

Jennifer  
Walker

## DMA TRAINING

### LIST OF MEDICATIONS TO COMPLETE FOR DMA TRAINING

Use the attached forms to look up each of the medications listed below. Each line must be completed and turned in the day that you do your final DMA Evaluation with your ROM (Regional Operation Manager) for your area. You will not be able to become DMA certified until all of the forms are completed [ 48 ]  
See slide 65 in DMA Packette

Mental Illness Anxiety Disorders	Inhalers Allergy / Asthma	Hyperlipidemia Statins	Diabetes Endocrine & Metabolic
Abilify Ativan Clozaril Depakote Haldol Invega Klonopin Lamictal Lithium Risperdal Seroquel Tripleptal Zyprexa	Advair Discus Atrovent Flonase Flovent Loratadine Proventil	Crestor Lipitor Zocor	Apidra Byetta Glucophage Glyburide Lantus Levemir Levothyroxine Novolog Synthroid
<b>Seizures</b>	<b>Gastrointestinal Disorder Constipation</b>	<b>Blood Pressure Meds</b>	<b>Pain &amp; Inflammation</b>
Dilantin Keppra Neurontin Topamax	Colace Miralax Prilosec Protonix Zantac	HCTZ (hydorchlorothiazide) Lisinopril Toprol Tenormin	Flexeril Motrin Norco Tylenol with Codeine Ultram

App/Website: Epocrates

Please complete 10 of the above medications prior to attending DMA class.

①

Jenny Walker

7-30-21

Drug Name = Depakote =

Generic = Depakote ER / Depakote Sprinkles  
name = Divalproex Sodium

How to take = DR Tab

Code  
1. 2621  
2. 1842  
3. 1998

Dosage Range = 125 mg 250 mg 500 mg

Uses = ~~Partial~~ Partial Seizures, Complex/Absence Seizures,  
Simple and complex # bipolar disorder, acute manic  
Migraine headache prophylaxis # renal dosing  
hepatic dosing

Side Effects = Nausea, vomiting, stomach pain, diarrhea  
Constipation, headache, back pain, dizziness, drowsiness  
Weakness, tremors, Memory problems, Mood changes  
trouble sleeping, bruising or bleeding, runny nose, sore throat  
Cough, wheezing, trouble breathing, fever, flu symptoms  
problems with walking or coordination, swelling in your hands  
or feet, blurred vision, double vision, unusual eye movements  
ringing in your ears, rash, hair loss or changes in weight or  
appetite.

Black Box

Warnings = Hepatotoxicity / Increased Hepatotoxicity Risk Mitochondrial  
Fatal Risk Pancreatitis DZ

1-30-21

② Perry Weir

Drug ≡ Alavert, Claritin Reditab, Clear-Itadine  
Name ≡ Dimetapp ND

Generic ≡ Loratadine  
Name ≡

Dosage ≡ 10 mg / 10 mg / 1 mg per mL  
Range ≡

How to ≡ TAB ODT SOL  
Take ≡

Uses ≡ Chronic idiopathic urticaria / allergy sx

Side ≡ Drowsiness / fatigue / abdominal pain / headache  
Effects ≡ dry mucous membranes / diarrhea / pharyngitis  
CNS stimulation, Paradoxical

Warning ≡ Bronchospasm, Hepatotoxicity, Anaphylaxis  
Serious ≡ Anaphylactoid rxn, Syncope, Seizures,  
Reactions ≡ Thrombocytopenia

8/1/21

③ Jennifer Walker

Durg Name = Seroquel

Generic Name = Quetiapine, Seroquel-XR

Posage Range = 25 mg 50 mg 100 mg 200 mg 300 mg 400 mg  
500 mg 600 mg 750 mg

How to Take = mouth

Uses = Schizophrenia, bipolar I disorder, manic bipolar disorder, acute depressive, generalized anxiety disorder, tx-resistant

Side Effects = mood or behavior changes, Constipation  
Stomach pain upset stomach, Nausea Vomiting  
drowsiness dizziness

Warnings = Dementia-Related Psychosis  
Suicidality

8-1-21

(4) Jennifer Walker

Drug Name Glyburide

Generic Name It's its only name.

Dosage Range 1.25 to 20 mg/day (2.5 to 5 mg standard)

How To Take by mouth with 1<sup>st</sup> meal of day.

