

DRUG NAME	Depakote
GENERIC NAME	divalproex sodium
DOSAGE RANGE	tab 125mg, 250mg, 500mg
HOW TO TAKE	Swallow capsule/tablet whole. Do not crush, break or chew
USES	epileptic seizures, manic bipolar episodes & migraines
SIDE EFFECTS	nausea, vomiting, diarrhea, constipation, headache, flu symptoms
WARNINGS	drinking may increase side effects. Avoid driving thereafter until you know how medication affects you.

DRUG NAME	Proventil
GENERIC NAME	albuterol inhalation
DOSAGE RANGE	90mcg per actuation
HOW TO TAKE	Shake before each use
USES	treat/prevent bronchospasm with reversible obstructive airway disease
SIDE EFFECTS	chest pain, fast or pounding heartbeats, upset stomach, vomiting
WARNINGS	Tell dr. if pregnant/plan to become pregnant.

DRUG NAME	Zocor
GENERIC NAME	Simvastatin
DOSAGE RANGE	Tab 5mg, 10mg, 20mg, 40mg, 80mg
HOW TO TAKE	take on empty stomach at evenings or bedtime. Shake for 20 seconds when measure using provided dosing syringe.
USES	lower bad cholesterol, lower risk of stroke, heart attack, other heart issues
SIDE EFFECTS	headache, nausea, stomach pain, constipation, cold symptoms
WARNINGS	avoid foods high in fat. Avoid alcohol

DRUG NAME	Lantus
GENERIC NAME	insulin glargine
DOSAGE RANGE	inj pen - 100 units per mL / vial - 100 units per mL
HOW TO TAKE	measure to doctor prescribed dosage and inject under skin
USES	improve blood sugar control in people with diabetes
SIDE EFFECTS	low blood sugar, itching, mild skin rash
WARNINGS	avoid driving & hazardous activities. Avoid alcohol.

DRUG NAME	Topamax
GENERIC NAME	topiramate
DOSAGE RANGE	Sprinkle cap - 15mg, 25mg / Tab 25mg, 50mg, 100mg, 200mg
HOW TO TAKE	tab - swallow whole - Sprinkle cap - Sprinkle onto spoonful of soft food, swallow right away without chewing.
USES	treat certain types of seizures, prevent migraine headaches
SIDE EFFECTS	dizziness, drowsiness problems w/ speech or memory, feeling nervous
WARNINGS	Do not drink alcohol. Avoid becoming overheated or dehydrated. Avoid ketogenic diets. Avoid driving or operating heavy machinery until you know how it affects you.

DRUG NAME	Zantac
GENERIC NAME	famotidine
DOSAGE RANGE	1 tab PO qd-bid prn; max 2 tabs /24 hours
HOW TO TAKE	give 10-100 minutes before meals orally; swallow whole
USES	prevent or relieve heartburn
SIDE EFFECTS	headaches, dizziness, constipation, diarrhea, taste changes
WARNINGS	none listed on epocrates

DRUG NAME	Toprol (Toprol-XL)
GENERIC NAME	metoprolol
DOSAGE RANGE	ER-Tab - 25 mg, 50 mg, 100 mg, 200 mg
HOW TO TAKE	With meal or just after meal; Swallow whole. Take same time
USES	^{each day} treat angina (chest pain), hypertension (high blood pressure)
SIDE EFFECTS	dizziness, tired feeling, depression, confusion, diarrhea, rash
WARNINGS	Avoid alcohol. Avoid driving/hazardous activity until you know medicine will affect you.

DRUG NAME	Motrin IB
GENERIC NAME	Ibuprofen
DOSAGE RANGE	1-2 tabs/caps PO q 4-6hr prn; 6 tabs/caps max/24hrs.
HOW TO TAKE	Swallow tab/caps by mouth with liquids
USES	reduce pain/inflammation and fever
SIDE EFFECTS	dyspepsia, nausea, abdominal pain, constipation, dizziness
WARNINGS	avoid use during pregnancy. Disrupt ovulation cycle

DRUG NAME	Seroquel
GENERIC NAME	quetiapine
DOSAGE RANGE	Tab - 25 mg, 50 mg, 100 mg, 200 mg, 300 mg, 400 mg
HOW TO TAKE	Take with/without food; Swallow whole. Do not crush
USES	^{chew or break it} treat schizophrenia, bipolar disorder, major depressive disorder
SIDE EFFECTS	Speech problems, dizziness, drowsiness, lack of energy, weight gain
WARNINGS	constipation, upset stomach Avoid alcohol. Avoid driving. Avoid hazardous activity. Dizziness/drowsiness can occur. Avoid getting up too fast. Avoid dehydration and overheating.

DRUG NAME	Glucophage
GENERIC NAME	metformin
DOSAGE RANGE	Tab 500 mg, 850 mg, 1000 mg
HOW TO TAKE	take w/meal unless doctor says otherwise. Take once daily w/
USES	^{food} evening meal. Swallow whole. Do not crush. Chew or break to improve blood sugar control for people w/ type 2 diabetes.
SIDE EFFECTS	low blood sugar, nausea, upset stomach, diarrhea
WARNINGS	Avoid alcohol.