 units per mL
HOW TO TAKE	Subcutaneous
USES	Helps blood sugar levels
SIDE EFFECTS	Redness, swelling, trouble breathing,
WARNINGS	Out of reach of children, never share, itchy skin use only for intended purpose

DRUG NAME	Meloxicam (10) (10) with Codeine Motrin
GENERIC NAME	Ibuprofen
DOSAGE RANGE	1-2 tabs/caps
HOW TO TAKE	By mouth every 4-6 hours 6 tabs/day
USES	Reducing pain / inflammation, fever
SIDE EFFECTS	Constipation, dyspepsia, nausea, headache
WARNINGS	No info at the time / vision changes, shortness of breath, swelling in hands & feet.