Uses High blood sugar treat type 2 diabetes

Side Effects diarrhea, dizziness, headache, heartburn, nausea, gas, weight gain

Warnings Stomach pain, Low grade fever, loss of appetite, Dark urine, Clay-colored stools, Jaundice, Pale skin, Confusion

8-1-21

⑤ Levetiracetam

Drug Name = Keppra

Generic Name = levetiracetam

Dosage Range = 1000 mg / day given as 2 times a day  
500, 1000

How To Take = Oral 2 times a day

Uses = Partial onset seizures, tonic-clonic seizures and myoclonic seizures

Side Effects = dizziness, drowsiness, tiredness, weakness, feeling aggressive or irritable, loss of appetite, stuff nose and infection

Warnings = ~~kidney~~ Unusual changes in mood or behavior, Confusion, hallucinations, loss of balance or coordination, extreme drowsiness, feeling very weak or tired, difficulty walking or moving, Skin rash, no matter how mild

~~Penner~~ Walper (6)

Drug Name ≡ Protonix

Generic Name ≡ Pantoprazole, Omeprazole

How to Take ≡ By mouth without food 30 min b4 meal  
Do not chew or crush, break up

Uses ≡ Heartburn, difficulty swallowing, persistent cough

Side Effects ≡ Headache or diarrhea

Warnings ≡ Rash, itching, Swelling, dizziness, trouble Breathing

Dosage Range ≡ 40 mg 20 mg

8-4-21

⑦

Jennifer Walker

Drug Name = Tenormin

Generic Name = Atenolol, Lopressor,

Dosage Range = 25 - 50 - 100 MG

How to Take = Tablet by mouth.

Uses = High blood pressure low or high Prevents  
Strokes, heart attacks and kidney problems

Side Effects = Dizziness, lightheadedness, Tired feeling, Nausea  
Slow heart rate, Depression, Decreased sex drive  
Impotence.

Warning = Heart failure, Extreme fatigue

8-4-21

⑧ Jennifer Walker

Drug Name ≡ Flexeril

Generic Name ≡ Amrix, fexmid, Cyclobenzaprine

Dosage Range ≡ 5 mg 3 times a day Or 10 mg

How to Take ≡ by mouth tablet

Uses ≡ Muscle Relaxant, It blocks nerve impulses that are sent to your brain Spasms

Side Effects ≡ Dry Mouth, headache, blurred vision, drowsiness, dizziness, fatigue, loss of appetite, Stomach pain

Warnings ≡ You should not use if you have...  
Thyroid disorder heart block, Congestive heart failure a heart rhythm disorder or have had recently heart attack

Jennifer Walker

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8-4-21

Drug Name ≡ Levothyroxine

Generic Name ≡ Synthroid, levoxyl, L Thyroxine, Levo T<sub>4</sub>,  
Levothroid, Levothyroxine T<sub>4</sub>, Levoxine, Tirosint,

Dosage Range ≡ 25 ~~mcg~~ 50 mcg 75 mcg 88 mcg 100 mcg  
112 mcg 125 mcg 137 mcg 150 mcg, 175 mcg  
200 mcg 300 mcg

How To Take ≡ Once a day in the Morning 30 min before  
breakfast or a drink containing Caffeine.  
Tablet

Uses ≡ To treat an underactive thyroid gland

Side Effects ≡ increased appetite, weight loss, heat sensitivity  
excessive sweating, headache, hyperactivity  
nervousness, anxiety.

Warnings ≡ Chest Pain, Rapid p, irregular heartbeat or  
Pulse, Shaking

8-5-21

(10)

family waeker

Drug  $\equiv$  Crestor  
Name  $\equiv$

Generic  $\equiv$  Rosuvastatin  
Name  $\equiv$

Dosage  $\equiv$  5 to 40 mg once a day  
Range  $\equiv$

How to  $\equiv$  By mouth once a day  
Take  $\equiv$

Uses  $\equiv$  It belongs to a group of drugs called  
 $\equiv$  HMG CoA reductase inhibitors, or Statins.

Side  $\equiv$  Headache, depression, muscle aches or  
Effects  $\equiv$  Pains joint pain sleep problems

Warnings  $\equiv$  Kidney and liver damage possible ~~not~~  
 $\equiv$  increased risk of developing diabetes

